

Y AMOR

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(And Love)

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Music: "Y..." by Eydie Gorme 2:51 download Amazon.com
RHYTHM: RUMBA RAL Ph 4 + 2 [open hip twist, spiral]
FOOTWORK: Opposite unless indicated SPEED: as on download adjust for comfort
SEQUENCE: INTRO A B A(MOD) C B A(1-9) END RELEASED: 9/14

INTRO

1-4 WAIT;; HIP RKS TWICE;;;
1-2 Fcg ptr WALL both with lead ft free wait;;
3-4 [HIP RKS TWICE] rk sd L, rk sd R, rk sd L,-; rk sd R, rk sd L, rk sd R,-;

PART A

1-4 OP HIP TWST TO FAN;; 2 SLOW HIP RKS; START ALEMANA;
1-2 [OPEN HIP TWIST TO FAN] jn lead hnds fwd L, rec R, cl L to R,-(W bk R, rec L, fwd R twd ptr swiveling 1/4 RF on R,-); bk R, rec L, sd R,- (W fwd L, fwd R trng 1/2 LF, sd & bk L,-);
3 [2 SLOW HIP RKS] in fan position rk sd L,-, rec R,-(W rk fwd R,-, rec L,-);
4 [START ALEMANA] fwd L, rec R, sd & bk L,-(W cl R to L, fwd L, fwd R,-);
5-8 THRU TO AIDA; SWITCH CROSS; CRAB WLK; SPOT TRN;
5 [THRU TO AIDA] fcg ptr WALL lead W to swivel RF thru R, sd L to fc ptr, bk R trng RF to "V" bk to bk position,-(W swiveling RF to fc ptr thru L, sd R, bk L trng LF to "V" bk to bk pos,-);
6 [SWITCH CROSS] trng LF rk sd L to fc ptr, rec R, XLIF of R,-(trng RF rk sd R to fc ptr, rec L, XRIF of L,-) blend to BFLY;
7 [CRAB WLK] in BFLY moving to RLOD sd R, XLIF of R, sd R,-;
8 [SPOT TRN] fwd L twd RLOD trn 1/2 RF, rec R trng 1/4 RF, sd L,-(W fwd R twd RLOD trn 1/2 LF, rec L trng 1/4 LF, sd R,-) end fcg ptr WALL BFLY;
9-12 SD WLK 3 RLOD; BRK BK TO OP BOTH SPIRAL; ROLL 3 BK/BK; HIP RK 3 TO FC;
9 [SD WLK 3 RLOD] sd R, cl L, sd R,-;
10 [BRK BK TO OP BOTH SPIRAL] XLIF of R trng 1/4 LF to fc LOD, rec R, fwd L spiraling RF on L to fc LOD,-(W XRIB of L trng 1/4 RF to fc LOD, rec L, fwd R spiraling LF on R to fc LOD,-);
11 [ROLL 3 BK/BK] cont RF trn fwd R, cont trn fwd L, cont trn to face COH sd R,-(W cont LF trn fwd L, cont trn fwd R, cont trn to fc WALL sd L,-);
12 [HIP RK 3 TO FC] bk to bk with partner rk sd L, rk sd R, rk sd L swiveling LF on L to fc ptr WALL,-(W rk sd R, rk sd L, rk sd R swiveling RF on R to fc ptr,-);

- 13-17 CRAB WLKS;;NYR; NYR IN 4;;
13-14 [CRAB WLKS] Blending to BFLY XRIF of L, sd L, XRIF of L,-; Sd L, XRIF of L, sd L,-;
15 [NYR] to LOD lunge thru R with straight leg, rec L, sd R,-;
16 [NYR in 4]to RLOD lunge thru L with straight leg, rec R, sd L, in plc R;

