

# WAKE ME UP BEFORE YOU GO-GO

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**Music:** Wake Me Up Before You Go-Go by Wham from Walmart.com  
{Music is edited, speed has been decreased and shortened in length}

**Rhythm & Phase:** Jive, Phase V + 1 [Simple spin] {More difficult due to fast speed of music}

**Footwork:** Directions for M, W opposite, exceptions in ( )

**Sequence:** Introduction, A, B, A, B, END

Date: July 24, 2007



## Introduction

### [1-6] Wait ; Cross Walk 2 ; Side Cross Side ; Hip Lifts ; Side Cross Side; Hip Lifts ;

- [1] {Wait} FC Wall sd by sd slight V fc pos – M DLW – W DRW –  
M L & W R hnds jnd – 4 ft apt – M R & W L ft free ;
- 1 - 3 - [2] {Cross Walk 2} XRIF of L twd prtnr, - , XLIF of R awy from prtnr, - ;
- 1a2 3 - [3] {Side Cross Side} Sd R / XLIF of R, sd R trng LF - hips twds prtnr, L ft press line, - ;
- 1 2 3 4 [4] {Hip Lifts} Raise L hip, lwr L hip, raise L hip, lwr L hip ;
- 1a2 3 - [5] {Side Cross Side} Sd L / XRIF of L, sd L in slight bk to bk V pos, R ft press line, - ;
- 1 2 3 4 [6] {Hip Lifts} Raise R hip, lwr R Hip, raise R Hip, lwr R Hip ;

## PART A

### [1-6] Triple Apart , , Slide The Door , , , Slide in Front , , , Hip Sd Cross Slide The Door , , , Hip Sd Cross Slide In Front , , , Left To Right , , ;

- 1a2 [5] {Triple Apt } Trng 1/8 LF FC Wall sd R / cl L, sm side R,
- 3 4 1a2 [5-1.5] {Slide The Door} Rk bk L, rec R ; Sldng bhd the W sd L / cl R, sd L,
- 3 4 1a2 [1.5-2.5] {Slide In Front} Rk bk R, rec L ; Sldng infnt of W sd R / cl L, sd R,
- 3a4 1a2 [2.5-3.5] {Hip Sd Cross Slide The Door} Pt L raise R hip / fwd L, XRIF of L ;  
Sldng bhd the W sd L / cl R, sd L,
- 3a4 1a2 [3.5-4.5] {Hip Sd Cross Slide In Front} Pt R raise L hip / fwd R, XLIF of R ; Sldng infnt of W sd  
R / cl L, sd R,
- 3 4 1a2 3a4 [4.5-6] {Left To Right} Rk bk L, rec R ; Rsnng L arm sd L trng RF / cl R, cl L, sd R / cl L, sd R FC  
Wall (Fwd R / cl L, fwd R trng LF, sd L / cl R, side L FC COH) ; [2<sup>nd</sup> time thru M fc COH W  
fc wall]

### [7-10] Cross Kick Twice – Step ; Triple to Double Rock – Jn Hands Left Over Right ~ Modified She Go He Go – Man Transition ; ;

- 1 2 3 - [7] {Cross Kick Twice - Stp} XLIF of R pt to floor, raise and pt to floor, sd L, - ;
- 1a2 3 4 [8] {Triple – Rock Rec} Cl R / inpl L, sd R, rk bk L, rec R join R hnds ;
- 1 2 3a4 [9] {She Go He Go-Man Trans} Join L hnds ovr R hnds rk bk L, rec R, fwd L trng RF  
rsng jnd L hnds / cl R cont RF trn lwr L hnds, raise jnd R hnds fwd L trng ½ RF ( Rk  
bk R, rec L, fwd R trng LF go under jnd L hnds / cl L cont LF ½ trn, go under jnd R hnds  
fwd R) ;
- 1 2 3 4 [10] Fwd R trng RF under jnd R hnds, sd L trng RF lwr R hnds infnt of W - fold L hnd bhd M  
bk, rk bk R, rec L [1<sup>rst</sup> Time: FC wall 2<sup>nd</sup> Time: FC COH] ;  
(Inpl L / inpl R, inpl L, rk bk R, rec L FC wall) ;

