

YOUR RUMBA HEART

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Music: Cuando Calienta El Sol by Paul Latin
From the CD album Guitarra Latin
Available from iTunes Music Downloads

Rhythm/Phase: Rumba Phase IV + 1 (Cuddle)

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Introduction A B Bridge C Ending

..... INTRODUCTION (12 Measures)

BFLY WALL LEAD FEET FREE WAIT 2 MEAS;; FENCE LINE REV; UNDERARM TURN CP
WALL; CUDDLE TWICE;; BRK BK TO OP FC LOD; PROGRESSIVE WALK 6;; FWD FC CL
BFLY; SIDE WALKS;;

[1 & 2] In bfly pos fcng partner and wall with lead feet free wait 2 measures;; [3] Toward RLOD cross lunge thru L with bent knee look direction of lunge, rec R turning to fc partner, step sd L, -; [4] Raising joined lead hands turn body slightly rf bk R, rec L squaring body to fc partner, sd R blnd clsd pos wall, -; (W swiveling 1/4 rf on ball of supporting foot step fwd L turning 1/2 rf, rec R turning 1/4 rf to fc partner, sd L clsd pos, -;) [5 & 6] Sd L with inside edge pressure lowering lead hands and releasing tension in right arm as well as turning upper body lf to lead W's opening, rec R with tension in right arm to lead W's return to fc and straighten body, cl L to cuddle pos, -; Push sd R, rec L, cl R, -; (W turn rf on left rk bk R in M's right arm to fc LOD, rec L to fc partner, sd R to momentary cuddle pos, -; W turn lf on right rk bk L in M's left arm to fc RLOD, rec R to fc partner, sd L, -;) [7] Swiveling sharply on right foot step bk L to opn pos fc LOD, rec R, fwd L, -; [8 & 9] Fwd R, fwd L, fwd R, -; Fwd L, fwd R, fwd L, -; [10] Fwd R, fwd L turning body rf to fc partner & wall, cl R blnd bfly pos, -; [11 & 12] Sd L, cl R, sd L, -; Cl R, sd L, cl R, -;

..... PART A (16 Measures)

ALEMANA;; LARIAT 6 BFLY;; TO RLOD, CRAB WALKS;; NEW YKR REV; SPOT TURN LOD
BFLY; CHASE W/ PEEK-A-BOO BLND BFLY;;; SHLDR TO SHLDR TWICE;; TIME STEPS
BLND BFLY;;

[1 & 2] Fwd L, rec R, cl L lead W to turn rf, -; Bk R, rec L, sd R, -; (W bk R, rec L, sd R commence rf swivel, -; Continue rf turn under joined lead hands fwd L, continue rf turn fwd R, sd L, -;) [3 & 4] Step in place L, R, L, -; R, L, R, -; (W circle M clockwise with joined lead hands fwd R, fwd L, fwd R, -; Fwd L, fwd R, fwd L end bfly pos, -;) [5 & 6] Toward RLOD XLIF of right, sd R, XLIF of right, -; Sd R, XLIF of right, sd R, -; [7] Swiveling rf on weighted foot bring L thru with straight leg to a side by side pos, rec R swiveling to fc partner, sd L, -; [8] Swiveling 1/4 lf on ball of weighted foot step fwd R toward LOD turning 1/2 lf, rec L turning 1/4 to fc partner, sd R blnd bfly pos, -; [9 - 12] Fwd L turn 1/2 rf to tandem M in front, rec fwd R, fwd L, -; Sd R look over left shldr, rec L, cl R, -; Sd L look over right shldr, rec R, cl L, -; Fwd R turn 1/2 lf, rec fwd L, fwd R, -; (W bk R, rec fwd L, fwd R, -; Sd L, rec R, cl L, -; Sd R, rec L, cl R, -; Fwd L, rec bk R, bk L, -;) [13 & 14] Fwd L to bfly sdcar pos, rec R to fc, sd L, -; Fwd R to bfly bjo pos, rec L to fc, sd R, -; [15 & 16] XLIB, rec R, sd L, -; XRIB, rec L, sd R blnd bfly pos, -;

..... PART B (16 Measures)

1/2 BASIC; WHIP; MOD CHASE W/ UNDERARM PASS [W TRANS SHADOW WALL];;
SHADOW DOOR TWICE;; FWD & BK BASIC;; LARIAT 9 [W TRANS BFLY FC COH];;;
FENCE LINE LOD; FULL CHASE BFLY;;;

