

Yesterday

Dance by: YASUYO WATANABE, 24 NAKASEKO-CHO, TOYOHASHI 440-0815, JAPAN

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Music: Yesterday - Antonio Koudele - rb (Songs From The Beatles For Dancing CD 14142) by Cusa Musia

Available from Casa Mucia (www.casa-musica.de)

TIME: 2:07 **Speed:** 100 % **Footwork:** Opposite, directions for M.

Rhythm: RB **Phase:** III (easy) This was choreographed for use in a beginner class, and only uses 11 figures.

Seq.: INTRO-A-B-C-A-C-B-END

INTRO

1-4 Wait 2 Meas;; CUCA twice;;

1-4 in BFY WALL wait 2 meas;; sd L, rec R, cl L,-; sd R, rec L, cl R,-;

PART A

1-4 BAS;; FNC LIN twice;;

1-4 in BFY WALL fwd L, rec R, sd L,-; bk R, rec L, sd R,-; x lunge thru L bent knee, rec R, sd L,-; x lunge thru R bent knee, rec L, sd R,-;

5-7 SHLDR TO SHLDR twice;; 2 SD CL'S;

5-7 rk fwd L (W rk bk R) to BFY SCAR, rec R to fc, sd l,-; rk fwd R (W rk bk L) to BFY BJO, rec L to fc, sd R,-; sd L, cl R, sd L, cl R;

PART B

1-4 BAS;; SPT TRN twice;;

1-4 in BFY WALL repeat meas 1-2 of PART A;; XLIF trng 1/2 RF (W 1/2 LF), rec R cont trng 1/2 RF (W 1/2 LF) to fc, sd L,-; XRIF trng 1/2 LF (W 1/2 RF), rec L, cont trng 1/2 LF (W 1/2 RF) to fc, sd R,- to BFY WALL;

5-7 HND TO HND twice;; 2 SD CL'S;

5-7 swl on R bk L to OP LOD, rec R to fc, sd L,-; swl on L bk R to LOP LOD, rec L to fc, sd R,- to BFY WALL;; sd L, cl R, sd L, cl R;

PART C

1-4 OP BRK; CRAB WKS;; NY;

1-4 in BFY WALL rk apt L, rec R, sd L,-; XRIF, sd L, XRIF,-; sd L, XRIF, sd L,-; swl on L thru R to OP LOD, rec L to fc, sd R;

5-8 NY to OP; PROG WK 3; CIRC AWY & TOG;;

5-8 swl on R thru L to LOP LOD, rec R, sd L,- to OP LOD; fwd R, fwd L, fwd R,-; circ awy CCW fwd L, fwd R,-; circ tog fwd R, fwd L, fwd R,- to BFY WALL;

END

1-3 CUCA twice;; APT PT;

1-3 in BFY WALL repeat meas 3-4 of INTRO;; apt L,-, pt R,-;