

You Are My Home

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Music: "You Are My Home" by Vanessa L. Williams & Chayanne

CD: "Dance With Me – Music From The Motion Picture" available as single download from Amazon.com, Emusic.com or iTunes

Release Date: November 2013

Rhythm: Rumba

Phase: V + 0 + 2 unphased [Opposition Breaks / Trade Places]

Original Length of Music: 5:09 cut to 3:42

Music Modifications: In this order: 1) Cut music at 3:42. 2) Fade out from 3:33 to 3:42. 3) Speed tempo +11%.

Sequence: Intro AB Int AB Int End ***Note: Optional directional head cues in []

Footwork: Opposite for Woman unless otherwise noted

INTRO (6 Measures)

1-4 **BOTH FCING WALL TANDEM LADY IN FRONT / NO HNDS JOINED / LEAD FEET FREE / WAIT; WAIT; CUCARACHA CROSS 2X::**

1-2 {Wait; Wait} Hold intro position above for 2 measures;;

3-4 {Cucaracha Cross 2X} Leaving left hand on ptr's waist sd L with partial weight extending right arm to the sd (Lady extending both arms to the sd), rec R bringing right arm bk and placing on ptr's waist (Lady brings both arms bk to ctr), XLIF, -; Leaving right hand on ptr's waist sd R with partial weight extending left arm to the sd (Lady extending both arms to the sd), rec L bringing left arm bk and placing on ptr's waist (Lady bringing both arms bk to ctr), XRIF, -;

5-6 **MAN CUCARACHA ~ LADY TRN TO FC – NO HANDS; CUCARACHA ~ JOIN LEAD HNDS:**

5 {Man Cucaracha ~ Lady Trn to Fc} Sd L with partial weight, rec R, clo L – no hands joined, -; (Lady fwd R trning ½ LF to fc ptr, rec fwd L, clo R, -;)

6 {Cucaracha ~ Join Lead Hnds} Sd R with partial weight, rec L, clo R joining lead hnds, -;

PART A (12 Measures)

1-4 **OPEN HIP TWIST; FAN; START A STOP & GO HOCKEY STICK ~ CKING; TO A CROSS BODY ENDING:**

1 {Open Hip Twist} Ck fwd L, rec R, clo L to R, -; (Bk R, rec L, fwd R twd man with tension in right arm which causes Lady to swivel ¼ RF on R on count of "&")

2 {Fan} Bk R, rec L, sd R, -; (Fwd L, trning LF fwd & sd R making ½ LF trn, bk L leaving R ft extended fwd with no weight, -;)

3 {Start a Stop & Go Hockey Stick ~ Checking} Ck fwd L, rec R raising left arm to lead Lady to a LF underarm trn, close L to R checking movement, -; (Close R, fwd L, fwd R trning ½ LF under joined lead hands and extending left arm straight up to end at man's right side checking movement, -;)

4 {Cross Body Ending Fc COH} Place right hand on Lady's left shldr blade bk R commencing LF trn to fc LOD, continuing the LF trn small fwd L to fc COH, sd and slightly fwd R, -; (Leaving left arm extended up fwd L commencing LF trn, fwd & sd R continuing LF trn to fc ptr bringing left arm to CP, sd & slightly bk L, -;)

5-8 **BREAK TO ½ OP RLOD; MAN ROLL ACROSS; LADY ROLL ACROSS; TO THE FAN – MAN FC COH:**

5 {Break to ½ OP RLOD} Swiveling sharply on the right foot step bk L to ½ OP fcng RLOD, rec fwd R, fwd L, -;

6 {Man Roll Across to ½ OP RLOD} Fwd R twd DRC starting RF trn across Lady, sd L completing RF trn, fwd R to end Left ½ OP fcng RLOD, -; (Small fwd L, fwd R, fwd L, -;)

7 {Lady Roll Across to ½ OP RLOD} Small fwd L leading Lady to move across in front of Man, fwd R, fwd L to end ½ OP RLOD, -; (Fwd R twd DRC starting RF trn across Man, sd L completing trn, fwd R, -;)

8 {To the Fan – Man fc COH} Thru R twd RLOD to fc COH, clo L, sd R, -; (Thru L trning LF to fc ptr, sd R completing LF trn to fc LOD, bk L leaving R ft extended fwd with no weight, -;)

9-12 **ALEMANA -- TO HIS RT SHOULDER:: LARIAT 1/2 IN 3 -- MAN TRN TO FC WALL; CUCARACHA TO A HAND SHAKE:**

9-10 {Alemana to His Rt Shoulder} Fwd L, rec R, clo L raising lead hands and leading Lady to trn RF, -; Bk R, rec L, clo R leading Lady to his right sd, -; (Clo R to L, fwd L, fwd R commencing a RF swivel, -; Continue RF trn under joined lead hnds fwd L, continue RF trn fwd R, sd & fwd L toward Man's right shoulder, -;)

