

YOU'RE MY WHOLE LIFE

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Music: "Eres Toda Mi Vida" by Alessandro Olivato

CD: "Latin Bombata!" or single download from Casa-Musica.de

Release Date: October 2015

Rhythm: Rumba

Phase: IV + 1 + 1 (Sweethearts) [Sync Cucaracha Cross]

Degree of Difficulty: Average

Original Length of Music: 2:57

Music Modification: none

Sequence: Intro AB AB End

Footwork: Opposite for Woman unless otherwise noted in ()

INTRO [8 Measures]

FAN POSITION FCING COH / LEAD FEET FREE / WAIT 2 MEASURES

1-8 **WAIT; WAIT; HOCKEY STICK DLC;; CROSS BODY FC WALL;;**

REV UNDERARM TRN CP; CUCARACHA;

1-2 {Wait; Wait} Fan Position fcng COH / lead feet are free / wait 2 measures;;

3-4 {Hockey Stick DLC} Fwd L, rec R, clo L, -; Bk R, rec L DLC, fwd R following the Lady, -; (Clo R, fwd L, fwd R, -; Fwd L, fwd R trning LF to fc partner, sd and bk L, -;)

5-6 {Cross Body Fc WALL} Fwd L, rec R, sd L trning LF [foot trned about 1/4 trn body trned 1/8 trn], -; Bk R continuing the LF trn to fc WALL, fwd L, sd and fwd R, -; (Bk R, rec L, fwd R toward Man staying on his right side ending in an L-shaped Position, -; Fwd L commencing to trn LF, fwd R trning 1/2 LF end with right foot bk, sd and bk L, -;)

7 {Rev Underarm Trn} XLIF of right, rec R, sd L to CP fcng the WALL, -; (Swiveling 1/4 LF on ball of left ft step fwd R trning 1/2 LF, rec L trning 1/4 LF to fc ptr, sd R to CP, -;)

8 {Cucaracha} Sd R with partial weight, rec L, clo R, -;

PART A [8 Measures]

1-8 **SHOULDER TO SHOULDER BFLY; FNC LN; BRK TO OP [LOD]; WK 3;**
SLIDING DOOR 2X;; RK APT REC & FC; BK BASIC ~ SHAKE HER HND;

1 {Shoulder to Shoulder} Fwd L to Bfly Sdcr, rec R to fc, sd L to Bfly, -;

2 {Fnc Ln} Cross lunge thru R with bent knee looking to LOD, rec L trning to fc partner, sd R, -;

3 {Brk to OP [LOD]} Swiveling sharply on R ft step back L to OP fcng LOD, rec fwd R, fwd L, -;

4 {Wk 3} In OP fcng LOD ~ Fwd R, fwd L, fwd R, -;

5-6 {Sliding Door 2X} Rk apt L, rec R, XLIF of right, -; Rk apt R, rec L, XRIF of left, -;

7 {Rk Apt Rec & Fc} Rk apt L, rec R trning to fc partner, clo L, -;

8 {Bk Basic - Shake Her Hnd} Bk R, rec L, fwd R ~ changing to right hand shake, -;

PART B [16 Measures]

1-8 **FLIRT;; SWEETHEART 2X;; SWEETHEART AGAIN ~ LADY SWIVELS TO FC;**
FNC LN ~ SHAKE HER HND; TRADE PLACES; TO LOD ~ CRAB WK ENDING TO CP;

1-2 {Flirt} Fwd L, rec R, sd L, -; Bk R, rec L, sd R, -; (Bk R, fwd L, fwd R trning LF to Varsouvienne Position, -; Bk L, rec R, sd L moving to her left in front of the man to end in Left Varsouvienne Position, -;)

3-4 {Sweetheart 2X} Ck fwd L with right sd lead into contra ck like action extending both arms sd and fwd behind the Lady, rec R straightening body and returning arms to the ctr, sd L, -; Ck fwd R with left sd lead into contra ck like action extending both arms sd and fwd behind the Lady, rec L straightening body and returning arms to the ctr, sd R, -; (Bk R with left sd lead into contra ck like action extending both arms sd and fwd in front of the Man, rec L straightening body and returning arms to the ctr, sd R, -; Bk L with right sd lead into contra ck like action extending both arms sd and fwd in front of the Man, rec R straightening body and returning arms to the ctr, sd L, -;)

