

YOU WALTZED YOURSELF RIGHT INTO MY LIFE

Music: Derek Ryan
Amazon.com Cd Made of Gold
Track # 12 Time 3:58
Available from choreographer

Rhythm: Waltz **Phase:** IV+1 (*Natural Weave*)

Footwork: **Opposite except where (Noted)**

Release Date: Feb 2015

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

Email: jos.dierickx@telenet.be

Sequence: **INTRO AB INTER AB B(17-25) END**



INTRO

01-04 CP DLW LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;
{Wait} CP DLW ld ft free wt 4 meas ; ; ; ;

05-10 WHISK to ½ OP ; OP IN & OUT RUNS TWICE ; ; ; ; SLOW SIDE LOCK :
{Whisk to ½ OP} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (*W XRib*) cont to full rise to ½ OP LOD ; {OP In & Out Runs} Fwd R begin RF trn, sd & fwd L XIF of W cont trn, sd & fwd R to 1/2 LOP LOD w/ free arms out to sd (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L XIF of M cont trn, fwd & sd R*) to ½ OP LOD w/ free arms out to sd ; Repeat meas 6,7 Intro ; ; {Slow Sd Lk} Thru R, fwd & sd L rising trng LF, cl R (*W Thru L trng LF, sd R trng LF, lk Lif*) to CP DLC ;

PART A

01-04 OP REVERSE TURN ; BACK & CHASSE to BJO ; OP NATURAL ; BACK & CHASSE to SCAR :
{OP Reverse Turn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (*W bk R stg LF trn, cont trn sd L, fwd R outsd ptr*) to BJO RLOD ; {Bk & Chasse to BJO} [1,2&3] Bk R, trng LF chasse sd L/cl R, sd & fwd L to BJO DLW ; {OP Natural} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ R sd ld (*W bk L trng RF, fwd R between man's feet, fwd L*) to BJO DRC ; {Bk & Chasse to SCAR} [1,2&3] Trn RF bk L, sd R/cl L trn RF, fwd R to SCAR DLW ;

05-08 CROSS HOVERS to BJO to SCAR & to SCP ; CHAIR & SLIP :
{Cross Hover to BJO to SCAR & to SCP} XLif, sd R hvrg, rec L to BJO ; XRif, sd L hvrg, rec R to SCAR ; XLif, sd R hvrg, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ; {Chair & Slip} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (*W ck fwd L, rec R swvlg 5/8 LF, fwd L*) to CP DLC ;

09-14 VIENNESE TURNS ; ; CLOSED CHANGE ; 3 RIGHT TURNS ; ; ;
{Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to CP DLW ; {Closed Chng} fwd M w/ slight LF trn, sd & fwd R, cl L ; {3 Right Turns} Startg RF trn fwd R, sd L, cl R to CP RLOD ; Bk L, sd R cont RF trn, cl L to CP LOD ; Cont RF trn fwd R, sd L, cl R to CP RLOD ;

15-17 SPIN TURN ; BACK & CHASSE to SCP ; SLOW SD LOCK :
{Spin Turn} Stg RF upper bdy trn bk L pvtg 1/2 RF to fc LOD, fwd R between W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R between M's ft heel to toe pvtg 1/2 RF, bk L cont trn brush R to L, fwd R between M's ft*) to CP DLW ; {Bk & Chasse to SCP} [1,2&3] Bk R trng LF, sd L/cl R, sd & fwd L to SCP LOD ; {Slow Sd Lk} Repeat meas 10 Intro ;

PART B

01-04 DRAG HESITATION ; BACK BACK/LOCK BACK ; IMPETUS to SCP ; THRU CHASSE to SCP :
{Drag Hesitation} [1,2-] Fwd L trng ¼ LF, sd R cont trn, draw L to BJO DRC ; {Bk Bk/ik Bk} [1,2&3] Bk L, bk R/ik Lif, bk R to BJO ; {Impetus to SCP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to SCP LOD ; {Thru Chasse to SCP} [1,2&3] Thru R, sd to fc prtn L/cl R, fwd L to SCP LOD ;

05-08 WEAVE 6 to SCP ; ; THRU CHASSE to BJO ; THRU FACE CLOSE ;