11 {Lariat ½ in 3 – Man Trn to Fc Wall} Bk L, rec R, fwd L trning sharply ½ trn to fc Wall, -; (Circle Man clockwise with joined lead hands stepping fwd R, fwd L, fwd R trning RF to fc ptr in Bfly, -;)

12 {Cucaracha to a Hand Shake} Sd R with partial weight, rec L, clo R changing to a right hand shake, -;

PART B (15 Measures)

- 1-3** **OP BREAK: UNDERARM TRN – LADY SPIRAL TO VARSOUVIENNE: OPPOSITION BREAKS IN 4 – LADY TRNS RIGHT TO FC – STACKED HNDS:**
- 1 {Op Break} Rk apart strongly on L to LOP Fcing while extending right arm either up with palm out or to the side with palm down, rec R bringing right arm bk to ctr, sd L, -;
- 2 {Underarm Trn – Lady Spiral to Varsouviennne} Raising joined right hands trn body slightly RF bk R, rec L squaring body to fc Wall in Varsouviennne, clo R, -; (Swiveling ¼ RF on ball of right foot fwd L trning ½ RF, rec fwd R, sd to fc ptr spiraling ¾ RF to Varsouviennne fcing Wall, -;)
- 3 {Opposition Breaks in 4 – Lady Trn Right to Fc – Stacked Hnds} Leaving all hands joined ck fwd L, rec R, clo L, raising both arms and leading Lady to trn RF step in place R leaving hands stacked left over right after Lady trns to fc; (Ck bk R, rec L, fwd R, fwd L trning RF to fc ptr;)
- 4-6** **CROSS HAND TRADE PLACES 2X TO A HAND SHAKE;; OP BREAK – LADY OVERTRN TO SHADOW – NO HNDS:**
- 4-5 {Cross Hand Trade Places 2X to a Hand Shake} With joined stacked hands rk apt L, leaving both hands joined rec R, passing ptr on right sd fwd L trning RF to fc ptr & COH now with hands stacked right over left, -; (Rk apt R, leaving both hands joined rec L, fwd R trn LF to fc ptr & Wall, -;) With joined stacked hands rk apt R, leaving both hands joined rec L, passing ptr on left sd fwd R trning LF to fc ptr & Wall releasing left hands to a hand shake, -; (With joined stacked hands rk apt L, leaving both hands joined rec R, fwd L trning RF to fc ptr & COH now releasing the left hands to a right hand shake, -;)
- 6 {Op Break – Lady Overtrn to Varsouviennne – No Hands} While maintaining the right hand shake rk apt strongly on L to LOP Fcing while extending left arm to the side with palm down, rec R lowering bringing left arm bk to ctr and bringing right arm to his right sd to lead Lady to trn, sd L to Varsouviennne then drop right hand holds, -; (While maintaining the right hand shake rk apt strongly on R to LOP fcing while extending the left arm to the side palm down, bringing left arm bk to ctr rec on L commencing a LF trn, finishing the LF trn to fc the wall sd & bk R to Varsouviennne then drop right hand holds, -;)
- 7-8** **SWEETHEART; SWEETHEART TO HAND SHAKE – LADY SWIVEL TO FC:**
- 7 {Sweetheart} Ck fwd R with left sd lead into contra ck like action extending both arms sd & fwd behind the Lady, rec L straightening body and returning arms to the ctr, sd R, -; (Bk L with right sd lead into contra ck like action extending both arms sd & fwd in front of the Man, rec R straightening body and returning arms to the ctr, sd L, -;)
- 8 {Sweetheart to Hand Shake - Lady Swivel to Fc} Ck fwd L with right sd lead into contra ck like action extending both arms sd & fwd behind the Lady, rec R straightening body, taking her right hand sd L leading her to swivel to fc ptr, -; (Bk R with left sd lead into contra ck like action extending both arms sd & fwd in front of the Man, rec L straightening body, joining right hands with ptr commencing RF trn fwd R twd RLOD swiveling RF trn to fc ptr, -;)
- 9-12** **AIDA – CHG TO LEAD HANDS; SWITCH CROSS; SD WK ½ RLOD; SHLDR TO SHLDR:**
- 9 {Aida – Chg to Lead Hands} To LOD thru R trning RF changing to lead hands, sd L continuing RF trn, bk R to bk to bk “V,” -;
- 10 {Switch Cross} Trning LF to fc ptr sd L cking and bringing joined hands thru, rec R, XLIF trning LF to fc ptr in Bfly, -;
- 11 {Sd Wk ½} To RLOD sd R, clo L, sd R, -;
- 12 {Shldr to Shldr} Fwd L to Bfly Sdcr, rec R to fc, sd L, -;
- 13-15** **CK FWD – LADY DEVELOPE; BK SD CLO CP; SD WK ½ RLOD:**
- 13 {Ck Fwd – Lady Develope} Fwd R outside ptr checking, -, -, -; (Bk L, bring R foot up left leg to inside of left knee on counts 2 and 3,, extend R foot fwd;)
- 14 {Bk Sd Clo to CPW} Bk L to fc Wall, sd R, clo L to CPW, -; (Fwd R to fc ptr, sd L, clo R to CPW, -;)
- 15 {Sd Wk ½} To RLOD sd R, clo L, sd R, -;

