



## WE KNOW THE WAY

<b>Choreographers:</b>	<b>Release date:</b> March 2017
<b>Annette &amp; Frank Woodruff</b> Rue du Camp, 87 7034 Mons, Belgium	<b>Rhythm &amp; Phase:</b> <b>Cha Cha III</b> (Difficult: transitions)
	<b>Music:</b> Soundtrack Disney's Moana, We Know The Way by Lin-Manuel Miranda & Opetia Foa'i, CD & mp3 available from Amazon. See Links*.
	<b>Time &amp; Speed:</b> Downlad 2:21. Cut at 1:59.
	<b>Footwork:</b> Opposite except where indicated (W's footwork in parentheses)
<b>annetteandfrank@gmail.com</b>	<b>Sequence:</b> Intro - ABC

### INTRODUCTION

	Tandem WALL both with L ft free wait long lead-in note [approximately 8 beats]	
<b>1 - 4</b>	<b>Point forward Point Side Behind Side Forward 4 x ;;;;</b>	Both pt L fwd to WALL, pt L to sd twd LOD, XLib/sd R, fwd L ; pt R fwd to WALL, pt R sd twd RLOD, XRib/sd L, fwd R ; rpt meas 1-2 Intro ;;

### PART A

<b>1</b>	<b>Left Foot Walk ;</b>	Still with no hnds jnd & on same ftwrk walk twds LOD fwd L, fwd R, fwd L/cl R, fwd L ;
<b>2</b>	<b>Right Foot Walk Lady in 4 ;</b>	Fwd R, fwd L, jng trl hnds fwd R/cl L, fwd R ( <i>W fwd R, L, R, L</i> ) ;
<b>3</b>	<b>Sliding Door ;</b>	Sd apt L, rec R, relg hnds & chg sd bhd W XLif/sd R, XLif ( <i>W chg sd in frnt of M XRif/sd L, XRif</i> ) to LOP LOD ;
<b>4</b>	<b>Rk Apart Recover Lady transitions to Left Foot;</b>	Rk sd apt R, rec L, fwd R/cl L, fwd R ( <i>W sd apt L, rec R, fwd L, fwd R</i> ) ;
<b>5 - 6</b>	<b>Point forward Point Side Behind Side Forward 2x 2<sup>nd</sup> time with spin to OP ;;</b>	Both pt L fwd twd LOD, pt L to sd twd COH, XLib/sd R, fwd L ; pt R fwd twd LOD, pt R sd twd WALL, XRib/sd L, dropping hnds fwd R/spin individually ½ RF on ball of R ft to OP RLOD ;
<b>7 - 8</b>	<b>Point forward Point Side Behind Side Forward 2x ;;</b>	Both pt L fwd twd RLOD, pt L to sd twd WALL, XLib/sd R, fwd L ; pt R fwd twd RLOD, pt R sd twd COH, XRib/sd L, fwd R ;
<b>9</b>	<b>Left Foot Walk ;</b>	Still on same ftwrk walk twds RLOD fwd L, fwd R, fwd L/cl R, fwd L ;
<b>10</b>	<b>Right Foot Walk Lady in 4 ;</b>	Fwd R, fwd L, fwd R/cl L, fwd R ( <i>W fwd R, L, R, L</i> ) ;
<b>11</b>	<b>Sliding Door ;</b>	Sd apt L, rec R, relg hnds & chg sd bhd W XLif/sd R, XLif ( <i>W chg sd in frnt of M XRif/sd L, XRif</i> ) to LOP RLOD ;
<b>12</b>	<b>Apart Recover Forward Cha ;</b>	Rk sd apt R, rec L, fwd R/cl L, fwd R ;
<b>13</b>	<b>New Yorker ;</b>	Fwd L ( <i>W fwd R</i> ) w/ straight leg, rec R to BFLY, sd L/cl R, sd L ;
<b>14</b>	<b>Spot Turn ;</b>	Relg hnds & swvlg ¼ LF on L ft fwd R trng LF ½, rec L trng ¼ LF to fc ptr, sd R/cl L, sd R ;
<b>15-16</b>	<b>Hand to Hand Both Ways ;;</b>	XLib to OP LOD, rec R to fc, sd L/cl R, sd L to BFLY WALL; XRib to LOP RLOD, rec L to fc, sd R/cl L, sd R to mom BFLY WALL;

### PART B

<b>1 - 8</b>	<b>Chase Peek-a-Boo Double ;;;;</b>	Relg hnds fwd L trng ½ RF, rec R, fwd L/cl R, fwd L ( <i>W bk R, rec L, fwd R/cl L, fwd R</i> ) ; sd R look at ptr over L shldr, rec L, in plc R/L, R ( <i>W sd L, rec R, in plc L/R, L</i> ) ; sd L look at ptr over R shldr, rec R, in plc L/R/ L ( <i>W sd R, rec L, in plc R/L, R</i> ) ; fwd R trng ½ LF, rec L, fwd R/cl L, fwd R ( <i>W fwd L trng ½ RF, rec R, fwd L/cl R, fwd L</i> ) ; sd L, rec R, in plc L/R, L ( <i>W sd R lookg at ptr over L shldr, rec L, in plc R/L, R</i> ) ; sd R, rec L, in plc R/L, R ( <i>W sd L lookg at ptr over R shldr, rec R, in plc L/R, L</i> ) ; fwd L, rec R, bk L/cl R, bk L ( <i>W fwd R trng ½ LF, rec L, fwd R/cl L, fwd R</i> ) ; bk R. rec L. fwd R/cl L, fwd R ( <i>W fwd L, rec R, bk L/cl R, bk L</i> ) to BFLY WALL;
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**PART C**

