

## WRAP YOUR TROUBLES IN DREAMS

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**Record:** STAR 107 (available from choreographers or Palomino Records)  
**Rhythm/Phase:** Cha/ IV+I (dble Cuban) + 1 unphased (tummy check)  
**Footwork:** Opposite throughout, directions for M unless otherwise stated  
**Sequence:** INTRO, A, B, A(1-8), C, B, A(1-7), END

### INTRODUCTION

**1-4** **BFLY/WALL - WAIT;; CUCARACHA WITH ARMS (TWICE);;**  
1-4 BFLY/Wall - wait;; circling lead arms up, arnd & bk down push sd L, rec R, in plc L/R, L; circling trail arms up, arnd & bk down push sd R, rec L, in plc R/I, R;

### PART A

**1-4** **½ BASIC TO A FAN;; PREPARATION TUMMY CHECK TO A FAN;;**  
1-4 BFLY/Wall - fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R (W - fwd L, sd R trng LF to fc RLOD, bk L/lk R, bk L;) to end fan pos; fwd L, rec R, in place L/R, L (W - cl R, fwd L, fwd R/lk L, fwd R;); placing R hnd on W's tummy (about the R hip area) strong X check R, rec L, sd R/cl L, sd R (W - bringing L hnd up & R hnd check fwd L rec R, bk L/lk R, bk L;) to end in fan pos;

**5-8** **HOCKEY STICK;; FENCE LINE; DOUBLE CUBAN BREAK;;**  
5-8 Fwd L, rec R, in place L/R, L (W cl R, fwd L, fwd R/lk L, fwd R;); small bk R, rec L trng 1/8 RF, fwd R/lk L, fwd R (W fwd L, fwd R trng 5/8 LF under jnd lead hnds, bk L/lk R, bk L;) to end BFLY/Wall; X lunge thru L, rec R, sd L/cl R, sd L; XRIF/rec L, sd R/rec L, XRIF/rec L, sd R;

**9-12** **BASIC;; NEW YORKER IN 4; NEW YORKER;;**  
9-12 BFLY/Wall - fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R; trng to LOP/RLOD thru L, rec R to fc ptr, sd L, rec R; trng to LOP/RLOD thru L, rec R. to BFLY, sd L/cl R, sd L;

**12-16** **KICK TO A 4 & CHA (TWICE);; SPOT TURN (BFLY); MERENGUE (TWICE)(RHSHAKE);**  
12-16 In BFLY kick R thru twd LOD, lift & cross R knee in front while swivelling twd RLOD so that your legs make the number "4", sd R/cl L, sd R; still in BFLY kick L thru twd RLOD, lift & cross L knee in front while swivelling twd LOD so that your legs make the number "4", sd L/cl R, sd L; thru R trng LF, rec L cont trn to fc ptr, sd R/cl L, ;d R to BFLY/Wall; sd L, cl R, sd L, cl R to end RH-shake/wall;

### PART B

**1-8** **½ BASIC; WHIP TO SHADOW/LOD; SHADOW NEW YOKER; WHIP TO SHADOW/RLOD; SHADOW NEW YORKER; AIDA; SWITCH CROSS; CUCARACHA;**  
1-4 (Keep R hnds jnd during meas 1-5) fwd L, rec R, sd L/cl R, sd L; bk R start LF trn, rec fwd L cont trn to fc LOD, fwd R/lk L, fwd R (W fwd L outside M, fwd R trn LF to fc LOD, fwd L/lk R, fwd L;); thru L to LOD, rec R to fc COH, sd L/cl R, sd L; bk R start LF trn, rec fwd L cont trn to fc RLOD, fwd R/lk L, fwd R (W fwd L outside M, fwd R trn LF to fc RLOD, fwd L/lk R, fwd L;);  
5-8 Thru L to RLOD, rec R to fc wall, sd L/cl R, sd L; thru R, sd L trng RF & chng to lead hnds jnd, bk R/lk LIF, bk R to aida pos; trng LF to fc ptr sd L, rec R in BFLY, thru L/sd R, thru L; push sd R, rec L, in place R/L, R;

### PART C

**1-4** **½ BASIC TO SKIRT SKATERS/LOD; WALK & CHA(TWICE);; SPOT TURN;**  
1-4 Join lead hnds fwd L, rec R, sd L/cl R, sd L trng to skirt skaters/LOD; fwd R, L, R/L, R; fwd L, R, L/R, L; fwd R trng LF, rec L cont trn to fc ptr/wall, sd R/cl L, sd R end no hnds jnd;

**5-8** **TOUCH, STEP/TOUCH & CHA; SPOT TURN; TOUCH, STEP/TOUCH & CHA; SPOT TURN;**  
5-8 Tch L toe by instep of R ft, small sd L/tch R toe by instep of L ft, sd R/cl L, sd R; thru L trng RF, rec R cont trn to fc ptr/wall, sd L/cl R, sd L; tch R toe by instep of L ft, small sd R/tch L toe by instep of R ft, sd L/cl R, sd L; thru R trng LF, rec L cont trn to fc ptr/wall, sd R/cl L, sd R;

**9-16** **REPEAT MEASURES 1-8 PART C TO END IN RIGHT HANDSHAKE/WALL;;;;;;;**

### END

**1** **THRU, APT, ACK;**  
1 Thru R, apt L, pt R twd ptr, -;