

WHEN YOU'RE IN MY ARMS

Music: Ernesto Cortazar
www.amazon.com/Piano and Strings
Track # 7 Time 4:44 Shortened & +5 % faster to Time 3:58
Cut from 1:50,4 to 2:30 & 3:08,3 to 3:45,1

Rhythm: Slow Two Step
Phase: V+3U (Traveling Right Turn + Turn Into Romantic Sway's + The Square)
Footwork: Opposite except where (Noted)
Release Date: Oct 20
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
Email: jos.dierickx@telenet.be
Sequence: INTRO AB(1-16) AB* BRIDGE INTRO(3-10) END



INTRO

01-04 HALF OP POS LOD LEAD FOOT FREE WAIT 2 MEASURES ; ; TWO SWITCHES ; ;

{Wait} ½ OP Pos LOD ld ft free wt 2 meas ; ; {2 Swiches} Sd L Xg ifo W to ½ LOP LOD, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R manuvrg ifo M) ; Fwd R, -, fwd L to ½ OP, fwd R (W sd L Xg ifo M, fwd R to ½ LOP, fwd L) to ½ LOP LOD ;

05-08 THE SQUARE to Low Bfly & Maneuvrg ; ; ; ;

{The Square to Low Bfly & Manvrg} [Like a switch] M Xifo W sd L, -, trng RF to step sd R twd COH in ½ LOP, XLif (W fwd R, -, sd L twd COH, XRif starting to Xifo M) ; Fwd R, -, sd L twd RLOD, XRif starting to Xifo W (W [like a switch] Xif of M sd L, -, trng RF to step sd R twd RLOD in ½ OP, XLif) ; [Like a switch] M Xifo W sd L, -, trng RF to step sd R twd WALL in ½ LOP, XLif (W fwd R, -, sd L twd WALL, XRif starting to Xifo M) ; Fwd R, -, sd L twd LOD, XRif (W [like a switch] Xifo M sd L, -, trng RF to step sd R twd LOD in ½ OP, XLif) to ½ OP LOD in Low Bfly & Maneuvrg ;

09-12 TRAVELING RIGHT TURN w/ OUTSIDE ROLL ; ; LUNGE BASICS w/ ARMS TWICE ; ;

{Traveling Right Turn w/ Outsd Roll} Trn RF Xifo W sd & bk fc RLOD, -, XRib, twist trn RF 5/8 on both ft to fc DLW & shift weight bk on to L (W Fwd R btwn M's ft, -, trng RF fwd L around M, fwd R) end in CP M fcg DLW ; Fwd R trng slight RF to fc wall raising jnd ld-hnds to ld W into RF trn, -, sd L, XRif (W Bk L comm RF trn under jnd ld-hnds, -, cont RF trn fwd R trng ½, cont RF trn bk L trng ¼ to fc ptr) to BFLY WALL ; {Lunge Basic w/ Arms x 2} Sd L extdg ld-arms to sd, -, rec R, XLif (W XRif) ; Sd R extdg trl-arms to sd, -, rec L, trng LF sm fwd R (W sd L, rec R, XLif trng LF) to BFLY WALL ;

13-16 ALTERNATING UNDERARM TURNS W – M & W ; ; ; HIP LIFT to Pickg Up ;

{Alternating Underarm Turns W – M & W} Sd L raisg jnd ld-hnds palm-to-palm, -, XRib, rec L (W sd R com RF trn undr jnd ld-hnds, -, XLif cont RF trn ½, rec R compg full trn to fc ptr) ; [join trailing hnds] Sd R comm RF trn undr jnd trl-hnds, -, XLif cont RF trn ½, rec R compg full trn to fc ptr (W sd L raisg jnd trl-hnds palm-to-palm, -, XRib, rec L) ; [join ld-hnds] Repeat meas 13 Intro to Low Bfly WALL ; {Hip Lift to Pickg Up} Sd R bring L ft along sd R ft, -, w/ pressure on L toe lift L hip, lwr hip & Pickg Up ;

