

WALTZ OF A LIFETIME

Music: Michael English
<https://music.apple.com/us/album/waltz-of-a-lifetime-single/1479194298>
Single Time 3:20 Available from choreographer

Rhythm: Waltz Phase: III+2 (OP Finish + Develope) +1U (Box w/ 2 Ways Underarm Trn)

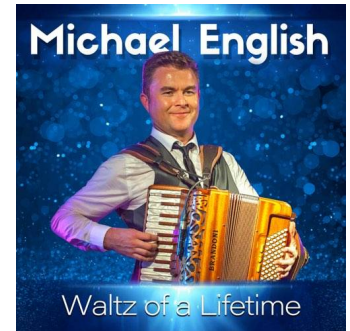
Footwork: Opposite except where (Noted)

Release Date: Nov 20

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

E-mail: jos.dierickx@telenet.be

Sequence: INTRO AA B INTRO(2-9) AB END



INTRO

01-05 CP LOD LEAD FOOT FREE WAIT 1 MEASURE ; BOX w/ 2 WAY's UNDERARM TURN ; ; ; ;

{Wait} CP LOD ld ft free wt 1 meas ; **{Box w/ 2 Ways Underarm Turn}** Fwd L, sd R, cl L ; Bk R raisg jnd ld hnds, sd L, cl R (*W fwd L startg wide RF circle under jnd hnds, fwd R contg RF trn, fwd L compg RF trn*) to mod LOP LOD [W ahead of M, ld hnds high] ; Fwd L twd LOD then swivel ¼ LF to fc COH (*W fwd R twd LOD then swivel ¼ RF to fc WALL*) to offset LOP-FCG pos, sm sd R, cl L ; Fwd R passing W then swivel RF, contg RF trn sm sd L, compg RF trn cl R (*W fwd L passing M and commg wide LF circle under jnd hnds, sd R contg LF trn, cl L compg LF trn*) to LOP RLOD ;

06-09 THRU TWINKLE to SCP LOD ; MANEUVER ; OVER SPIN TURN ; BOX FINISH to BFLY WALL ;

{Thru Twinkle to SCP LOD} Thru L (*W Thru R*) to RLOD, fwd R trng ½ LF, cl L to SCP LOD ; **{Maneuver}** Trng RF fwd R ifo W, sd L cont trn, cl R (*W fwd L, R, L*) to CP RLOD ; **{Over Spin Turn}** Trng upper bdy RF bk L pvtg ½ RF & leavg R in frt, fwd R heel to toe btw W's ft contg RF trn, rec sd & bk L compg ¾ RF trn (*W trng upper bdy RF fwd R btw M's ft pvtg ½ RF, bk L contg trn & brush R to L, contg RF trn sd & fwd R*) to CP DRW ; **{Box Finish to WALL}** Bk R, sd & bk L trng ¼ LF, cl R to BFLY WALL ;

PART A

01-04 TWIRL VINE ; PICK UP to SCAR ; FORWARD CHECKING/W DEVELOPE ; OP FINISH ;

{Twirl Vine} Sd L raisg ld hnds, XRib, sd L (*W full RF trn undr jnd ld-hnds fwd R, sd & bk L, fwd R*) to SCP LOD ; **{Pick Up to SCAR}** Sm fwd R, -, sd L, cl R (*W trng LF fwd L ifo M, -, cont trn sd R, cl L*) to SCAR DLW ; **{Fwd Ck/W Develope}** [S] Fwd L out lft sd W & Scar checking, -, - (*W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd*) to SCAR DLW ; **{OP Finish}** Bk R com LF trn, contg LF trn sd L to mom CP, compg ½ LF trn fwd R to BJO DLC ;

05-08 TELEMAR to ½ OP ; MAN ROLL ACROSS ; W ROLL ACROSS ; PICK UP SIDE CLOSE to LOD ;

{Telemark to ½ OP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to ½ OP DLW ; **{M Roll Across}** Fwd R begin RF trn, sd & fwd L Xifo W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd *W Fwd R, L, R* ; **{W Roll Across}** Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xifo M cont trn, fwd & sd R*) to ½ OP DLC w/ free arms out to sd ; **{Pick Up Sd Cl to LOD}** Sm fwd R, sd L, cl R (*W trng LF fwd L ifo M, cont trn sd R, cl L*) to CP LOD ;