<b>1</b>	<b>½ Basic ;</b>	Fwd L, rec R, sd L/cl R, sd L ;
<b>2 - 3</b>	<b>Crab Walks ;;</b>	XRif (W XLif), sd L, XRif (W XLif)/sd L, XRif (W XLif) ; sd L, XRif (W XLif), sd L/cl R, sd L ;
<b>4</b>	<b>Whip to LOP ;</b>	Bk R trng ¼ LF, rec L trng ¼ LF (W fwd L in frt of M startg to trn LF, fwd & sd R contg LF trn), sd R/cl L, sd R trng to LOP LOD;
<b>5</b>	<b>New Yorker ;</b>	Fwd L (W fwd R) w/ straight leg, rec R to BFLY, sd L/cl R, sd L ;
<b>6</b>	<b>Whip to LOP ;</b>	Rpt meas 4 Part C to LOP RLOD ;
<b>7</b>	<b>New Yorker to OP ;</b>	Fwd L (W fwd R) w/ straight leg, rec R to face, sd L/cl R, sd L to OP LOD ;
<b>8</b>	<b>New Yorker to BFLY ;</b>	Fwd R (W fwd L) w/ straight leg, rec L to face, sd R/cl L, sd R to BFLY ;
<b>9</b>	<b>Vine 2 Face to Face ;</b>	Sd L, XRib (W XLib), sd L/cl R, trng 3/8 LF sd & fwd L to almost BK-TO-BK ;
<b>10</b>	<b>Vine 2 Back to Back ;</b>	Sd R, XLib (XRib), sd R/cl L, trng 3/8 RF sd & fwd R to BFLY ;
<b>11 - 12</b>	<b>Sand Step 2x ;;</b>	Swvlg slightly RF on R ft rotate L knee inward & tch L toe to instep of R ft, swvlg slightly LF on R ft rotate L knee outward to tch L heel to floor, XLif (W XRif)/sd R, XLif (W XRif) ; swvlg slightly LF on L ft rotate R knee inward & tch R toe to instep of L ft, swvlg slightly RF on L rotate L knee outward to tch R heel to floor, XRif (W XLif)/sd L, XRif (W XLif) ;
<b>13 - 14</b>	<b>Side Walks ;;</b>	Bringing hands down to narrow and low BFLY sd L, cl R, sd L/cl R, sd L ; cl R, sd L, cl R/sd L, cl R ;
<b>15 - 16</b>	<b>Traveling Doors to OP ;;</b>	Bringing arms bk to shldr level rk sd L, rec R, XLif (W XRif)/sd R, XLif (W XRif) ; rk sd R, rec L, XRif (W XLif)/sd L, XRif (W XLif) to OP LOD ;
<b>17</b>	<b>Walk ;</b>	Fwd L, R, L/cl R, L ;
<b>18</b>	<b>Close/Point</b>	Cl R/pt L fwd, -, -, - ;

Amazon: [https://www.amazon.com/We-Know-The-Way/dp/B01MQ2CKRA/ref=sr\\_1\\_1?s=dmusic&ie=UTF8&qid=1488729183&sr=1-1&keywords=Moana+we+know+the+way](https://www.amazon.com/We-Know-The-Way/dp/B01MQ2CKRA/ref=sr_1_1?s=dmusic&ie=UTF8&qid=1488729183&sr=1-1&keywords=Moana+we+know+the+way)

YouTube: [https://www.youtube.com/watch?v=ubZrAmRxy\\_M](https://www.youtube.com/watch?v=ubZrAmRxy_M)

Spotify: <https://open.spotify.com/track/0WyATLI80uAj9VPpGItG1R>



"We Know the Way" is a song from the Disney animated feature *Moana*. The song is performed by Opeteia Foa'i of Oceanic music group "Te Vaka" and Tony award winning artist Lin-Manuel Miranda.

Within the movie, the song is sent as a spiritual message to Moana. It can be viewed as her ancestors trying to tell her who her people truly are in their hearts. It becomes a celebration of voyaging, and the Polynesian pride that comes from being the world's original great navigators. It was the first song written and composed for the film by Mark Mancina, Opeteia Foa'i, and Lin-Manuel Miranda. It is written in Samoan, Tokelauan, and English.



### **WE KNOW THE WAY – WOODRUFF – CH III – 01:59 - Disney's Moana** **INTRO (4 meas)**

Tandem WALL, both with L ft free, wait 1 long lead-in note  
Point forward, Point side, Behind/Side forward 4x ;;;;

#### **PART A (16 meas)**

L foot Walk ; R foot Walk Lady in 4 ; Sliding Door ;  
Apt, rec, Lady transitions to L ft ;  
Point forward, Point side, Behind/Side forward 2x 2<sup>nd</sup> time with spin to face  
Reverse ;; Point forward, Point side, Behind/Side forward 2x ;;  
L foot Walk ; R foot Walk Lady in 4 ; Sliding Door ; Apt Rec Forward Cha ;  
New Yorker; Spot Turn ; Hand to Hand both ways ;;

#### **PART B (8 meas)**

Chase Peek-a-Boo Double ;;;;;;

#### **PART C (18 meas)**

½ Basic ; Crab Walks ;; Whip to LOP ;  
New Yorker ; Whip to LOP ; New Yorker to OP ; New Yorker to BFLY ;  
Vine 2 Fc to Fc ; Vine 2 Bk to Bk ; Sand Step 2x ;;  
Side Walks ;; Traveling Doors to OP ;; Walk ; Close/Point ;