

YOU ARE NOT THE FIRST ONE - DU BIST NICHT DER ERSTE

Music: Arno Flor – Cd.: Zärtliche Musik und du – Track # 7 – Time 3:37

Available from Choreographer - Increase the Music w/ 5%

Rhythm : Foxtrot Phase : IV+ 1 (Curved Feather)

Footwork : Opposite , except where (Noted)

Choreo : Jos Dierickx – Beverlosestwg 14/2 – 3583 Paal – Belgium

Email: jos.dierickx@telenet.be

Release Date : June 2012

SEQUENCE : A BB A BB A END



INTRO

CP DLC Ld Ft Free Wait 3 notes

PART A

01-04 DIAMOND TURN 3/4 ; ; ; BK SD FWD TO SCAR :

{Diamond Trn to SCAR} Fwd L, -, trng ¼ LF sd R, bk L to fc DRC ; Bk R, -, trng ¼ LF sd L, fwd R to fc DRW ; Repeat meas 1 Intro to fc DLW ; Bk R, -, sd L, fwd R to SCAR DLW ;

05-08 CROSS HOVER to BJO ; CROSS HOVER to SCAR ; CROSS HOVER to SCP ; PICK UP & DRIFT APART :

{Cross Hover x 3} XLif, -, sd R rise trn LF, rec L to BJO DLC ; XRif, -, sd L rise trn RF, rec R to SCAR DLW ; XLif, -, sd R rise (*W strong RF trn*), rec L to SCP LOD ; {PU & drift Apart} Small fwd R trng to fc LOD, -, sd & fwd L, cl R (*W Fwd L trng to fc ptrn & RLOD, -, bk R, bk L*) to LOP-FCG LOD ;

09-11 THRU TWINKLE to SCP COH ; THRU FC CL to CP LOD ; DIP BK & REC DLW :

{Thru Twinkle to SCP} Thru L twd WALL, -, trng ½ LF sd & fwd R, fwd L to SCP COH ; {Thru Fc Cl to LOD} Thru R twd COH, -, sd & fwd L trn ¼ RF to CP LOD, cl R ; {Dip Bk & Rec} [SS] Dip bk L w/ knee relaxed, -, rec R to CP DLW, -;

PART B

01-04 THREE STEP ; CURVED FEATHER CHECKING ; OUTSIDE SWIVEL TWICE ; WEAWE ENDING ;

{Three Step} Three passing steps fwd L, -, fwd R, fwd L ; {Crv feather Chkg} Fwd R stg RF trn, -, cont RF trn sd & fwd L, cont RF trn fwd R ckg to BJO DRW ; {Outsd Swivel x 2} [S,S] Bk L, brush R across L (*W fwd R, swivel RF on R to SCP DRW*), fwd R, touch L (*W fwd L, swivel LF on L*) to BJO DRW ; {Weave Ending}[QQQQ] Bk L, bk R trng LF to CP, cont LF trn sd & fwd L, fwd R to BJO DLW ;

05-08 THREE STEP ; NATURAL TURN ½ ; CLOSED IMPETUS ; FEATHER FINISH ;

{Three Step} Repeat meas 1 Part B ; {Nat Trn ½} Fwd R, -, fwd & sd L trn RF, cont sd & bk R (*W heel turn*) to CP RLOD ; {CI Impetus} Stg RF trn bk L, -, pvtg RF fwd R rise, cont RF trn sd & bk L (*W brush R & fwd R btw M's ft*) to CP DLW ; {Feather Finish} Bk R stg LF trn, -, sd L trng LF, fwd R to BJO DLC ;

09-12 CLOSED TELEMARK ; CROSS PIVOT to SCAR ; HOVER TELEMARK ; OP NATURAL ;

{CL Telemark} Blendg to CP Fwd L stg LF trn, -, sd R cont strong RF trn (*W heel trn*), fwd L to BJO DLW ; {Cross Pvt to SCAR} Fwd R strg RF trn, -, sd & fwd L around W (*W fwd R btw M's ft*), sd & fwd R to SCAR DLW ; {Hover Tele} Fwd L, -, sd & fwd R risg sltly w/ 1/4 RF trn, fwd L on toe SCP DLW ; {OP Nat} Fwd R stg RF trn, -, sd L contg trn to CP, bk R to BJO RLOD ;

13-16 BACK FEATHER ; HOVER CORTE ; BACK WHISK ; PICK UP SD CL ;

{Bk Feather} Bk L, -, bk R with right shoulder lead, bk L ; {Hov Corte} Bk R stg ½ LF trn, -, cont trn sd & fwd L rising & compg trn, rec R to BJO LOD ; {Bk Whisk} Bk L, -, bk & sd R, XLib (*W XRib*) to SCP LOD ; {PU Sd Cl} Sm fwd R, -, sd L, cl R (*W trng LF fwd L in frt of M, -, cont trn sd R, cl L*) to CP LOD ;

ENDING

01 FORWARD to RIGHT LUNGE & W QUICK EXTEND ;

{Fwd to R Lunge & W Qk Extend} Fwd L, -, lunge fwd & sd R, -/ W quickly stretches upper body farther away from ptr.

