



WORDY RAPPINGHOOD

Choreographers:	Release date: August 2017
Annette & Frank Woodruff	Rhythm & Phase: Cha Cha V+1 (Follow My Leader)
	Teaching Tip: <i>Follow my Leader, phase VI 5-measure figure.</i>
	Artist: Uffie. MP3 download from Amazon.com or iTunes. Routine suited to Original Mix OR Evian Mix indifferently. See Links*.
Rue du Camp, 87 7034 Mons Belgium	Time & Speed: 3:10 @ unchanged speed
	Footwork: Opposite except where indicated (W's footwork in parentheses)
annetteandfrank@gmail.com	Sequence: Intro – A – Inter – A – Inter – B – Inter – C – B(1-12) - End

INTRODUCTION

	Typewriter noise	LOP-FCG WALL w/trl arm xtnd twd RLOD wt approx. 10 beats
1	New Yorker 4 ;	XLif (<i>W XRif</i>) w/ straight leg to LOP RLOD, rec R to fc, sd L, rec R ;
2	New Yorker ;	XLif (<i>W XRif</i>) w/ straight leg trng to LOP RLOD, rec R to BFLY WALL, sd L/cl R, sd L ;
3	New Yorker 4 ;	XRif (<i>W XLif</i>) w/ straight leg to OP LOD, rec L to fc, sd R, rec L ;
4	New Yorker to CP ;	XRif (<i>W XLif</i>) w/ straight leg trng to OP LOD, rec L to fc, sd R/cl L, sd R to LCP WALL ;

PART A

1 - 4	Cross Body 2x ;;;	Fwd L, rec R trng ¼ LF [bdy trns less], sd L/cl R, sd L (<i>W bk R, rec L, fwd R/cl L, fwd R to 'L'</i>) ; bk R behind L trng LF, rec L to fc COH, sd R/cl L, sd R (<i>W commg to trn LF slip fwd L, contg to trn LF fwd & sd R to fc WALL, sd L/cl R, sd L</i>) to LCP COH ; rpt meas 1-2 Part A to LCP WALL ;
5 - 6	Basic to a Fan ;;	Fwd L, rec R, sd L/cl R, sd L ; bk R, rec L, relg trl hnds XRif/rec L, sd R (<i>W fwd L into M, rec R trng 1/4 LF & relg L hnd, bk L/lk R, bk L</i>) to FAN pos WALL ;
7 - 8	Hockey Stick ;;	Fwd L, rec R, XLib/cl R, sm sd L raisg jnd ld hnds to form window (<i>W cl R, fwd L, fwd R/lk Lib, fwd R</i>) ; sm bk R, rec L, lwrng hnds fwd R/lk Lib, fwd R (<i>W fwd L, fwd R & spiral LF 5/8 undr jnd hnds, bk L, lk Rif, bk L</i>) to LOP-FCG DRW ;
9 - 10	Basic to Natural Top ;;	Fwd L, rec R, trng RF sd L/cl R, sd L to CP RLOD ; trng RF on each step XRib, sd L, XRib/sd L, cl R (<i>W sd L, fwd R between M's ft, sd L/fwd R between M's ft, sd L</i>) to CP WALL ;
11	Latin Whisk ;	XLib (<i>W XRib</i>) [trng at hips keepg upper bdy in CP], rec R, sd L/cl R, sd L ;
12	Alemana Turn ;	Bk R trng bdy slightly RF, rec L squaring bdy to fc ptr, sd R/cl L, sd R (<i>Swvlg 1/8 on R ft W fwd L & swvl sharply 3/8 RF, brushg R against L fwd R twd DRW & swvl sharply 3/8 RF, compg full RF trn fwd & sd L/cl R, sd L</i>) to BFLY WALL ;