PART B

- 18-21 FLIRT TO THE FAN;; ALEMANA;;
20-21 [FLIRT TO THE FAN] shake hnds fwd L, rec R, sd L,-(W bk R, fwd L, fwd R trng LF to fc WALL in varsouv ,-); bk R, rec L, sd R,-(W bk L, rec R moving in frnt of M twd LOD, sd & bk L to fan position jn lead hnds,-);
22-23 [ALEMANA] fwd L, rec R, cl L leading W to trn RF,-(cl R to L, fwd L, fwd R comm RF trn,-); bk R, rec L, sd R,-(W cont RF trn undr jnd lead hnds fwd L, cont RF trn fwd R, sd L,-);
FWD BASIC TO CHEST PUSH; HKY STK ENDG; SPOT & TIME; TIME & SPOT;
24 [FWD BASIC TO CHEST PUSH] lead hnds jnd fwd L, rec R, bk L,- (W bk R, rec L, fwd R placing R hnd on M's chest,-);
25 [HKY STK ENDG] bk R, rec L, fwd R,-(W pushing off M's chest comm LF trn fwd L, fwd R trng 1/2 LF, bk L,-) end fcg ptr WALL;
26 [SPOT & TIME] REPEAT MEAS 8 PART A (W XRIB of L keeping bdy parallel to ptr no hnds jnd, rec L, sd R,-);
[TIME & SPOT] XRIB of L keeping bdy parallel to ptr no hnds jnd, rec L, sd R,-(W fwd L twd LOD trn 1/2 RF, rec R trng 1/4 RF, sd L,-);

PART A (MOD)

- 1-12 OP HIP TWIST TO FAN;; HIP RK 2 SLOWS; START ALEMANA; THRU TO AIDA; SWITCH CROSS; CRAB WLK; FENCE LINE(LADY IN 2);
REPEAT MEAS 1-7 PART A;;;;;;
[FENCE LINE (LADY IN 2)] XLIF of R with bent knee, recRL, sd L,-(W XRIF of L with bent knee, rec L, pnt R,-) end fcg ptr WALL both with R ft free;

PART C

- 1-8 CIRCULAR SERPIENTE;; RIGHT FOOT FENCE LINE; CIRCULAR SERPIENTE;;
1-2 [CIRCULAR SERPIENTE] In BFLY WALL both with R ft free circle CW thru R, sd L, XRIB of L, fan L CCW; circling CCW XLIB of R, sd R, XLIF of R, fan R CCW (W same foot work as M);
3 [RIGHT FOOT FENCE LINE] In BFLY lunge thru R w/bent knee, rec L, sd R,- (W same footwork as M);
4-5 [CIRCULAR SERPIENTE] circling CCW thru L, sd R, XLIB of R, fan R CW; circling CW XRIB of L, sd L, XRIF of L, fan L CW (W same footwork as M) end fcg ptr WALL;

OPPOSITE SPOT TRN M IN 2; ALTERNATIVE BASICS;;

- 6 [OPPOSITE SPOT TRN] releasing jnd hnds fwd L twd RLOD trn 1/2 RF, rec R trn 1/4 RF, pnt L sd,-(W fwd L twd LOD trn 1/2 RF, rec R trn1/4 RF, sd L) end fgc ptr wall with lead feet free;
- 7-8 [ALTERNATIVE BASICS] cl L to R, in plc R, sd L,-; cl R to L, in plc L, sd R,-;

REPEAT PART B

REPEAT PART A (1-9)

END

1-2 BRK BK TO OPEN BOTH SPIRAL & ROLL 3 BK TO BK;; TRN TO FACE & CARESS;

- 1 [BRK BK TO OPEN BOTH SPIRAL] REPEAT MEAS 10 PART A;
[ROLL 3 BK/BK] REPEAT MEAS 11 PART A;
[TRN TO FC & CARESS] step sd L trng 1/2 LF to fc ptr,-, caress W's L cheek,-(W step sd R trng 1/2 RF to fc ptr,-, caress M's L cheek,-;

QUICK CUES

INTRO: wait;; hip rks twice;;

PART A: op hip twist to fan;; hip rk 2 slow; start alemana;
Thru to aida; switch X; 1 crab wlk; spot trn;
Sd wlk 3 RLOD; brk bk to op both spiral & roll 3 bk to bk;; hip rk 3 to fc;
Crab wlks;; NYr; NYr in 4;

PART B shake hnds for flirt to the fan;;
Alemana;; fwd basic to chest push; hky stk endg;
Spot & time; time & spot;

PART A (MOD) : op hip twist to fan;; hip rk 2 slow; start alemana;
thru to aida; switch X; 1 crab wlk; fence line lady in 2;

PART C: circular serpiente;; fence line; circular serpiente;;
opposite spot trn M in 2; alternative basics;;

PART B: shake hnds flirt to the fan;; alemana;;
Fwd basic to chest push; hky stk endg;
Spot & time ; time & spot;

PART A(1-9): op hip twist to fan;; hip rk 2 slow; start alemana;
thru to aida; switch X; 1 crab wlk; spot trn;
sd wlk 3 RLOD;

END: brk bk to op both spiral & roll 3 bk/bk;;
trn to fc & caress;