

# YOU NO ONE BUT YOU

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Record: ABC 10983

"You, No One But You"

Website: www.charliebrowndancing.org

2:50 @ 45 RPM

Artist: Frankie Lane

Flip: Somewhere There's Someone

Footwork: Opposite Unless Noted

RAL Phase: IV (Soft)

Rhythm: Foxtrot

Sequence: Intro – A – B – A – B – End

Released: Aug 2013

## INTRODUCTION

### 1-6 OP-FCG DLW wt 2 meas ; ;

1-2 OP-FCG WALL wt ; ;

### APT PT ; PKUP TCH ; PROG BOX ; ;

3-4 [OP-FCG WALL – **APT PT & PKUP TCH**] Apt L , - , Pt R twd ptr , - ; Small Fwd R trng ¼ LF , - , Tch L to R Blend to CP LOD , - (W Fwd L trng ½ LF in front of M , - , Tch R to L Blend to CP , - ) ;

5-6 [CP LOD – **PROG BOX**] Fwd L , - , Sd R , CL L ; Fwd R , - , Sd L , CI R ;

## PART A

### 1-16 2 L TRNS to WALL ; ; HVR ; MANUV ;

1-2 [CP LOD – **2 L TRNS to WALL**] Fwd L start LF upper body trn , - , Sd & Bk R continue LF trn , CI L ; Bk R start LF upper body trn , - , Sd & Bk L continue LF trn , CI R ;

3-4 [CP WALL – **HVR & MANUV**] Fwd L , - , Fwd & Sd R rising , Sd & slightly fwd end in SCP ; Fwd R trng RF , - , Fwd & Sd L continue RF trn , CI R (Small Fwd L , - , Small Sd R , CI L) ;

### OVRSPN TRN to WALL ; ½ BOX BK ; QK VIN 4 ; WLK & PKUP ;

5-6 [CP RLOD – **OVRSPN TRN to WALL & ½ BOX BK**] Bk L start RF upper body trn pivot ¾ on L toe , - , Fwd & Rise R fin RF trn , Bk L (W Fwd L start RF upper body trn pivoting ¾ heel to toe , - , Bk & Rise R fin RF trn , Brush Fwd L) ; Bk R , - , Sd L , CI R ;

7-8 [CP WALL – **QK VIN 4 & WLK & PKUP**] Sd L , XRIB , Sd L , XRIF ; Fwd L , - , Small Fwd R , - (W Fwd R , - , Fwd L trng LF in front of M to end in CP LOD , - ) ;

### FWD & RUN 2 ; FWD & RUN 2 ; TELE to SCP ; HVR FALWY ;

9-10 [CP LOD – **FWD & RUN 2 & FWD & RUN 2**] Fwd L , - , Fwd R , Fwd L (W Bk R , - , Bk L , Bk R) ; Fwd R , - , Fwd L , Fwd R (W Bk L , - , Bk R , Bk L) ;

11-12 [CP LOD – **TELE to SCP & HVR FALWY**] Fwd L start LF upper body trn , - , Sd R continue LF trn , Sd & Fwd L end in tight SCP DLW (W Bk R start LF trn bring L next to R no weight chg , - , trn slightly LF on R heel & chg weight to L heel finishing ¾ LF trn , Sd & Fwd R end tight SCP DLW) ; Fwd R , Fwd & Rise R , Rec L (W Fwd L , - , Fwd & Rise R , Rec L) ;

### SLP PVT to BJO ; MANUV ; 1 R TRN to FC LOD ; FWD & RUN 2 ;

13-14 [SCP DLW – **SLP PVT to BJO & MANUV**] Bk L , - , Bk R start LF trn keeping L leg extended , Fwd L end in BJO DLW (W Bk R start LF trn pvt on ball of R ft thighs locked leg extended , - , Fwd L fin LF trn place L ft near M's R ft , Bk R) ; Fwd R trng RF , - , Sd L continue RF trn , CI R (Bk L trng RF , - , Sd R continue RF trn , CI L) ;

15-16 [6 FT APT FCG RLOD – **STRUT TOG 4 to SCP**] Bk L start trn RF , - , Sd R twd LOD continue RF trn , CI L ; Fwd R , - , Fwd L , Fwd R (W Bk L , - , Bk R , Bk L) ;

## PART B

### 1-16 L TRNG BOX ; ; ; ;

1-4 [CP LOD – **L TRNG BOX**] Fwd L start LF upper body trn , - , Fwd & Sd R completing ¼ LF trn , CL L ; Bk R start LF upper body trn , - , Bk & Sd L completing ¼ LF trn , CI R ; Fwd L start LF upper body trn , - , Fwd & Sd R completing ¼ LF trn , CL L ; Bk R start LF upper body trn , - , Bk & Sd L completing ¼ LF trn , CI R ;