[1] Fwd L, rec R, sd L, -; [2] Bk R commence 1/4 lf turn, rec fwd L turning 1/4 lf to complete turn, sd R, -; (W fwd L outside M on his left side, fwd R commence 1/2 lf turn, sd L, -;) [3 & 4] Fwd L commence 1/2 rf turn keep lead hands joined, rec fwd R, fwd L, -; Bk R raise joined lead hands, rec L, sd R, -; (W bk R keep lead hands joined, rec fwd L, fwd R toward M's left side, -; Under joined hands fwd L, -; fwd R to end in shadow pos fcng wall, -;) [5 & 6] Rk sd L, rec R, XLIF of right, -; Rk sd R, rec L, XRIF of left, -; [7 & 8] Fwd L, rec R, bk L, -; Bk R, rec L, fwd R, -; [9 - 11] Step in place L, R, L, -; R, L, R, -; L, R, L, -; (W with left hands joined circles M counter-clockwise fwd L, fwd R, fwd L, -; Fwd R, fwd L, fwd R, -; Fwd L, -; sd R to end fcng partner bfly pos, -;) [12] Toward LOD cross lunge thru R with bent knee look direction of lunge, rec L turning to fc partner, step sd R, -; [13 - 16] Fwd L commence 1/2 rf turn, rec fwd R, fwd L, -; Fwd R commence 1/2 lf turn, rec fwd L, fwd R, -; Fwd L, rec R, bk L, -; Bk R, rec L, fwd R, -; (W bk R with no turn, rec L, fwd R, -; Fwd L commence

YOUR RUMBA HEART

Page 2 of 2

1/2 rf turn, rec fwd R, fwd L, -; Fwd R commence 1/2 lf turn, rec fwd L, fwd R, -; Fwd L with no turn, rec bk R, bk L, -;

..... BRIDGE (4 Measures)

1/2 BASIC; UNDERARM TURN; HAND TO HAND TWICE;;

[1] Fwd L, rec R, sd L, -; [2] Raising joined lead hands turn body slightly rf bk R, rec L squaring body to fc partner, sd R, -; (W swiveling 1/4 rf on ball of supporting foot step fwd L turning 1/2 rf, rec R turning 1/4 rf to fc partner, sd L, -;) [3 & 4] Swiveling sharply 1/4 on weighted foot step bk L to OP, rec R turning 1/4 rf to fc partner, sd L, -; Swivel sharply 1/4 on weighted foot step bk R to LOP, rec L turning 1/4 lf to fc partner, sd R, -;

..... PART C (16 Measures)

1/2 BASIC; AIDA LOD; SWITCH ROCK FALL LOD; SPOT TURN CP WALL; CROSS BODY COH;; LATIN WHISK; THRU FC CL; CROSS BODY WALL;; LATIN WHISK; THRU FC CL; LEFT TURNING [RUMBA] BOX BLND BFLY;;;

[1] Fwd L, rec R, sd L, -; [2] Fwd R turning rf, sd L continue rf turn, bk R to end in a "V" back to back pos fcng RLOD, -; [3] Turning lf to fc partner sd L checking bringing joined hands thru, rec R, sd L, -; [4] Swiveling 1/4 on ball of supporting foot step fwd R toward LOD turning 1/2, rec L turning 1/4 to fc partner, sd R blnd clsd pos wall, -; [5 & 6] Fwd L, rec R, sd L turn lf foot turned about 1/4 turn body turned 1/8 turn, -; Bk R continue lf turn, small fwd L, sd & fwd R to end fcng COH, -; (W bk R, rec L, fwd R toward M staying on right side ending in an L-shaped pos, -; Fwd L commence lf turn, fwd R turning 1/2 lf end with right foot back, sd & bk L, -;) [7] XLIB of right, rec R, sd L, -; [8] Toward RLOD thru R, sd & fwd L turning body to fc partner, cl R, -; [9 & 10] Same as measures 5 & 6 of Part C but end fcng wall;; [11] Same as measure 7 of Part C; [12] Toward LOD thru R, sd & fwd L turning body to fc partner, cl R, -; [13 - 16] Sd L, cl R, fwd L turn 1/4 lf, -; Sd R, cl L, bk R turn 1/4 lf, -; Sd L, cl R, fwd L turn 1/4 lf, -; Sd R, cl L, bk R turn 1/4 lf, -;

..... ENDING (14 Measures)

TWIRL VINE 3; THRU FC CL BFLY; 2 SD CLOSES; FENCE LINE REV; UNDERARM TURN CP WALL; CUDDLE TWICE;; BRK BK TO OP FC LOD; PROGRESSIVE WALK 6;; FWD FC CL BFLY; SIDE WALKS;; STEP APART & POINT;

[1] Sd L, XRIB, sd L, -; (W sd & fwd R turning 1/2 rf under joined hands, sd & bk L turning 1/2 rf, sd R, -;) [2] Toward LOD thru R, sd & fwd L turning body to fc partner, cl R, -; [3] Sd L, cl R, sd L, cl R; [4 - 13] Same as measures 3 - 12 of Introduction;;;; ;;; ;;; [14] Step apart L, -, point R toward partner, -;