

X YOUR HEART

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Choreo: Jerry Buckmaster and Zodie Reigel
4220 E. Alton Road, Oak Creek, Wisconsin 53154
Record: Windsor 4732 "X Your Heart"
Artist: The Windsor Orchestra
Footwork: Woman's Footwork Opposite Unless Noted
Rhythm: Waltz RAL Phase: III + 1 (DIAM TRN)
Sequence: Intro – A – B – A – B (1 thru 12) – End

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Speed: 2:04 @ 43 RPM

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INTRODUCTION

1-4 OP-FCG WALL wt 2 meas ; ;

1-2 OP-FCG WALL wait ; ;

APT PT ; TOG to BFLY TCH ;

3-4 [OP-FCG WALL – APT PT & TOG to BFLY TCH] Apt L , Pt R twd ptr , - ; Tog R , Tch L , Blend to BFLY WALL ;

PART A

1-16 STP SWING ; SPN MANUV ; 2 R TRNS to WALL ; ;

1-2 [BFLY WALL – STP SWING & SPN MANUV] Sd L , Thru R twd LOD , - ; Fwd R trng RF , Small Sd L fin trn ,
CI R Blend to CP RLOD (W start LF spin in plc L , trng LF in plc R , trng LF in plc CI L end fcg LOD) ;

3-4 [CP RLOD – 2 R TRNS to WALL] Bk L start trn RF , Sd R twd LOD cont RF trn , CI L ;
Fwd R start RF trn , Sd L twd LOD cont RF trn , CI L ;

L TRNG BOX to BFLY ; ; ;

5-8 [CP WALL – L TRNG BOX] Fwd L start LF upper body trn , Fwd & Sd R competing ¼ LF trn , CL L ;
Bk R start LF upper body trn , Bk & Sd L completing ¼ LF trn , CI R ; Fwd L start LF upper body trn ,
Fwd & Sd R competing ¼ LF trn , CL L ; Bk R start LF upper body trn , Bk & Sd L completing ¼ LF trn ,
CI R Blend to BFLY WALL ;

WZ AWY ; X WRP to FC RLOD ; BKUP WZ ; ROLL W ACRS to LOP ;

9-10 [BFLY WALL – WZ AWY & X WRP] Fwd L trng awy from ptr , Fwd R to fc LOD , CI L ; Fwd R trng RF moving
in-front and around W , Fwd L F fin ½ RF circle to fc RLOD , CI R end in WRP'D pos fcg RLOD (W small Fwd
and slightly Sd L trng LF keeping trlg hnds joined at waist level , Small Fwd & Sd R fin ½ LF trn to fc RLOD ,
CI Fwd L end fcg RLOD in Wrp'd POS) [W L arm in front and M R arm bhd W at waist level] [ld hnds joined in
front at chest height] ;

11-12 [WRP'D RLOD – BKUP WZ & ROLL W ACRS to LOP] Bk L , Bk R , CI L ; In-plc R , In-Plc L , Small Fwd R
end LOP RLOD (W Fwd L trng ¼ LF in-front of M , Fwd & Sd R trng ¼ LF moving to M L Sd ,
Small Fwd L end LOP RLOD) ;

THRU TWKL TWICE ; ; TWRL VIN 3 ; PKUP SD CL ;

13-14 [LOP RLOD – THRU TWKL TWICE] Thru L , Sd R trng to fc ptr , CI L ; Thru R trng LF (W RF) ,
Sd L trng to fc ptr , CI L ;

15-16 [LOP FCG PTR & WALL – TWRL VIN 3 & PKUP SD CL] Sd L , XRIB , Sd L (W Undr joined ld hnds Sd & Fwd R
trng RF , Sd & Bk L cont trn , Sd R end fcg ptr) ; Small Fwd R trng slightly LF , Small Sd L , CI R end CP LOD
(W Fwd L trng LF moving in-front of M , Small Sd R fin trn end fcg RLOD in front of M , CI L) ;

