

## YOU'RE BEAUTIFUL

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You're Beautiful "Single"

Slow Two-Step, Phase V+2

Sequence: A, A, B, C, A, B, C, INTER, D, C MOD, END Released: 1/06/07

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You're Beautiful, James Blunt

Footwork: Opposite unless noted

Speed: 40 rpm or slow for comfort

### PART A

#### **1-4 BASIC; OPEN BREAK; LADY UNDERARM; MAN UNDERARM;**

- SQQ 1-2 {Basic} In CP fc wall wait pick-up notes sd L,-, press R ft IB L,  
SQQ recov L; {Open Brk} Sd R,-, rk apt L to lead hnds joined, recov  
R;  
SQQ 3-4 {Lady Underarm} Sd L,-, press R ft IB L, recov L leading W  
SQQ under lead hnd (W sd R,-, XLIF of R to trn ¾ RF under lead hnds,  
recov R trn to fc ptr) join trail hnds;  
{Man Underarm} Sd R,-, XLIF of R to trn ¾ RF under trail  
hnds, recov R trn to fc ptr (W sd L,-, press R ft IB L, recov L);

#### **5-8 LADY UNDER TRAILING HND; MAN HEAD LOOP; OPEN BASICS;;**

- SQQ 5-6 {Lady Under Trailing Hnd} Sd L,-, press R ft IB of L, recov L  
SQQ leading W under trail hnd (W sd R,-, XLIF of R to trn ¾ RF  
under trail hnds, recov R to fc ptr); {Man Head Loop} Sd R  
bring joined trail hnd over head and place on L shoulder making a  
head loop,-, XLIB of R like an open basic open body twd LOD in  
½ OP, recov R to fc ptr;  
SQQ 7-8 {Open Basics} Sd L,-, XRIB of L to ½ LOP fc RLOD, recov L to  
SQQ fc ptr; Sd R,-, XLIB of R to ½ OP fc LOD, fwd R begin to XIF of  
W;

### REPEAT A

### PART B

#### **1-4 MAN SWITCH; LADY SWITCH 3 TIMES;;;**

- SQQ 1-2 {Man Switch} XIF of W sd L to ½ LOP,-, fwd R, fwd L (W fwd  
SQQ R,-, fwd L, fwd R begin to XIF of M); {Lady Switch} Fwd R,-,  
fwd L, fwd R (W XIF of M sd L to ½ OP,-, fwd R, fwd L begin to  
XIF of M);  
SQQ 3-4 {Lady Switch Twice} Fwd L,-, fwd R, fwd L (W XIF of M sd R  
SQQ to ½ LOP,-, fwd L, fwd R begin to XIF of M); Fwd R,-, fwd L,  
fwd R (W XIF of M sd L to ½ OP,-, fwd R, fwd L);

#### **5-8 LUNGE BASIC WITH INSIDE ROLL; RUN 3; LADY OUTSIDE ROLL; BASIC PICKING-UP;**

- SQQ 5-6 {Lunge Basic with Inside Roll} Sd L with slight lunge action,-,  
SQQ recov R, XLIF of R end in LOP fc RLOD (W sd R with slight

- lunge action,-, recov L trn under lead hnds LF, bk R cont LF underarm trn); **{Run 3}** Fwd R,-, fwd L, fwd R;
- SQQ 7-8 **{Outside Roll}** Fwd L,-, fwd R, fwd L to fc ptr (W fwd R start RF trn,-, sd & bk L trn RF under lead hnds, cont RF trn fwd R to fc ptr); **{Basic Ending}** Sd R,-, open up to fc LOD XLIB of R, fwd R begin to sweep W IF;
- 9-12 **CROSS CHASSE TO SHAKE HND; OPEN BRK TO VARSOUVIENNE BASICS;;;**
- SQQ 9-10 **{Cross Chasse to Shake Hnds}** Fwd L cont sweep W IF,-, sd & fwd R trn body to fc DC, XLIF of R to shake hnds (W bk R,-, sd & bk L, XRIF of L);
- SQQ 11-12 **{Open Brk to Varsouv}** Sd R,-, rk apt L, recov R start to fc wall; **{Varsouv Basics}** Sd L to varsouv fc DW,-, XRIB of L to look twd W & DRW R hnds high, recov L (W sd R IF of M,-, XLIB of R, recov R); Sd R to L varsouv fc wall,-, XLIB of R to look twd W & DC L hnds high, recov R (W sd L IF of M fc wall,-, XRIB of L, recov L to fc M);
- 13-16 **M'S DBL UNDERARM TRN; LADY'S UNDERARM TO SHAKE HND OPEN BRK; DBL INSIDE UNDERARM TRN; CHG HND OPEN BRK;**
- SQQ 13-14 **{M's Dbl Underarm Trn}** Fwd L start LF trn under joined L hnds,-, cont LF trn under joined R hnds rk sd & bk R, recov L joined R hnds high fc DRW (W fwd R,-, trn RF to fc COH rk sd L, recov R to fc DC); **{Lady's Underarm Shake Hnd Open Brk}** Lead W under joined R hnds fwd R trn LF to fc ptr release L hnds,-, rk apt L to look twd W & DC, recov R (W fwd L IF of M trn RF under R hnds release L hnds,-, rk apt R, recov L);
- SQQ 15-16 **{Dbl Inside Underarm Trn}** Trning RF sd L while trning W under R hds LF,-, to RLOD sd R, XLIF of R (W start LF underarm trn sd & bk R,-, fwd L cont LF underarm trn, cont trn bk R fc ptr & COH);
- SQQ **{Open Brk}** Chg to lead hnds sd R,-, rk apt L, recov R;