### FWD & RUN 2 ; MANUV ; SPN TRN ; BOX FIN ;

5-6 [CP LOD – **FWD & RUN 2 & MANUV**] Fwd L , - , Fwd R , Fwd L ; Fwd R trng RF , - , Sd L continue RF trn , CI R (Bk L trng RF , - , Sd R continue RF trn , CI L) ;

7-8 [CP RLOD – **SPN TRN & BOX FIN**] Bk L start RF upper body trn pivot ½ on L toe , - , Fwd & Rise R fin RF trn , Bk L (W Fwd L start RF upper body trn pivoting ½ heel to toe , - , Bk & Rise R fin RF trn , Brush Fwd L) ; Bk R trng LF , - , Sd L , CI R End CP DLC ;

### DIAM TRN ¾ ; ; ; ½ BOX BK to SCAR ;

9-11 [CP LOD – **DIAM TRN ¾**] Fwd L twd DLC , - , Fwd & Sd R , Bk L twd DLW ; Bk R , - , Bk & Sd L , Fwd R twd DLW ; Fwd L twd DRW , - , Fwd & Sd R , Bk L twd DRC ;

12 [BJO DLW – **DIAM TRN ¾**] Bk R , - , Bk & Sd L , CI R Blend to SCAR DLW ;

**1 PROG TWKL to BJO ; TWKL to CP WALL ; HVR ; CHR & SLP ;**

- 13-14 [SCAR DLW – **1 PROG TWKL to BJO & TWKL to CP WALL**] Fwd L outsd ptr , - , Fwd & Sd R trng slightly LF ,  
CI L to BJO LOD ; Fwd R outsd ptr , Fwd & Sd L trng RF , CI R Blend to CP WALL ;
- 15-16 [CP WALL – **HVR & CHR & SLP**] Fwd L , - , Fwd & Sd R rising , Sd & slightly fwd end in SCP ; Thru R slightly  
bending knee , - , Rec L w/slight LF upper body trn , Slip R bhd L fin 1/8 LF trn end CP DLC (W Thru L slightly  
bending knee , - , Rec R no rise & swvl LF thighs locked , Fwd L ) ;

**ENDING****1-4 PROG BOX ; ; WLK & FC to CP WALL ; SD LUN & TWST ;**

- 1-2 [CP LOD – **PROG BOX**] Fwd L , - , Sd R , CL L ; Fwd R , - , Sd L , CI R ;
- 3-4 [CP LOD – **WLK & FC to CP WALL & SD LUN & TWST**] Fwd L , - , Fwd R trng RF (W LF) to fc ptr , Blend to CP  
WALL ; Sd L relax knee slightly , - , twst slight to look RLOD , - ;

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### QUICK CUES

**Intro: OP-FCG DLW wt 2 meas ; ;**

**APT PT ; PKUP TCH ; PROG BOX ; ;**

**Pt A: 2 L TRNS to WALL ; ; HVR ; MANUV ;**

**OVRSPN TRN to WALL ; ½ BOX BK ; QK VIN 4 ; WLK & PKUP ;**

**FWD & RUN 2 ; FWD & RUN 2 ; TELE to SCP ; HVR FALWY ;**

**SLP PVT to BJO ; MANUV ; 1 R TRN to FC LOD ; FWD & RUN 2 ;**

**Pt B: L TRNG BOX ; ; ; ;**

**FWD & RUN 2 ; MANUV ; SPN TRN ; BOX FIN ;**

**DIAM TRN ¾ ; ; ; ½ BOX BK to SCAR ;**

**1 PROG TWKL to BJO ; TWKL to CP WALL ; HVR ; CHR & SLP ;**

**Pt A: 2 L TRNS to WALL ; ; HVR ; MANUV ;**

**OVRSPN TRN to WALL ; ½ BOX BK ; QK VIN 4 ; WLK & PKUP ;**

**FWD & RUN 2 ; FWD & RUN 2 ; TELE to SCP ; HVR FALWY ;**

**SLP PVT to BJO ; MANUV ; 1 R TRN to FC LOD ; FWD & RUN 2 ;**

**Pt B: L TRNG BOX ; ; ; ;**

**FWD & RUN 2 ; MANUV ; SPN TRN ; BOX FIN ;**

**DIAM TRN ¾ ; ; ; ½ BOX BK to SCAR ;**

**1 PROG TWKL to BJO ; TWKL to CP WALL ; HVR ; CHR & S**

**End: PROG BOX ; ; WLK & FC to CP WALL ; SD LUN & TWST ;**