09-12 FORWARD WALTZ ; DRIFT APART ; THRU TWINKLE OUT & IN ; ;

{Fwd Waltz} Fwd L, fwd & sd R, cl L ; **{Drift Apt}** Fwd R, cl L, in place R (*W bk L, bk & sd R, cl L*) ; **{Thru Twinkle Out & In}** XLif (*W XRif*) to WALL, trng LF sd R, cl L to ½ OP COH ; XRif (*W XLif*) to COH, trng RF sd L, cl R to CP LOD ;

13-16 PROGRESSIVE BOX ; ; TWO LEFT TURNS ; ;

{Progressive Box} Fwd L, fwd & sd R, cl L ; Fwd R, fwd & sd L, cl R to CP LOD ; **{2 Left Turns}** Fwd L stg LF trn, sd R contg LF trn, cl L ; Contg LF trn bk R, sd L contg LF trn, cl R to BFLY WALL ;

PART B

01-04 TWIRL/VINE ; THRU FACE CLOSE ; ROLL 3 to SCP ; THRU FACE BEHIND to BFLY ;

{Twirl Vine} Repeat meas 1 Part A ; **{Thru Fc Cl}** Thru R, sd L trn to fc, cl R to BFLY WALL ; **{Roll 3 to SCP}** Start LF trn (*W RF*) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; **{Thru Fc Behind}** Thru R, sd L to fc ptr, XRib (*W XLif*) ;

05-08 TWISTY BALANCE L & R ; ; TWISTY VINE 6 ; ;

{Twisty Balance L & R} Sd L, XRib (*W XLif*) trn 1/8 RF to SCAR DRW, rec L ; Sd R, XLif (*W XRif*) trng 1/8 to BJO, rec R ; **{Twisty Vine 6}** Sd L, XRib (*W XLif*) trng 1/8 RF to SCAR DRW, sd L trn to fc ptr ; XRif (*W XLif*) trng to BJO DLW, sd L to fc ptr, cl R ;

09-12 LEFT TURNING BOX ; ; ; ;

{Left Trng Box} Fwd L & trn ¼ LF, sd R, cl L to CP LOD ; Bk R & trn ¼ LF, sd L, cl R to CP COH ; Fwd L & trn ¼ LF, sd R, cl L to CP RLOD ; Bk R & trn ¼ LF, sd L, cl R to CP WALL ;

13-16 HOVER ; HOVER FALLAWAY to BJO ; BACK HOVER to SCP ; PICK UP to LOD [2^{de} TIME: THRU FACE CLOSE] ;

{Hover} Fwd L, -, fwd & sd R rise to ball of ft, fwd L to SCP LOD ; **{Hover Fallaway to BJO}** Fwd R, fwd L rise to ball of ft checkg, rec bk R (*W fwd L, fwd R rise to ball of ft checkg, rec bk R trng ½ LF to BJO*) ; **{Bk Hover to SCP}** Bk L, -, bk R risg sltly, rec L (*W fwd R, -, fwd & sd L risg sltly & trng ½ RF, fwd R*) to SCP LOD ; **{Pick Up Sd Cl to LOD}** Repeat meas 8 Part A ;
[2^{de} TIME: **{Thru Fc Cl}**] Repeat meas 2 Part B to CP WALL ;

ENDING

01-06 HOVER ; HOVER FALLAWAY to BJO ; BACK HOVER to SCP ; THRU FACE BEHIND ; ROLL 3 to SCP ; THRU to CHAIR & HOLD ;

{Hover} Repeat meas 13 Part B ; **{Hover Fallaway to BJO}** Repeat meas 14 Part B ; **{Bk Hover to SCP}** Repeat meas 15 Part B ; **{Thru Fc Behind}** [SSS] Repeat meas 4 Part B ; **{Roll 3 to SCP}** [SSS] Repeat meas 3 Part B ; **{Thru to Chair}** [S] Strong Thru R in lunge action bending knee, -, - ;