

YOU ARE ALWAYS IN MY HEART

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FOOTWORK: Opposite

TIMING: QQS.

SEQUENCE: INTRO, A, B, INTERLUDE, A, B, ENDING.

PHASE: III + 2 [Fan, Alemana] RUMBA. Dtd: 2/15/09

INTRO

1-5 WAIT 1 OPEN FCG LOD; PROGRESSIVE WALK 6;;
CIRCLE AWAY & TOG TO BFLY WALL;;

- 1 Op both fcg LOD std footwork trailing hnds joined wait 1 meas;
- 2-3 Fwd L, R, L,-; Fwd R, L, R,-;
- 4-5 Circle away LF(W RF) L,R, L to COH,-; Circle tog R,L, R twds WALL
Blend to BFLY,-;

PART A

1-4 FENCELINE REV REC POINT; FENCELINE REV REC CL;
SPOT TURN LOD; SPOT TURN RLOD;

- 1 Stp thru L(W R) twds RLOD in BFLY, rec R both looking LOD,
Point L twds LOD in BFLY,-;
- 2 In BFLY stp thru L(W R) twds RLOD, rec R sd L,-;
- 3 XRif of L twds LOD turn LF, rec L cont turn to fc ptr, sd R(W xLif),-;
- 4 XLif of R twds RLOD turn RF, rec R cont turn to fc ptr, sd L(WxRif)
Blend to BFLY,-;

5-8 FENCELINE LOD REC POINT; FENCELINE LOD REC CL;
SPOT TURN RLOD; SPOT TURN LOD TO LOOSE CP;

- 5 Thru R(W L) twds LOD in BFLY, rec L both cont looking RLOD, point
R(W L) twds RLOD in BFLY,-;
- 6 In BFLY stp thru R(W L) twds LOD, rec L, sd R,-;
- 7 XLif of R twds RLOD turn RF, rec R cont turn to fc ptr, sd L(WxRif),-;
- 8 XRif of L twds LOD turn LF, rec L cont turn to fc ptr, sd R(WxLif)
Blend to loose CP,-;

9-12 FULL BASIC;; HALF BASIC; FAN;

- 9-10 Rk fwd L, rec R, sd & bk L,-; Rk bk R, rec L, sd & fwd R,-;
- 11 Rk fwd L, rec R, sd & bk L,-;
- 12 Lower lead hnds rk bk R, rec L, sd & fwd R(W fwd L into M, rec bk R
Turning LF to fc RLOD, bk L),-;

13-16 ALEMANA;; REV UNDERARM TURN; UNDERARM TURN TO BFLY;

- 13-14 Fwd L, rec R, cl L to R(Wcl R, fwd L fwd R to fc M),-; Bk R, rec L,
Sd R(W fwd L xif of R turn RF, fwd R cont turn, sd L to fc M),-;
- 15 Raise lead hnds lead W to turn LF under hnds chk fwd L twds DRW,
Rec R, sd L LOD(WxRif of L turn LF, sd & fwd L cont turn to fc M,
Sd R),-;
- 16 Raise lead hnds & lead W to turn RF under lead hnds chk bk R, rec L,
Sd R RLOD(WxLif of R turn RF, rec R cont turn to fc M, sd L) blend
To BFLY WALL,-;

PART B

- 1-4 **SHOULDER TO SHOULDER SCAR & BJO;; HND TO HND BFLY; START CRAB WALKS;**
- 1-2 In BFLY xLif of R twds DRW in SCAR, rec R to fc ptr, sd L,-; XRif of L to fc DW in BJO, rec L to fc ptr, sd R,-;
- 3 Rel lead hnds & turn LF(W RF) rk bk L to OP, rec R to fc ptr, sd L & Join Lead hnds,-;
- 4 In BFLY both looking LOD thru R, sd L, thru R,-;
- 5-8 **FINISH CRAB WALKS; SPOT TURN; NEW YORKER; WHIP TO BFLY COH;**
- 5 Sd L, thru R, sd L,-;
- 6 Repeat meas 3 in PART A;
- 7 Join lead hnds xLif of R turn RF, rec R to fc ptr, sd L join trailing hnds,-;
- 8 Bk R COH comm. LF turn, rec L cont turn to fc COH in BFLY, sd R LOD (W fwd L stp across M's LEFT sd comm. LF turn, fwd & sd R cont turn to Fc ptr & WALL, sd L LOD),-;
- 9-12 **CRAB WALKS;; NEW YORKER; WHIP TO BFLY WALL;**
- 9-10 BFLY LOD thru L xif of R, sd R, thru L,-; Sd R, thru L xif of R, sd R,-;
- 11 Release trailing hnds xLif of R turn RF, rec R to fc ptr, sd L blend to BFLY,-;
- 12 Bk R WALL comm. LF turn, rec L cont turn to fc WALL in BFLY, sd R RLOD(W fwd L stp across M's L sd comm. LF turn, fwd & sd R cont turn To fc ptr & COH, sd L RLOD),-;
- 13-16 **PEEK-A-BOO CHASE;;;;**
- 13-14 Release hndholds stp fwd L turn ½ RF, rec R cont turn to fc COH, fwd L (W bk R, rec L, fwd R),-; Sd R look @ ptr over L shoulder, rec L, cl R to L (W sd L, rec R, cl L to R),-;
- 15-16 Sd L look @ ptr over R shoulder, rec R, cl L to R(W sd R, rec L, cl R to L),-; Fwd R turn ½ LF, rec L, fwd R(W fwd L, rec R, bk L) end fcg WALL[no hnds],-;
- INTERLUDE**
- 1-2 **CUCARACHAS LEFT & RIGHT TO BFLY;;**
- 1-2 Push sd L move lead hnds in clockwise circle(W counter clockwise), rec R, cl L To R,-; Push sd R move hnds in counter clockwise circle(W clockwise), rec L cl R to L blend to BFLY,-;
- ENDING**
- 1-4 **ALEMANA;; FENCELINE RLOD; FENCELINE LOD & HOLD;**
- 1-2 Join lead hnds & repeat meas 13-14 in PART A;;
- 3 Repeat meas 2 in PART A;
- 4 In BFLY stp thru R twds LOD(W thru L LOD) HOLD, HOLD,-;

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