INTERLUDE

1 - 3	Back Break to Triple Cha Forward & Single Cha Back to Face ;;;	XLib (<i>W XRib</i>) trng to OP LOD, rec R, trng slightly twd ptr fwd & sd L/lk Rib, fwd L ; trng slightly away from ptr fwd & sd R/lk Lib, fwd R, trng slightly twd ptr fwd & sd L/lk Rib, fwd L ; fwd R, rec L, trng to fc ptr bk & sd R/cl L, sd R to LOP-FCG WALL ; [note chg of hnds during the triple]
4	Open Break in 4 ;	Raisg trl hnd straight up w/ palm out apt L strongly, rec R, sd L, cl R ;

Repeat Part A and Interlude

PART B

1 - 4	Cross Body 2x ;;;;	Rpt meas 1-4 Part A ;;;;
5	½ Basic ;	Fwd L, rec R, sd L/cl R, sd L ;
6	Spot Turn to HNDSHK ;	Relg hnds & swvlg ¼ LF on L ft fwd R trng LF ½, rec L trng ¼ LF to fc ptr, sd R/cl L, sd R to R HNDSHK ;
7 - 8	Flirt ;;	Fwd L, rec R, sd L/cl R, sd L (<i>W bk R, rec L trn LF, cont trn sd R/ cl L, sd R</i>) to VARS WALL; bk R, rec L, sd R/cl L, sd R (<i>W bk L, rec R, sd L/cl R, sd L sliding in frt of M</i>) to L VARS WALL & release hands for next figure;
9 - 10	Sweetheart 2x ;;	In L-SHAD ck fwd L w/ upper bdy turned twd W ~ R hnd xtnd fwd & L hnd straight up (<i>W ck bk R w/ upper bdy turned away from M except head to look at him ~ use same handwork as M</i>), rec R straightening bdy, sd L/cl R, sd L (<i>W slides across in front of man to end in front of his R side</i>) to R-SHAD ; ck fwd R w/ upper bdy turned away from W but still lookg at her – L hnd xtnd fwd & R hnd straight up (<i>W ck bk L w/ upper body turned towards M</i>) , rec L straightening bdy, sd R/cl L, sd R (<i>W slides across in front of man to end in front of his L side</i>) to L-SHAD ;
11	Sweetheart to Face ;	Rpt meas 9 Part B (<i>W ck bk R, rec L, trng RF on the triple to fc M sd R/cl L, fwd R</i>) ;
12	Spot Turn to BFLY ;	Repeat meas 6 Part B to BFLY WALL ;
13 - 16	Sand Step 4x ;;;;	Swvlg slightly RF on R ft rotate L knee inward & tch L toe to instep of R ft, swvlg slightly LF on R ft rotate L knee outward to tch L heel to floor, XLif (<i>W XRif</i>)/sd R, XLif (<i>W XRif</i>) ; swvlg slightly LF on L ft rotate R knee inward & tch R toe to instep of L ft, swvlg slightly RF on L rotate L knee outward to tch R heel to floor, XRif (<i>W XLif</i>)/sd L, XRif (<i>W XLif</i>) ; Rpt meas 13-14 Part B ;;
17 - 18	Traveling Sand Step 2x ;;	Swvlg RF (<i>W LF</i>) on R tch L toe to instep of R ft, swvlg LF (<i>W RF</i>) on R sd L, swvlg RF (<i>W LF</i>) on L tch heel to floor toe ptd to DRW, swvlg LF (<i>W RF</i>) on L XRif ; Rpt meas 17 Part B ;
19	Traveling Door ;	Sd L, rec R, XLif/sd R, XLif;
20	Cucaracha R ;	Sd R w/ partial wgt, rec L, in plc R/L, R ;