PART A

01-04 TRIPLE TRAVELER ; ; ; BASIC ENDING ;

{Tripple Traveler} Fwd L trng LF & raisg jnd ld-hnds to ld W into LF trn, -, fwd R, fwd L (W bk R trng ¼ LF, -, sd L trng ½ undr jnd ld-hnds, sd & fwd R contg trn to LOP LOD) ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (W fwd L, -, fwd R, fwd L) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (W fwd R com RF trn, -, sd L cont RF trn undr ld-hnds, fwd R to fc ptr) ; {Basic Ending} Sd R, -, XLib, rec R trng LF (W sd L, -, XRib, fwd L) to BFLY COH ;

05-08 UNDERARM TURN INTO A LARIAT ; ; M SWIVEL to FACE & OUTSIDE ROLL ; BASIC ENDING to Pick Up ;

{Underarm Turn Into a Lariat} Sd L raisg jnd ld-hnds at end of step, -, XRib, rec L (W sd R startg 3/4 RF trn, -, cont trn undr jnd ld-hnds XLif, fwd R to M's r-sd) ; sip R, -, L, R (W fwd L, -, R, L arnd M to his lft-sd) ; {M Swivel to Fc & Outsd Roll} Sd & fwd L start LF trn, sd R cont trn to fc WALL, XLif (W fwd R com RF trn undr jnd hnds, -, cont RF trn L, R) to BFLY WALL ; {Basic Ending} Repeat meas 4 Part A to Pickg Up ;

09-12 TRIPLE TRAVELER ; ; ; START HORSESHOE TURN ;

{Tripple Traveler} Repeat meas 1,2,3 Part A ; ; ; {Start Horseshoe Turn} Sd & fwd R to V position LOD, -, cont trn thru L LOD, lk Rib to V pos & raise ld-hnds ;

13-16 FINISH HORSESHOE TURN ; BASIC ENDING ; TIME STEP TWICE to Pick UP ; ;

{Finish Horseshoe Turn} LF ½ circ to fc WALL fwd L, -, R, L (*W RF ½ circ undr jnd hnds fwd R, -, L, R*) ; **{Basic Ending}**
Repeat meas 4 Part A ; **{Time Step x 2}** Releasg hnds XLib (*W XRib*) hnds extend out to sd, -, rec R, sd L hnds Xifo chest ;
XRib (*W XLib*), -, hnds extend out to sd, rec L, sd R to Pickg Up in Low Bfly ;

PART B

01-04 3 TRAVELING CROSS CHASSE ; ; PASSING CROSS CHASSE ;

{3 Traveling Cross Chasse} [Joining both hands low] Trng LF fwd L twd DLC, -, w/ rt-shldr ld sd & fwd R twd DLW, XLif (*W XRif*) ; Trng RF sd & fwd R twd DLW, -, w/ lft-shldr ld sd & fwd L twd DLC, XRif (*W XLif*) ; Repeat meas 1 Part B ;
{Passing Cross Chasse} Fwd R trng RF fc Wall, -, fwd & sd L cont RF trn, XRif ifo W fc DRW (*W bk L trng RF, -, small sd R fc COH, XLif*) ;

05-08 W PASSING CROSS CHASSE ; 3 TRAVELING CROSS CHASSE to BFLY WALL & Pickg Up ; ; ;

{W Passing Cross Chasse} Bk L trng RF, -, small sd R fc COH, XLif (*W fwd R trng RF, -, fwd & sd L cont RF trng, XRif ifo M fwd DRW*) ; **{3 Traveling Cross Chasse}** Repeat meas 1,2 Part B ; ; Fwd R trng RF, -, sd & fwd L to fcg WALL, XRif (*W bk R trng LF, -, bk & sd L to fcg COH, XRif*) to BFLY WALL & Pickg Up ;

09-12 LEFT TURN w/ INSIDE ROLL ; OP BREAK to FACE ; CHANGE SIDES/W UNDERARM ; FENCE LINE w/ ARMSWEEP ;