### [11-14] Jive Walks ; Swivel Walk 4 ; Right To Left – FC Wall – Man Transition ; Lady Under 2 - Rk Rec ;

- 1a2 3a4 [11] {Jive Walks} Fwd R / L, R, fwd L / R, L ; [Use T action]
- 1 2 3 4 [12] {Swivel Walk 4} Fwd R, fwd L, fwd R, fwd L ;
- 1a2 3 4 [13] {Right To Left-FC Wall-Man Trans} Fwd R / cl L, inpl R release L hnds raise R hnds ovr  
W head, rk bk L, rec R FC Wall ;  
(Fwd R / cl L, fwd R trn ½ RF undr jnd R hnds, inpl L / inpl R, inpl L) ;
- 1a2 3a4 [14] {Lady Under 2 - Rk Rec} Rk fwd L raise R hnds, rec R lwr R hnds, rk bk L,  
rec R (Spin RF on R, cl L, rk bk R, rec L) ;

**[15-17] Triple Wheel 2 ; Walk 2 ; Lady Under - Behind The Back – Close & Lower;**

- 1a2 3a4 [15] **{Triple Wheel 2}** Fwd L / cl R tap L hnd on W bk, fwd L, fwd R / cl L, fwd R (Fwd R / cl L, fwd R, fwd L / cl R tap L hnd on M bk, fwd R) ;
- 1- 3- [16] **{Walk 2}** [Continue triple wheel action] Fwd L, -, fwd R, - ;
- 1a2 3- [17] **{Lady Under - Behind The Back – Close & Lower}** Raise R hnds fwd L / cl R lwr R hnds, fwd L trng LF chng hnds bhd the bk, cl R lwr FC wall, - (Fwd R trng LF under R hnds / cl L trng LF, sd R, cl L lwr FC wall, -) ;

**PART B**

**[1-5] 2 Step Taps ; Step Tap ~ Triple To FC ; Rock Bk Rec Rock Fwd Rec; Left To Right ; ;**

- 1- 3- [1] **{Step Taps}** Trng RF sd L rising up pt R bk to bk V pos, -, trng LF sd R pt L, - ;
- 1- 3a4 [2] **{Step Tap & Triple To FC}** Trng RF sd L pt R bk to bk V pos, -, trng LF cl R / inpl L, sm sd R to FC ;
- 1 2 3 4 [3] **{ Rock Bk Rec Rock Fwd Rec }** Rk bk L, rec R, fwd L, rec R (Bk R, rec L, fwd R, rec L) ;
- 1 2 3a4 [4] **{Left To Right}** Bk L, rec R, fwd L trng RF / cl R, fwd L ;
- 1a2 3 4 [5] sd R / cl L, cl R [1<sup>st</sup> time fc wall – 2<sup>nd</sup> time fc COH] jnd both hnds, bk L rec R ; (Bk R, rec L, fwd R / cl L, fwd R trn LF ; sd L / cl R, sd L, rk bk R, rec L)

**[6-12] Lady Neck Wrap – Man Press ; ; Man Neck Wrap & Wheel to FC ; ; Lady Wrap – Wheel 4 - Unwrap ; ;**

- 1 2 3 4 [6-7] **{Lady Wrap-Man Press}** Sd L, cl R rsng R hnd, fwd press L lwr R hnd to neck wrap, rec R ;
- 1 2 3 4 raise L hnd pull bk L in frnt of R, sd R – both hnds low in cross L ovr R hnd hold, rk bk L, rec R ; (Fwd R trn RF ½, bk L, bk R, rec L ; fwd R trn RF, bk L, rk bk R, rec L) ;
- 1a2 3a4 [8] **{Man Neck Wrap & Wheel}** Start LF trn fwd L raise R hnd ovr head / cl R, fwd L, sd R, / cl L, bk R ;
- 1 2 3 4 [9] bk L trn RF, bk R trn RF, bk L trn RF, bk R release L hnd bring W to fc ; (Fwd R / fwd L, fwd R adjust to M, fwd L / fwd R, fwd L ; trng RF fwd R, fwd L, fwd R, fwd L to fc M)
- 1 2 3a4 [10-12] **{Lady Wrap – Wheel 4 - Unwrap}** Rk L, rec R, fwd L trn RF / cl R, fwd L ;
- 1 2 3 4 1a2 3 4 wheel RF fwd R, fwd L, fwd R, cl L ; sd R / cl L, sd R, rk bk L, rec, R ; (Rk R, rec L, fwd R trn LF / cl L, bk R ; bk L, bk R, bk L, bk R ; bk L / bk R trn RF, sd L, rk R, rec L) ;