Repeat Interlude**PART C**

1 - 2	Alemana ;;	Fwd L, rec R, sd L/cl R, ip L raisg jnd ld hnds palm to palm (<i>W bk R, rec L, fwd R/cl L, fwd R twd M's L sd</i>) ; bk R trng bdy slightly RF, rec L squaring bdy to fc ptr, sd R/cl L, sd R (<i>Swvlg 1/8 on R ft W fwd L & swvl sharply 3/8 RF, brushg R against L, fwd R twd DRW & swvl sharply 3/8 RF, compg full RF trn fwd & sd L/cl R, sd L</i>) to BFLY WALL ;
3	Shoulder to Shoulder to BFLY SCAR ;	Fwd L to BFLY SCAR, rec R, bk L/cl R, bk L ; [Stay in BFLY SCAR thruout the figure]
4 - 8	Follow My Leader ;;;;	XRib trng 1/8 RF to fc RLOD, fwd L trng 3/8 RF to end fcg DLC w/ ld hnds jnd behind bk, fwd R/L, R twd DLC (<i>W fwd L trng RF undr jnd ld hnds, fwd R compg full trn, following M fwd L/R, L</i>) & release hnds ; circg LF fwd L, R & following W fwd L/R, L (<i>W circg LF fwd R, L & twd DLW fwd R/L, R</i>) ; Circg RF fwd R, L & twd DLC fwd R/L, R (<i>W circg RF fwd L, R & following M fwd L/R, L</i>) ; circg LF fwd L, R & following W fwd L/R, L (<i>W circg LF fwd R, L & twd DLW fwd R/L, R</i>) ; bk R, rec L, sd R/cl L, sd R (<i>W circg RF fwd L, R, L/R, L</i>) to BFLY WALL ;
9 - 10	Shoulder to Shoulder 2x to a L/H Star ;;	Fwd L to BFLY SCAR, rec R to fc, sd L/cl R, sd L ; fwd R to BFLY BJO, rec L to fc, sd R/cl L, sd R to L-HND STAR RLOD ;
11 - 14	Umbrella Turn ;;;;	Fwd L, rec R, bk L/cl R, bk L ; bk R, rec L, fwd R/cl L, fwd R (<i>W fwd L trng ½ RF undr jnd hnds, rec R, fwd L/cl R, fwd L</i>) ; fwd L, rec R, bk L/cl R, bk L (<i>W fwd R trng ½ LF undr jnd hnds, rec L, fwd R/cl L, fwd R</i>) ; bk R, rec L trng to fc WALL, sd R/cl L, sd R (<i>W fwd L trng ½ RF undr jnd hnds, rec R trng to fc ptr, sd L/cl R, sd L</i>) ; [2 descriptions for this figure in RAL manual: feel free to dance the Umbrella Turn that you prefer]
15	Hand to Hand ;	Swvlg sharply on ball of R ft XLib (<i>W XRib</i>) trng to OP LOD, rec R to BFLY WALL, sd L/cl R, sd L ;
16	Spot Turn to CP ;	Rpt meas 6 Part B to CP WALL ;

Repeat Part B (1-12)

ENDING

1 - 3	Sandstep 3x ;;;	Rpt meas 13-15 Part B ;;;
4	Toe Heel Cross Apart ;	Swvlg slightly LF on L ft rotate R knee inward & tch R toe to instep of L ft, swvlg slightly RF on L rotate L knee outward to tch R heel to floor, XRif (<i>W XLif</i>), apart L leaving R ft in place pointing twd ptr ;



Anna-Catherine Hartley (born Dec 1987), better known by her stage name Uffie is an American-French singer, songwriter, rapper, DJ and fashion designer. She was born in Miami to a Japanese mother and a French-British father. Uffie is a nickname her father gave her, from the French word “oeuf” (egg). She spent her childhood in Hong Kong then during her teens moved with her mother to Florida where she was arrested for vandalism at the age of 15, causing her mother to send her to live with her father in Paris where she started studying fashion design. In 2008 she married graffiti artist Andre Saraiva but the marriage only lasted one year. In 2009 she published her debut album, *Sex Dreams and Denim Jeans*. In 2010 she joined the clothing brand Diesel with a 12-piece collection. In 2011 she released her cover of Tom Tom Club’s 1981 song “Wordy Rappinghood”. In 2013 she announced that she had been living in Los Angeles and had just welcomed the birth of her second child. She added that she was retiring from “Uffie” and moving into different projects under different alias.