**PART C**

- 1-4 **INTERRUPTED RIGHT SPOT TRN;;;**
- SQQ 1-2 **{Interrupted Right Spot Trn}** Like a natural top come tog to CP sd L start RF trn,-, XRIB of L, sd L to fc COH (W fwd R btwn M's ft,-, sd L, XRIF of L); Sd R let go of W to lead hnds joined ronde L CCW,-, press LIB of R, recov R (W sd L ronde R CW,-, press RIB of L, recov L);
- SQQ 3-4 **{Interrupted Right Spot Trn}** Like a natural top come tog to CP sd L start RF trn,-, XRIB of L, sd L to fc wall (W fwd R btwn M's ft,-, sd L, XRIF of L); Sd R let go of W to lead hnds joined ronde L CCW,-, press LIB of R, recov R (W sd L ronde R CW,-, press RIB of L, recov L);
- 5-8 **CONT INTERRUPTED RIGHT SPOT TRN;; CHG SIDES UNDERARM**

**TRN; OPEN BREAK HAND SHAKE;**

SQQ 5-6 {**Interrupted Right Spot Trn**} Like a natural top come tog to CP  
 SQQ sd L start RF trn,-, XRIB of L, sd L to fc COH (W fwd R btwn  
 M's ft,-, sd L, XRIF of L); Sd R let go of W to lead hnds joined  
 ronde L CCW,-, press LIB of R, recov R (W sd L ronde R CW,-,  
 press RIB of L, recov L);

SQQ 7-8 {**Chg Side Underarm Trn**} Fwd L trn RF pass ptr to fc wall lead  
 SQQ W in LF underarm trn,-, sd R, XLIF of R to CP wall (W fwd R  
 pass ptr in LF underarm trn fc COH,-, sd L, XRIF of L);  
 {**Open Brk Shake Hds**} Sd R,-, rk apt L, recov R shake hnds;

**9-12 MAN WRAP; WHEEL; LADY INSIDE UNDERARM; MAN HEAD****LOOP OPEN BASIC PICKING-UP;**

SQQ 9-10 {**Man Wrap**} Fwd L twd W trn LF,-, sd & bk R to M's skaters,  
 SQQ bk L starting RF bk wheel with R sd well bk into W's arm (W  
 fwd R,-, fwd L, fwd R start RF wheel); {**Wheel 3**} Wheel bk R,-,  
 bk L, bk R to fc COH;

SQQ 11-12 {**Inside Underarm**} Bk L cont wheel prepare W to trn under L  
 SQQ hnds,-, small sd R as lead W to inside trn, in pl L fc COH (W fwd  
 R start LF underarm,-, sd & bk L cont LF trn, fwd R fc ptr); {**M's  
 Head Loop Open Basic**} Sd R loop L hnds over head to his R  
 shoulder,-, open body to RLOD XLIB of R to ½ OP, recov R  
 begin sweep W IF;