PART B

1-16 DIAM TRN ; ; ; ;

1-4 [BFLY WALL – WZ AWY & WRP] Fwd L twd DLC , Fwd & Sd R w/slight rise , Bk L twd DLW ;
Bk R , Bk & Sd L w/slight rise , Fwd R twd DLW ; Fwd L twd DRW , Fwd & Sd R w/slight rise , Bk L twd DRC ;
Bk R , Bk & Sd L w/slight rise , Fwd R twd DLC ;

1 L TRN to FC RLOD ; BKUP WZ ; 2 R TRNS to BFLY WALL ; ;

5-6 [BJO DLC – 1 L TRN to FC RLOD & BKUP WZ] Fwd L start LF upper body trn , Sd & Bk R cont LF trn , CI L ;
Bk R , Bk L , CI R ;

7-8 [CP RLOD – 2 R TRNS] Bk L start trn RF , Sd R twd LOD cont RF trn , CI L ;
Fwd R start RF trn , Sd L twd LOD cont RF trn , CI L Blend to BFLY WALL ;

BAL L & R ; ; WZ AWY & TOG to CP {2nd time "WZ AWY & TOG"} ; ; ;

9-10 [BFLY WALL – BAL L & R] Sd L , XRIB , In plc L ; Sd R , XLIB , In plc R ;

11-12 [BFLY WALL – WZ AWY & TOG] Fwd L trng awy from ptr , Fwd R to fc LOD , CI L ;
Fwd R trng RF to fc ptr , Sd L , CI R Blend to CP WALL ;

BOX ; ; CANTER TWICE to BFLY ; ;

13-14 [CP WALL – BOX] Fwd L , Sd R , CI L ; Bk R , Sd L , CI R ;

15-16 [CP WALL – CANTER TWICE] Sd L , Draw R to L , CI R ; Sd L , Draw R to L , CI R Blend to BFLY WALL ;

1-3 TWRL VIN 3 ; THRU FC CL ; APT PT ;

- 1-2 [BFLY WALL – TWRL VIN 3 & THRU FC CL] Sd L , XRIB , Sd L (W Undr joined Id hnds Sd & Fwd R trng RF , Sd & Bk L cont trn , Sd R end fcg ptr) ; Thru R , Sd L to fc ptr , Cl R ;
- 3 [BFLY WALL – APT PT] Apt L , Pt R twd ptr , - ;

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X YOUR HEART
QUICK CUES

**Intro: OP-FCG WALL wt 2 meas ; ;
APT PT ; TOG to BFLY TCH ;**

**Pt A: STP SWING ; SPN MANUV ; 2 R TRNS to WALL ; ;
L TRNG BOX to BFLY ; ; ; ;
WZ AWY ; X WRP to FC RLOD ; BKUP WZ ; ROLL W ACRS to LOP ;
THRU TWKL TWICE ; ; TWRL VIN 3 ; PKUP SD CL ;**

**Pt B: DIAM TRN ; ; ; ;
1 L TRN to FC RLOD ; BKUP WZ ; 2 R TRNS to BFLY WALL ; ;
BAL L & R ; ; WZ AWY & TOG to CP ; ;
BOX ; ; CANTER TWICE to BFLY ; ;**

**Pt A: STP SWING ; SPN MANUV ; 2 R TRNS to WALL ; ;
L TRNG BOX to BFLY ; ; ; ;
WZ AWY ; X WRP to FC RLOD ; BKUP WZ ; ROLL W ACRS to LOP ;
THRU TWKL TWICE ; ; TWRL VIN 3 ; PKUP SD CL ;**

**Pt B: DIAM TRN ; ; ; ;
1 L TRN to FC RLOD ; BKUP WZ ; 2 R TRNS to BFLY WALL ; ;
BAL L & R ; ; WZ AWY & TOG ; ;**

End: TWRL VIN 3 ; THRU FC CL ; APT PT ;