

WONDERFUL ONE

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Music: "Wonderful One" Artist: The McGuire Sisters

Recording: Album: "Picnic" Track 20

Footwork: Opposite except where otherwise noted

Rhythm/Level: Waltz Phase IV+1+1 (Natural Weave, 6-Count Underarm Turn) Difficulty: AVG

Speed: 29mpm as recorded Duration: 2:49

Correction: In ENDING, footwork in Measures 5-6 & added ending positions in Measures 2,4,6

Sequence: Intro A B A[9-16] B[1-10] Ending

INTRO

**1-4 BFLY LOD – BOTH R FT FREE [SAME FOOTWORK IN INTRO] WAIT 3 QK NOTES
CIRC FRNT VIN 3; RONDE TO CIRC BK VIN 3; RONDE TO FENCE LINE; SPT TRN
M TRANS – TO CP DLC;**

- 1 [BFLY LOD - same footwork in Meas 1-3] Circle CW over this meas: XRif, sd L, XRib ;
- 2 Circle CCW over this meas: Ronde L CCW XLib, sd R, XLif ;
- 3 Ronde R CCW XRif, rec L, sd R ;
- 4 XLif trng RF, trng RF fwd R, - (W XLif trng RF, trn RF fwd R, sd & fwd L) to CP DLC ;

PART A

1-4 2 LEFT TRNS;; HVR TELE; THRU CHASSE TO HALF-OPEN;

- 1 Fwd L trng LF, sd & bk R contg LF trn to CP RLOD, cl L ;
- 2 Bk R trng LF, sd & fwd L contg LF trn to CP DLW, cl R ;
- 3 Fwd L, diag sd & fwd R hovering with 1/4 RF body trn, fwd L to SCP DLW ;
- 4 Thru R, sd L/cl R, sd L trng LF (W trng RF) blndg to 1/2-OP LOD ;

5-8 OPEN IN-AND-OUT RUNS;; THRU SEMI-CHASSE; CHAIR & SLIP;

- 5 Fwd R diag acrs LOP stg RF roll acrs ifo W, sd L compg roll to fc LOD, fwd R (W fwd L, fwd R, fwd L) to L-1/2-OP LOD ;
- 6 Fwd L, fwd R, fwd L (W fwd R diag acrs LOP stg RF roll acrs ifo M, sd L compg roll to fc LOD, fwd R) to 1/2-OP LOD ;
- 7 Thru R blndg to SCP, sd L/cl R, sd L to SCP LOD ;
- 8 Chk thru R with lunge action, rec L stg LF body trn, slip R bhd L (W chk thru L with lunge action, rec & swvl LF on R, step fwd L outsd M's R ft) to CP DLC ;

9-12 HALF BOX; 6-COUNT UNDERARM TRN;; BOX FIN TO DRW;

- 9 Fwd L, sd R, cl L to CP DLC ;
- 10 Bk R raisg L hnd to begin ldg W under jnd ld hnds, sd & slightly bk L contg to ld W to trn RF undr jnd ld hnds, cl R lowering jnd hnds to shoulder level after W passes underneath (W fwd L, fwd R stg 1/4 RF trn, fwd L compg RF trn to fc DRC) ;
- 11 Fwd L stg LF 1/4 trn, sd R compg trn, cl L (W fwd R, L, R trng 1/2 RF to fc DLW) to L-OP-FCG DRC ; [In Meas 10-11 the woman makes an elegant wide sweeping arc turning a total of 3/4 in 6 steps to end up facing the man. *See note at end of cuesheet.]
- 12 Blndg to CP bk R trng 1/4 LF, sd L, cl R to CP DRW ;

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13-16 1 LEFT TRN; BK WZ; DIP BK – HOLD; FWD WZ;

- 13 Fwd L trng LF, sd & bk R contg LF trn to CP LOD, cl L ;
- 14 Bk R, bk & slightly sd L, cl R to CP LOD ;
- 15 Dip bk L, -, - ;
- 16 Fwd R, fwd & slight sd L, cl R to CP LOD ;

PART B**1-4 1 LEFT TRN; HVR CORTE; BK HVR TO SCP; THRU SEMI-CHASSE;**

- 1 Fwd L trng LF, sd & bk R contg LF trn to CP DRC, cl L ;
- 2 Bk R stg LF trn, sd & fwd L hovering & contg trn (W sd & fwd R hovering & contg trn), rec R to BJO DLW ;
- 3 Bk L, sd & bk R with slight rise, rec L to SCP DLW ;
- 4 Thru R, sd L/cl R, sd L to SCP DLW ;

5-8 NAT WEAVE;; DEVELOPE; SLOW OUTSD SWVL;

- 5 Fwd R trng RF, sd L, bk R to BJO DRW ;
- 6 Bk L, bk R in CP trng LF, cont trn LF stp fwd L to BJO DLW ;
- 7 Fwd R outsd W ckg, -, - (W bk L, bring R ft [pointed dwn] up L leg to insd of L knee, extend R ft fwd) ;
- 8 Bk L, -, - (W fwd R outsd ptr, slow swvl RF on ball of R ft, -) blndg to SCP LOD ;

9-12 THRU SEMI-CHASSE; THRU SD BEH; ROLL 3; PU WZ;

- 9 Thru R, sd L/cl R, sd L to SCP LOD ;
- 10 Thru R, sd L, XRib ;
- 11 [With each stp progressing down LOD] Sd L stg LF trn, sd & bk R contg LF trn, sd & bk L compg LF trn to fc ptr (W sd R stg RF trn, sd & bk L contg RF trn, sd & bk R compg RF trn to fc ptr) to FCG WALL ;
- 12 Thru R stg LF trn ldg W to CP, sd L compg LF trn to fc DLC, cl R (W thru L stg LF trn to CP, sd R compg LF trn, cl R) to CP DLC ;