**13-16 LEFT TRN INSIDE ROLL BASIC ENDING PICKING UP;; TRAVELING  
 CROSS CHASSE; PASSING CROSS CHASSE;**

SQQ 13-14 {**Left Trn Inside Roll**} Cont to sweep W IF fwd L to RLOD start  
 SQQ ¼ LF trn,-, sd & fwd R lead W to LF underarm trn , XLIF of R fc  
 wall (W bk R chg sds twd wall,-, fwd L trn LF under lead hnds,  
 cont trn LF bk R to fc ptr); {**Basic Ending**} Sd R,-, open up to  
 XLIB of R fc LOD, recov R start sweep of W IF;

SQQ 15-16 {**Traveling Cross Chasse**} Come to dbl hnd hold low as you step  
 SQQ fwd L LOD bring R sd fwd,-, diag sd R DW, XLIF of R (W XRIF  
 of L);

{**Passing Cross Chasse**} Sd R bring L sd strongly fwd,-, pass W  
 on inside of the circle sd L, XRIF of L (W XLIF of R) to end fc  
 RLOD in low dbl hnd hold;

**17-19 BK TRAVELING CROSS CHASSES TO FC WALL;; SWAY L & R;**

SQQ 17-18 {**Bk Traveling Cross Chasses**} Bk L bring R sd bk,-, diag sd R  
 SQQ DC, XLIF of R (W XRIF of L); Bk R bring L sd strongly bk to  
 lead W to come in front of man to fc wall,-, sd L, XRIF of L (W  
 XLIF of R);

SS 19 {**Sway L & R**} Using upper body to lead sd L sway twd LOD,-,  
 recov R sway twd RLOD blend to CP,-;

**REPEAT A****REPEAT B****REPEAT C**

INTERLUDE**1-2** OPEN BASICS;;

SQQ 1-2 {Open Basics} Sd L,-, open up to fc RLOD in ½ LOP XRIB of L,  
SQQ recov L to fc ptr; Sd R,-, open up to fc LOD in ½ OP XLIB of R,  
fwd R start to XIF of W;

PART D**1-4** THE SQUARE;;;:

SQQ 1-2 {The Square} Like a switch M XIF of W sd L,-, trn RF to step sd  
SQQ R twd COH in ½ OP, XLIF of R (W fwd R,-, sd L twd COH,  
XRIF of L start to XIF of M); Fwd R,-, sd L twd RLOD, XRIF of  
L start to XIF of W (W like a switch XIF of M sd L,-, trn RF to  
step sd R twd RLOD in ½ LOP, XLIF of R);

SQQ 3-4 {Cont The Square} Like a switch M XIF of W sd L,-, trn RF to  
SQQ step sd R twd wall in ½ OP, XLIF of R (W fwd R,-, sd L twd  
wall, XRIF of L start to XIF of M); Fwd R,-, sd L twd LOD,  
XRIF of L (W like a switch XIF of M sd L,-, trn RF to step sd R  
twd LOD in ½ LOP, XLIF of R);

**5-8** OPEN BASICS;; UNDERARM TRN; OPEN BREAK;

SQQ 5-6 {Open Basics} Sd L,-, open up to fc RLOD in ½ LOP XRIB of L,  
SQQ recov L to fc ptr; Sd R,-, open up to fc LOD in ½ OP XLIB of R,  
recov R;

SQQ 7-8 {Underarm Trn} Sd L prepare to lead W under joined hnds,-,  
SQQ press RIB of L, recov L (W sd R prepare to trn RF under joined  
hnds,-, XLIF of R trn ¾ RF, fwd R trn to fc ptr); {Open Brk} Sd  
R,-, rk apt L, recov R;

PART C MODREPEAT MEAS 1-15 PART C**16-20** TRAVELING CROSS CHASSES;; PASSING CROSS CHASSE; BK  
TRAVELING CROSS CHASSES TO FC WALL;;

SQQ 16-17 {Traveling Cross Chasses} Step fwd R LOD bring L sd fwd,-,  
SQQ diag sd L DC, XRIF of L (W XLIF of R); Fwd L LOD bring R sd  
fwd,-, diag sd R DW, XLIF of R (W XRIF of L);

SQQ 18-20 {Passing Cross Chasse} Sd R bring L sd strongly fwd,-, pass W  
SQQ on inside of the circle sd L, XRIF of L (W XLIF of R) to end fc  
SQQ RLOD in low dbl hnd hold; {Bk Traveling Cross Chasses} Bk L  
bring R sd bk,-, diag sd R DC, XLIF of R (W XRIF of L); Bk R  
bring L sd strongly bk to lead W to come in front of man to fc  
wall,-, sd L, XRIF of L (W XLIF of R);

