YOU'RE AN OLD SMOOTHIE

Choreo: Allemande Al & Martha Wolff, 1553 So. Carpenter Road, Brunswick, Ohio 44212 (330) 225-2553
email: Roundcuer2@juno.com

Record: Grenn 14032 Smoothie (flip w/ Mozart Waltz)   Rhythm: Ph II +1 TS (Strolling Vine}
Speed: Slow considerably   Recommended Speed: 2:14@-36
Footwork: Opposite,(except when W part in parentheses)   Sequence: Intro-AB-AB AB(1-14)-End

Intro:1-4:   **; ; <u>Apt Pt ; BFLY Tch ;</u>**
> 1-4: [Op Fcg] wait ; wait ; Bk L, Pt R, -; Rec R, Tch L, - [BFLY/Wall] ;

A: **1-4:**   <u>**Rock Side Recover ; Cross Side Cross; Rk Sd Rec; X Sd X to Open ;**</u>
> 1-4: Sd L, - ,rec R, - ;XLIFR, Sd R, XLIFR, -; Sd R, -, rec L, - ; XRIFL, Sd L trng LF to fc LOD ,
> XRIFL, - ;

    5-8:   <u>**Hitch 6 ; ; Slo Open Vin 4 [CP/Wall] ; ;**</u>
> 5-8: Fwd L,Cl R, Bk L, -; Bk R, Cl L, Fwd R, - ; Sd L,Sd & Away f ptnr R twd COH Sd L, Thru R to
> fc [CP/Wall] ; ;

    9-12:   <u>**Strolling Vine [CP/Wall] ; ; ; ;**</u>
> 9-12**:**Sd L, -, XRIBL (W XLIFR), - ; Sd L comm. LF trn , Cl R, Sd L cont LF trn [CP/COH] ; Sd R, -
> , XLIBR, (W XRIFL), - ; Sd R comm. RF trn, Cl L, Sd R cont RF trn [CP/Wall] ;

    13-16: <u>**Hitch 6 ; ; Twrl 2; Walk 2 to Open ;**</u>
> 13-16: Repeat meas 5-6 Part A ; ; Sd L, - , XRIBL, - (W comm RF Trn und jnd lead hnds R, - , L, -) ;
> Fwd L trng to fc LOD,-, Fwd R, -[OP/LOD] ;

B: **1-4:**   <u>**[OP/LOD] Circle Awy 2 & a TS ; ; Together 2 & a TS [BFLY/Wall] ; ;**</u>
> 1-4:Awy f/ ptnr & twds COH (W twds Wall) Fwd L, - , Fwd R ; Fwd L, Cl R, Fwd L trng to fc ptnr, -
> ; Twds ptnr Fwd R, - , Fwd L, - ; Fwd R, Cl L, Fwd R trng to fc ptnr, - [BFLY/Wall] ;

    5-8:   <u>**Bball Trn [Op/LOD] ; ; Hitch 6 [BFLY/Wall] ; ;**</u>
> 5-8: Fwd L trng ¼ RF twd ptnr, -, rec R fcg RLOD, - ; Fwd L trn ¼ RF awy f/ ptnr & twds COH , -,
> rec R, - [OP/LOD] ; Repeat Meas 5-8 Part A trng on last stp to BFLY/Wall ; ;

    9-12:   <u>**Vine 2 & a Face to Face; ; Vin 2 & a Bk to Bk to Open ; ;**</u>
> 9-12: Sd L, -, XRIBL, - ; Sd L, Cl R, Sd L & awy f ptnr to Bk to Bk pos, - ; Sd R, -, XLIBR, - ; Sd R,
> Cl L, Sd R twds ptnr , - [OP/LOD] ;

    13-16: <u>**Circle Awy 2 TS ; ; Strut Tog. 4 to BFLY**</u>
> 13-16: Awy f/ ptnr & twds COH Fwd L, Cl R, Fwd L, - ; Fwd R, Cl L, Fwd R trng to fc ptnr, - ; Twds
> ptnr Fwd L, -, Fwd R, - ; Fwd L, -, Fwd R, - [BFLY/Wall] ;

End: 1-2:   <u>**Strut Tog 3 & Bow to your partner ; ;**</u>
> 1-2: Twds ptnr Fwd L, -, Fwd R, - ; Fwd L, -, BOW, - ;