

Watermark

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Music: International Dance Ballroom, Slow Waltz, CD-166, track #10, 'Watermark'
Phase VI Waltz Seq: Intro AB AB End Time: 2:32 Rev: 20 Apr 2007
Beg Position: Left open fcg wall weight on trail feet lunged aprt

Intro

- 1-4 **WAIT 1; TOG TO LEFT SWAY; DBL NAT SPN 3/4 [BJO LOD]; SLO SD LK;**
1 wait 1 meas;
2 {tog to L sway} trng LF (W RF) sd & fwd L to CP LOD with left sway and trail feet extnd twd WALL, -, -;
3 {dbl nat spn} trng RF fwd R twd DLW, cont trn fwd L arnd W spinning on L, cont spn bring R to L w/ no chg of wgt end BJO LOD (W bk L w/ RF heel trn, chg wgt to R, fwd & sd L across M to BJO/trn RF to xRIFL);
4 {slo sd lk} trng 1/4 RF to fc LOD fwd R, sd L, cls R;

Part A

- 1-6 **TRN L & CHASSE BJO; BK BK LK BK; OUTSD SPN; QK LK SLO LK; BK TO SLO OPN HINGE;;**
1 {trn L & chasse bjo} fwd L trng LF, cont LF trn sd R/cl L, bk & sd R to BJO;
2 {bk bk lk bk} in BJO bk L, bk R/lk LIFR, bk R;
3 {outsd spn} in CBJO sm bk L trng RF, fwd R arnd W trng RF, sd & bk L to CP DRW;
4 {qk lk slo lk} bk R/lk LIFR, bk R, lk LIFR;
5 {bk to hinge} bk R comm trng LF, sd L with rise & LF body trn, - (W fwd L, sd R to CP, swvl LF on R);
6 lower on L, -, - both extnd left arms(W XLIB under body);
- 7-13 **HVR EXIT; PKUP WITH LK; DBL TELESPIN TO BJO;;; PVT PREP; SM FT LUNGE;**
7 {hvr exit} ld W to take sd stp, rec R with rise, sd & fwd L (W trng RF rec R, sd L with rise, rec sd & fwd R) end SCP LOD;
8 {pkup w/ lk} fwd R ldg W in frnt comm LF trn, trng LF 1/8
9 fwd L two LOD, lk RIBL fc DLC(W lks LIFR);
{dbl telespn bjo} fwd L DLC trng LF, sd R DLC, cont LF fc DLW pt sd & bk L to DLC (W bk R, cls L to R w/ heel turn, fwd R to SCP LOD);
10 spin LF taking full weight on L, sd R, cont LF fc DLW pt sd & bk L to DLC(trng LF arnd M fwd L/R, cont LF toe spin and cls L, fwd R SCP LOD);
11 spin LF taking full weight on L, sd R, cont LF fwd L BJO DLW (W trng LF arnd M fwd L/R, cont LF toe spin and cls L, cont LF bk & sd R);
12 {pvt prep} BJO DW trng RF fwd R, cont RF fwd & sd L to fc COH, -(W trng RF bk L, sd & bk R to fc M, trng 1/4 RF cls L) end 'L' pos M fcg COH W fcg RLOD;
13 {sm ft lunge} sd & fwd R, -, -(bk R under body trng slightly LF looking well left);
- 14-16 **CHG OF SWAY; LDY SWVL DEVELOPE; CHG SDS LEFT HNDSHK [SEE NOTE];**
14 {chg of sway} slowly stretch R sd (W L sd) rotating upper body RF, -, -;
15 {ldy swvl devlope} rotating LF stretchg L sd while supportg ptrn's swvl, -, - (W draw L to R, swvl LF on R to BJO fcg LOD/bring L ft up R leg to knee, extend L ft up and fwd);
16 {chg sds} trng RF 1/4 to fc LOD bk L, sd R, fwd L to sd-by-sd with left hndshk in frnt of M(W fcg LOD fwd L, R, L to M's R sd end with left hndshk);
Handwork: starting the figure slide hnds to bfly, then raising all 4 hands over W's head, at the top switch to same hnds joined, lower hands releasing the Rt-Rt hndshk (this is done in circular manner).

Part B (measures 1 thru 7: M and W start with same foot)

- 1-3 **TRN RF OVRHEAD [TANDEM COH]; SHADOW FNC LN;**
TRN LF OVRHEAD [TO SKTRS LOD];
- 1 {trn rf ovrhd} both R ft free sd-by-sd fcg LOD with left hndshk fwd R twd DW (W ditto) circlg hndshk up to eye level comm RF trn, sd & bk L twd LOD (W ditto) hndshk continues ovr W's head, cont trn sd R twd LOD jnd hnds finish to end pointg twd RVS both fcg COH W beh M slightly to his left;
- 2 {shadow fnc ln} maintain left hndshk both XLIFR, rec R, sd L twd rvs;
- 3 {trn lf ovrhd} both R ft free and keeping left hndshk XRIFL comm LF trn both fc RVS hndshk circlg up, cont trn both XLIFR twd RVS hndshk over W's head to both fc wall, cont trn both sd & bk R to sd-by-sd with hndshk circlg down convertg to sktrs end both fcg LOD;
- 4-8 **BK HVR [DW]; FNC LN; BK DIAM 1/2;; OUTSD TWRL TO PKUP/M TRANS;**
- 4 {bk hvr} bk L, trng slightly RF bk R w/ rise, rec L to sktrs DLW;
- 5 {fnc ln} trng RF 1/8 both XRIFL, rec L, bk R end sktrs fcg DLW;
- 6 {bk diam} in sktrs DLW bk L, sd R, fwd L to DRW;
- 7 fwd R, sd L, bk R to DRC;
- 8 {outsd twrl to pkup} bk L twd DLW leadg W to outsd twrl, trng RF sd R, fwd L/R end CP LOD(W bk L into RF twrl, cont twrl R, bk L twd LOD - 1 full trn);
OPTION: M may use 2 steps if more comfortable.
- 9-12 **TRAV CONTRACHK; CONT HVR X;;;**
- 9 {trav contrachk} lowerg on R fwd L using contrabody motion with upper body trn LF with Rt sd stretch, cl R and rise to toes no sway, fwd to SCP LOD with Rt sd stretch;
- 10 {cont hvr x} fwd R trng RF, sd L DW, strong RF trn sm sd R(W fwd L, trng RF R, bk L);
- 11 fwd L to SCAR, cl R, bk L(W bk R, sd L across M to BJO, fwd R);
- 12 bk R, trng slightly LF sd & fwd L, fwd R to CBJO DLC(W fwd L, sd R, bk L);

End

- 1-7 **TRN L & CHASSE BJO; BK BK LK BK; OUTSD SPN; QK LK SLO LK;**
BK TO SLO OPN HINGE;; HVR EXIT;
Same as Part A measures 1-7;;;;;;
- 8-9 **QK OPN RVS; BK TO THROWAWAY OVERSWAY;**
- 8 {qk opn rvs} fwd R pkg up the W, fwd L trng LF/sd & bk R, bk L to CBJO endg DLC;
- 9 {bk to thruway ovrsway} bk R trng LF(W comm LF trn), fwd L relaxing L knee(W fwd R trng LF & sliding bk L under body to pt bk looking L), -;