{**Weave 6 to SCP**} Fwd R, fwd L begin LF trn, sd R DRC ; Bk L twd LOD in BJO, bk R trng LF in mom CP, sd & fwd L to SCP DLW ; {**Thru Chasse to BJO**} 1,2&3] Thru R, sd L/cl R, sd & fwd L (*W thru L, trng LF sd R/cl L, sd & bk R*) to BJO LOD ; {**Thru Fc Cl**} Thru R, sd L turn to fc, cl R to CP DLW ;

09-12 HOVER ; FORWARD HOVER to BJO ; BACK CHASSE to SCAR ; FORWARD CHECK/ W DEVELOPE ;

{**Hover**} Fwd L, sd & fwd R rising, sd & fwd L (*Bk R, sd & bk L rising, sd & fwd R*) to SCP DLC ; {**Fwd Hover to BJO**} Fwd R, fwd L w/ rise (*W trns LF*), rec R to BJO LOD ; {**Bk & Chasse to SCAR**} [1,2&3] Trn RF bk L, sd R/cl L trn RF, fwd R (*W fwd R, sd L/cl R trn RF, bk L*) to SCAR DLW ; {**Fwd Ck/W Develope**} Fwd L outsd W checking, -, - (*W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd*) ;

13-16 HOVER CORTE ; BACK HOVER to SCP ; THRU CHASSE to SCP ; CHAIR & SLIP ;

{**Hover Corte**} Bk R, trng LF sd & fwd L LOD leavng R leg in pl, compg ½ LF trn rec R (*W fwd L, trng LF sd & fwd R & brush L to R, fwd L*) to BJO DLW ; {**Bk Hover to SCP**} Bk L, bk R risg sltly, rec L (*W fwd R, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP DLW ; {**Thru Chasse to SCP**} Repeat meas 4 Part B ; {**Chair & Slip**} Repeat meas 8 Part A ;

17-20 DIAMOND TURN ; ; ; ;

{**Diamond Turn**} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R ; Staying in BJO & trng LF fwd L, compg ¼ LF trn sd R, bk L ; Bk R in BJO trng RF, sd L compg ¼ LF trn, fwd R to BJO DLC ;

21-24 TELEMAR to SCP ; NATURAL WEAVE ; ; CROSS PIVOT to SCAR ;

{**Telemark to SCP**} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; {**Natural Weave**} Fwd R trng RF, sd L, bk R (*W fwd L, R between M's ft, fwd L*) to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn fwd L to BJO DLW ; {**Cross Pivot to SCAR**} Fwd R comm RF trn, sd L cont RF trn, fwd R (*W sm bk L comm RF trn, fwd R btw M's ft heel to toe pvtg ½ RF, sd & bk L*) to SCAR DLW ;

25-26 CROSS HOVER to SCP ; THRU FACE CLOSE ; 2^{de} TIME: SLOW SIDE LOCK ;

{**Cross Hover to SCP**} XLif, sd R hvrg, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to SCP DLC ;
{**Thru Fc Cl**} Thru R, sd L turn to fc, cl R to CP DLW ;

2^{de} Time : {**Slow Sd Lk**} Repeat meas 10 Intro ;

INTER

01-04 LACE BOX ; ; ; ;

{**Lace Box**} Fwd L trng LF ¼ to fc DLC, sd R, cl L ; Raising jnd ld hnds bk R trng LF ¼ to fc DRC, sd L, cl R (*W sm fwd L,R,L twds RLOD under lead arms [not passing thru & no turn]*) ; Fwd L trng LF ¼ to fc DRW, bringing arms down sd R, cl L (*W passing thru under raised arms fwd R startg ½ RF circ, contg circ as arms come down fwd L, fwd R*) ; Bk R trng LF ¼ to Fc DLW, sd L, cl R ;

05-10 WHISK to ½ OP ; OP IN & OUT RUNS TWICE ; ; ; SLOW SIDE LOCK ;

{**Whisk to ½ OP**} Repeat meas 5 Intro ; {**OP In & Out Runs**} Repeat meas 6,7,8 & 9 Intro ; ; ; ; {**Slow Sd Lk**} Repeat meas 10 Intro ;

ENDING

01 CHAIR & HOLD ;

{**Chair**} Strong fwd R in lunge action bending knee, -, - ;