***Purchase Link Amazon:** https://www.amazon.com/Wordy-Rappinghood-Evian-Mix/dp/B004WMEDJQ/ref=sr_1_9?s=dmusic&ie=UTF8&qid=1502109745&sr=1-9&keywords=Wordy+rappinghood&refinements=p_n_feature_browse-bin%3A625151011

***Link to Full Song You Tube:** <https://www.youtube.com/watch?v=HtB0il5yMjg> (original) mix or <https://www.youtube.com/watch?v=YG21UYh5K1I> (Evian mix)

Option

You don’t feel like teaching “Follow My Leader”? Replace as follows the first 8 measures of Part C:

Alemana ;;**Shoulder to Shoulder 2x ;;**

Fwd L to BFLY SCAR, rec R to fc, sd L/cl R, sd L ; Fwd R to BFLY BJO, rec L to fc, sd R/cl L, sd R ;

Chase Peekaboo ;;;;

Relg hnds fwd L trng ½ RF, rec R, fwd L/cl R, fwd L (*W bk R, rec L, fwd R/cl L, fwd R*) ; sd R look at ptr over L shldr, rec L, ip R/L, R (*W sd L, rec R, ip L/R, L*) ; sd L look at ptr over R shldr, rec R, ip L/R/ L (*W sd R, rec L, ip R/L, R*) ; fwd R trng ½ LF, rec L, fwd R/cl L, fwd R (*W fwd L, rec R, bk L/cl R, bk L*) to BFLY ;

This makes the dance a phase **IV+2** (Natural Top, Sweetheart)

WORDY RAPPINGHOOD – CH V+1 – WOODRUFF – 3:10 – UFFIE**INTRO (6 ½ meas)**

Wait during typewriter sounds [approximately 10 beats],,;
New Yorker 4; New Yorker ; New Yorker 4; New Yorker to CP;

PART A (12 meas)

Cross Body 2x ;;;;
Basic to a Fan ;; Hockey Stick ;;
Basic to Natural Top ;; Latin Whisk ; Alemana Turn ;

Interlude (4 meas)

Back Break to Triple Cha Fwd & Single Cha Back to face ;;;
Open Break in 4 to CP ;

PART A (12 meas)

Cross Body 2x ;;;;
Basic to a Fan ;; Hockey Stick ;;
Basic to Natural Top ;; Latin Whisk ; Alemana Turn ;

Interlude (4 meas)

Back Break to Triple Cha Fwd & Single Cha Back to face ;;;
Open Break in 4 to CP ;

Part B (20 meas)

Cross Body 2x ;;;;
½ Basic ; Spot Turn to H/S ; Flirt ;;
Sweetheart 2x ;; Sweetheart to Face ; Spot Turn to BFLY ;
Sand Step 4x ;;;;
Traveling Sand Step 2x ;; Traveling Door ; Cucaracha R ;

Interlude (4 meas)

Back Break to Triple Cha Fwd & Single Cha Back to face ;;;
Open Break in 4 ;

Part C (16 meas)

Alemana ;; Shoulder to Shoulder to SCAR ; **Follow my Leader** ;;;;
Shoulder to Shoulder 2x to L/H Star ;; Umbrella Turn ;;;;
Hand to Hand ; Spot Turn to CP ;

Part B (12 meas)

Cross Body 2x ;;;;
½ Basic ; Spot Turn to H/S ; Flirt ;;
Sweetheart 2x ;; Sweetheart to Face ; Spot Turn to BFLY ;

Ending (4 meas)

Sand Step 3x ;;; Toe Heel Cross & Apart ;