INTERLUDE (4 Measures)

1-4 CUDDLE 1 TIME WITH LADY'S SPIRAL; TO A FCING FAN; FWD BASIC; HOCKEY STICK ENDING TO FC THE WALL;

- 1 **{Cuddle 1X with Lady's Spiral}** Sd L with inside edge pressure lowering the lead hands and releasing the tension in the right arm as well as trning the upper body RF to lead the Lady to ½ open, rec R with tension in the right arm to lead the Lady to return to fc and straightening body, joining lead hands clo L raising lead hands to lead the Lady to spiral leaving lead hands joined slightly fwd of woman's head , -; (Swivel ½ RF on L and with right sd stretch sd R to approximately ½ OP, rec L with left sd stretch starting LF trn, joining lead hands fwd and sd R, spiral LF to fc DLW -;)
- 2 **{Fcing Fan}** Small bk R [toe of R ft steps beside heel of L ft] bringing lead hands fwd and commencing bring hands down, continuing to bring lead hands down fwd L commencing ¼ LF trn to fc LOD, sd & fwd R to LOP fcing ptr – joined lead hands only, -; (Fwd L, fwd R turning ½ LF to fc RLOD, bk & sd L leaving R ft extended fwd with no weight, -;)
- 3 **{Fwd Basic}** Fwd L, rec R, bk L trning ¼ RF to fc Wall, -; (Rk bk R, rec L, fwd R, -;)
- 4 **{Hockey Stick Ending Fc the Wall}** Bk R, fwd L trning to fc the Wall, sd R, -; (Fwd L, fwd R trning a ¾ LF trn on ball of foot to fc ptr, sd L, -;)

REPEAT PART A (12 Measures)

REPEAT PART B (15 Measures)

INTERLUDE 2 (8 Measures)

1-4 CUDDLE 1 TIME WITH LADY'S SPIRAL; TO A FCING FAN; FWD BASIC; HOCKEY STICK ENDING – LADY UNDERTURN TO FC TANDEM WALL;

- 1 **{Cuddle 1X with Lady's Spiral}** Repeat Interlude 1 – Measure 1
- 2 **{Fcing Fan}** Repeat Interlude 1 – Measure 2
- 3 **{Fwd Basic}** Repeat Interlude 1 – Measure 3
- 4 **{Hockey Stick Ending – Lady Undertrn to Tandem Wall}** Bk R, fwd L fcing Wall, sd R, -; (Fwd L, fwd R trning a ¼ LF trn on ball of foot to fc the Wall, clo L, -;)

5-8 CUCARACHA CROSS 2X;; MAN CUCARACHA – LADY TRN TO FC – NO HANDS; CUCARACHA TO HAND SHAKE;

- 5-6 **{Cucaracha Cross 2X}** Repeat Introduction Measures 3-4;;
- 7 **{Man Cucaracha – Lady Trn to Fc – No Hands}** Repeat Introduction Measure 5;
- 8 **{Cucaracha to Hand Shake}** Repeat Introduction Measure 6 to a hand shake;

ENDING (5 Measures)

1-3 OP BREAK; UNDERARM TRN – LADY SPIRAL TO VARSOUVIENNE; OPPOSITION BREAKS IN 4 – LADY TRNS RIGHT TO FC – STACKED HNDS;

- 1 **{Op Break}** Repeat Part B – Measure 1;
- 2 **{Underarm Trn – Lady Spiral to Varsouvienne}** Repeat Part B – Measure 2;
- 3 **{Opposition Breaks in 4 – Lady Trn Right to Fc – Stacked Hnds}** Repeat Part B – Measure 3;

4-5 CROSS HAND TRADE PLACES 1X; STEP APT WITH RT HAND ARM SWEEP & HOLD;

- 4 **{Cross Hand Trade Places 1X}** Repeat Part B – Measure 4;
- 5 **{Step Apt with Rt Hand Arm Sweeps}** Step apt R maintaining fcing position with ptr, holding left hands sweep right arms up away from ptr and then down to the sd stopping at shoulder height with palms down on counts 2,3,4; (Step apt L to a “sit” position maintaining fcing position with ptr, holding left hands on sweep right arms up away from ptr and then down to the sd stopping at shoulder height with palms down counts 2,3,4;)