13-16 OPEN TELE; MANU; SPN TRN; BOX FIN;

- 13 Fwd L stg LF trn, fwd & sd R contg trn (W heel trn), fwd & sd L to SCP DLW ;
- 14 Fwd R trng RF, contg RF trn sd L ifo W, cl R (W fwd L, fwd R, cl L) to CP RLOD ;
- 15 Bk L pvtg RF, fwd R trng RF (W bk L/brsh R), rec bk & sd L to CP DLW ;
- 16 Bk R trng 1/4 LF, sd L, cl R to CP DLC ;

17-20 DIAM TRN – END IN SCAR DLW;;;;

- 17 Fwd L trng LF, cont LF trn sd R, bk L to BJO DRC ;
- 18 Bk R trng LF, sd L, fwd R to BJO DRW ;
- 19 Fwd L trng LF, cont LF trn sd R, bk L to BJO DLW ;
- 20 Bk R, cl L blndg to CP, fwd R blndg to SCAR DLW ;

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21-24 CROSS HVR 3X – TO SCP;;; CHAIR & SLIP;

- 21 XLif, sd w/ rise trng LF, rec fwd L to BJO DLC ;
- 22 XRif, sd L w/ rise trng RF, rec fwd R to SCAR DLW ;
- 23 XLIF, sd w/ rise trng LF slightly, rec fwd L blndg to SCP LOD ;
- 24 Chk thru R with lunge action, rec L stg LF body trn, slip R bhd L (W chk thru L with lunge action, rec & swvl LF on R, step fwd L outsd M's R ft) to CP DLC ;

ENDING

1-2 ROLL 3 TO BFLY; FENCE LINE – M POINT;

- 1 Repeat Measure 11 of Part B blndg to BFLY WALL ;
- 2 XRif, rec L, pt R to sd twd RLOD (W XLif, rec R, sd L) to BFLY WALL ;

3-6 CIRC FRNT VIN 6 – CKG;; SD TO A CIRC VIN 6 & HOLD;;

- 3 [Same footwork in Meas 3-6] Circle CW over this meas: XRif, sd L, XRib ;
- 4 Circle CW over this meas: sd L, XRif, sd L ckg to BFLY LOD approximately ;
- 5 Circle CCW over this meas: Rec sd R, XLib, sd R ;
- 6 Circle CCW over this meas: XLif, sd R, XLib to BFLY WALL ; [music pauses]

7-9 LUNGE SD TO L-HND STAR; M REC LADY INSD TRN TO SHADOW; R LUNGE;

- 7 [Same footwork] Release hnds & lunge sd R joining L hnds in L-hnd-star position [M fcg WALL & W fcg COH] trng head L to smile at ptr, -, - ;
- 8 [The waltz rhythm discontinues here as music concludes with 5 slow even counts] Rec L raisg jnd L hnds, -, -, tch R placing L hnd on W's L hip (W trn 1/2 LF L,R,L undr jnd L hnds to SHADOW pos fcg WALL, tch R placing L hnd on hip) ;
- 9 [Same footwork] Extend R arm to sd & lunge R ;

** Note: "6-Count Underarm Turn" from American Style Waltz in Ballroom Dance – see video clip [showing Measures 9-12 of Part A] on website www.ballroomdancers.com/Dances/info.asp?sid=115*

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QUICKCUES

Rhythm/Level: Waltz Phase IV+1+1 (Natural Weave, 6-Count Underarm Turn)
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INTRO

BFLY LOD – BOTH R FT FREE – WAIT 3 QUICK NOTES
CIRC FRNT VIN 3; RONDE TO CIRC BK VIN 3; RONDE TO FNC LINE; SPT TRN
M TRANS – TO CP DLC;

PART A

2 LEFT TRNS;; HVR TELE; THRU CHASSE TO HALF-OPEN;
OP IN-AND-OUT RUNS;; THRU SEMI-CHASSE; CHAIR & SLIP;
HALF BOX; 6-COUNT UNDERARM TRN;; BOX FIN TO DRW;
1 LEFT TRN; BK WZ; DIP BK – HOLD; FWD WZ;

PART B

1 LEFT TRN; HVR CORTE; BK HVR TO SCP; THRU SEMI-CHASSE;
NAT WEAVE;; DEVELOPE; SLOW OUTSD SWVL;
THRU SEMI-CHASSE; THRU SD BEH; ROLL 3; PU WZ;
OP TELE; MANU; SPN TRN; BOX FIN;
DIAM TRN – END IN SCAR DLW;;;
CROSS HVR 3X – TO SCP;;; CHAIR & SLIP;

repeat A9-16

HALF BOX; 6-COUNT UNDERARM TRN;; BOX FIN TO DRW;
1 LEFT TRN; BK WZ; DIP BK – HOLD; FWD WZ;

repeat B1-10

1 LEFT TRN; HVR CORTE; BK HVR TO SCP; THRU SEMI-CHASSE;
NAT WEAVE;; DEVELOPE; SLOW OUTSD SWVL;
THRU SEMI-CHASSE; THRU SD BEH;

ENDING

ROLL 3 TO BFLY; FNC LINE – M POINT;
CIRC FRNT VIN 6 – CKG;; SD TO A CIRC VIN 6 & HOLD;;
LUNGE SD TO L-HND STAR; M REC LADY INSD TRN TO SHADOW; R LUNGE;

** Note: “6-Count Underarm Turn” from American Style Waltz in Ballroom Dance – see video clip [showing Measures 9-12 of Part A] on website www.ballroomdancers.com/Dances/info.asp?sid=115*