**[13-18] 2 Triples To Hammerlock; 2 Triples To Hammerlock ; Man Under ; Rise ; ; 4 Shoulder Pops ;**

- 1a2 3a4 [13] **{2 Triples To Hammerlock}** Fwd L turn LF undr lead hnds / cl R, fwd L, cont LF undr lead hands sd R / cl L, inpl R trng LF ½ lwr lead hnds (Fwd R / cl L, fwd R bgn RF trn, fwd L trn RF / cl R trn RF, fwd L fnsh RF trn ½) ;
- 1a2 3a4 [14] **{2 Triples To Hammerlock}** Raise lead hands trng RF fwd L / cl R, sd L lwr lead hnds [bk to bk pos], raise trailing hnds R / L, R lwr trailing hands (Fwd R trn RF, fwd L trn RF, fwd R trn RF, fwd L trn RF, inpl R trn RF, inpl L trn RF) ;
- 1 2 3 4 1- 8 [15-17] **{Man Under}** Fwd L trn LF ¾, -, sd R FC W, - duck undr W L arm (W stp sd R – std on both ft) ; **{M Rise}** ; ;
- 1 2 3 4 [18] **{4 Shoulder Pops}** (W hnds on M shldr) L shldr twd W, R shldr twd W, L shldr twd W, R shldr twd W ;

**[19-21] Sailor Shuffle ; Sailor Shuffle – Turning Sailor Shuffle ; Both Simple Spin ;**

- 1a2 3a4 [19] **{Sailor Shuffle}** XLIB of R / sd R, sd L, XRIB of L / sd L, sd R ;
- 1a2 3a4 [20] **{Sailor Shuffle ~ Turning Sailor Shuffle}** XLIB of R / sd R, sd L, XRIB of L / trng RF ¼ sd L, fwd R to reverse ;
- a1 2 3 4 [21] **{Both Simple Spin}** Trng LF ½ on R - fwd L spin LF ¾, cl R, rk bk L, rec R ;

**[22-23] Right To Left To Handshake ; Start The Miami Special ;**

- 1a2 3a4 [22] **{Right To Left}** Sd L / cl R trn LF 1/4, sd L, sd R / cl L, sd R jnd R hnds (Fwd R, cl L, fwd R trn 1/2 RF, sd L, cl R, sd L) ;
- 1 2 3a4 [23] **{Start The Miami Special}** Rk bk L, rec R, fwd L rsnng R hnds / cl R, sd L trn 3/4 [1<sup>st</sup> time FC COH- 2<sup>nd</sup> time fc wall] ( Rk bk R, rec L, fwd R / fwd L, fwd R 3/4 undr jnd hnds) ;

**END**

**[1-3] Finish Miami Special ; Step Taps ; Step Tap ~ Triple To FC - Handshake ;**

- 1a2 3 4 [1] **{Finish Miami Special}** Sd R / cl L, sd R, rk bk L, rec R ;
- 1 2 3 4 [2] **{Step Taps}** Trng RF sd L pt R bk to bk V pos, -, trng LF sd R pt L, - ;
- 1- 3a4 [3] **{Step Tap & Triple To FC}** Trng RF sd L pt R bk to bk V pos, -, trng LF cl R / inpl L, sm sd R to FC to handshake;

**[4-6] Triple Wheel 2 ;,, Walk 2 ;,;, Lady Under - Behind The Back , ;**

**Close – Rise Step Tap ;**

- 1 2 3a4 [4] **{Triple Wheel 2}** Rk bk L, rec R, fwd L / cl R tap L hnd on W bk, fwd L; (Rk bk R, rec L, fwd R / cl L, fwd R) , ;
- 1a2- 3- [5] **{Finish Triple Wheel 2 - Walk 1}** Fwd R / cl L, fwd R , fwd L, -[Continue triple wheel action] (fwd L / cl R tap L hnd on M bk, fwd L, fwd R, -) ;
- 1 - 3a4 [6] **{Walk 1 - Lady Under - Behind The Back – Close}** Fwd R, - , raise R hnds fwd L / cl R lwr R hnds, fwd L trng LF chng hnds bhd the bk (Fwd L, fwd R trng LF undr R hnds / cl L trng LF, sd R,) ;
- 1 – 3 - [7] **{Close & Lower – Rise Step Tap}** Cl R lwr, -, sd L rise up trn RF pt R, - (cl L lwr, -, sd R rise up trn LF pt L) ;