{Left Trn w/ Insd Roll} Fwd L comm LF trn raisg jnd ld-hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (*W bk R comm LF trn, -, sd L trng LF undr ld-hnds, contg LF trn sd R*) to BFLY COH ; **{OP Break to Fc}** Sd R, -, rk apt L, rec R to rt-sd of W ;
{Change Sides / W Underarm} Fwd L to COH chg sds CW lead W trn under jnd ld-hnds, -, sd R, XLif (*W fwd R to WALL LF trn under jnd ld-hnds chg sds, -, sd L, XRif*) to BFLY WALL ; **{Fence Line w/ Armsweep}** Sd R, -, cross lunge thru L look RLOD ld-arm sweep CW (*W CCW*), rec R trn bk to BFLY WALL & Manvr ;

13-16 RIGHT TURN w/ OUTSIDE ROLL ; BASIC ENDING ; DIAMOND TURN w/ HIP TWIST ; CROSS BODY to WALL & Pickg Up ;

{Right Turn w/ Outside Roll} Sd & bk L ifo W, -, raisg jnd ld-hnds sd & bk R trng ¼ RF, XLif to fc ptr (*W fwd R comm roll RF under jnd ld-hnds, -, bk L cont roll, fwd R comp roll to fc ptr*) to BFLY COH ; **{Basic Ending}** Repeat meas 4 Part A to CP COH ; **{Diamond Turn w/ Hip Twist }** Fwd L trng LF CP, -, sd R trng ¼ LF, bk L in BJO twistg W RF (*W fwd R twistg ¼ RF*) to SCP DRW ; **{Cross Body to BFLY WALL}** Bk R blendg to CP, rec L, fwd R & swivel to WALL (*W fwd L blendg to CP, sd R, bk L*) BFLY WALL, -;

*** 2^{de} TIME: 16-1/2 CROSS BODY to WALL & ONE RIFF TURN ~;**

{Cross Body to BFLY WALL} Repeat meas 16 Part B ; **{One Riff Turn}** [QQ] Sd L raisg ld-hnds, cl R (*W sd & fwd R com RF spin, cl L compg full spin undr jnd hnds*) to BFLY WALL ~;

BRIDGE

01-02 TURN INTO ROMANTIC SWAY's to ½ OP LOD ; ;

{Turn Into Romantic Sway's to ½ OP LOD} Release ld-hnds Sd L & swiv LF (*W RF*) to bk-to-bk sweep ld-hnds up & around to end stretched out to sd at shoulder level, -, sd R, rec L ; Sd R and swiv RF (*W LF*) to fc bring ld-hds betwn ptrs to lead hip, -, sd L, rec R to ½ OP LOD ;

ENDING

01-05 UNDERARM TURN ; FENCE LINE w/ ARMSWEEP ; ONE RIFF TURN ; TURN INTO ROMANTIC SWAY's ; ;

{Underarm Turn} Sd L raisg jnd ld-hnds palm-to-palm, -, XRib, rec L (*W sd R com RF trn undr jnd ld-hnds, -, XLif cont RF trn ½, rec R compg full trn*) to BFLY WALL ; **{Fence Line w/ Armsweep}** Repeat meas 12 Part B to Bfly Wall ; **{One Riff Turn}** [QQ] Sd L raisg ld-hnds, cl R (*W sd & fwd R com RF spin, cl L compg full spin undr jnd hnds*) to BFLY WALL ; **{Turn Into Romantic Sway's}** Repeat meas 1,2 Bridge ; ;

06-09 LUNGE BASIC w/ ARMS TWICE ; ; PREPARATION to AIDA ; AIDA LINE & EXTEND ARMS ;

{Lunge Basic w/ Arms x 2} Repeat meas 11,12 Intro ; ; **{Aida Preparation}** Sd L trng LF to LOD, -, thru R, trng RF sd L to fc ptr ; **{Aida Line & Extend Arms}** Trng RF bk R to V-BK-TO-BK DRW (*W DRC*), -, extend free arms up & out ;