5 {Sweetheart Again ~ Lady Swivels to Fc} Ck fwd L with right sd lead into contra ck like action extending both arms sd and fwd behind the Lady, rec R straightening body and returning arms to the ctr, sd L joining lead hands and leading partner to swivel to fc, -; (Bk R with left sd lead into contra ck like action extending both arms sd and fwd in front of the Man, rec L straightening body and returning arms to the ctr, fwd R joining lead hands and swiveling to fc partner, -;)

6 {Fnc Ln ~ Shake Her Hnd} Cross lunge thru R with bent knee looking to LOD, rec L trning to fc partner, sd R changing to right hand shake, -;

7 {Trade Places} From Handshake Position ~ Rk apt L, rec R trning 1/4 RF behind Lady releasing joined right hands to momentary Tandem Position, trning 1/4 RF to face partner sd and bk L to fc COH, -;

8 {To LOD ~ Crab Wk Ending to CP} Sd R, XLIF of right, sd R to CP, -;

9-16 **LATIN WHISK; TO RLOD ~ AIDA; SLO SWITCH & REC; CRAB WK 1/2 [LOD];
SYNC CUCARACHA CROSS; UNDERARM TRN TO CP; CROSS BODY [WALL];;**

- 9** {Latin Whisk} Cross L behind R, rec R, sd L, -;
- 10** {To RLOD ~ Aida} Toward RLOD ~ Fwd R trning RF, sd L continuing RF trn, bk R, -;
- 11** {Slo Switch & Rec} Trning LF to fc partner sd L ckg bringing joined hands thru, -, rec R fcng partner, -;
- 12** {Crab Wk 1/2 [LOD]} To LOD ~ XLIF of right, sd R, XLIF of right, -;
- 13** {Sync Cucaracha X} Sd R with partial weight, rec L/cross R in front, sd L -;
- 14** {Underarm Trn to CP} Raising joined lead hnds trn body slightly RF bk R, rec L squaring body to fc ptr, sd R, -; (Swiveling 1/4 RF on ball of right ft fwd L trning 1/2 RF, rec R trning 1/4 RF to fc ptr, sd L, -;)
- 15-16** {Cross Body Fc WALL} Fwd L, rec R, sd L trning LF [foot trned about 1/4 trn body trned 1/8 trn], -; Bk R continuing the LF trn to fc WALL, fwd L, sd and fwd R, -; (Bk R, rec L, fwd R toward Man staying on his right side ending in an L-shaped Position, -; Fwd L commencing to trn LF, fwd R trning 1/2 LF end with right foot bk, sd and bk L, -;)

ENDING [13 Measures]

1-8 **LATIN WHISK; AIDA; SLO SWITCH & REC; CRAB WK 1/2 [RLOD];
SYNC CUCARACHA CROSS; FAN; HOCKEYSTICK [DRW];;**

- 1** {Latin Whisk} Cross L behind R, rec R, sd L, -;
- 2** {Aida} Toward LOD ~ Fwd R trning RF, sd L continuing RF trn, bk R, -;
- 3** {Slo Switch & Rec} Trning LF to fc partner sd L ckg bringing joined hands thru, -, rec R fcng partner, -;
- 4** {Crab Wk 1/2 [RLOD]} To LOD ~ XLIF of right, sd R, XLIF of right, -;
- 5** {Sync Cucaracha X} Sd R with partial weight, rec L/cross R in front, sd L, -;
- 6** {Fan} Bk R, rec L, sd R, -; (Fwd L, trning LF step sd and bk R making 1/4 trn to left, bk L leaving right ft extended fwd with no weight, -;)
- 7-8** {Hockey Stick [DRW]} Fwd L, rec R, clo L, -; Bk R, rec L DRW, fwd R following the Lady, -; (Clo R, fwd L, fwd R, -; Fwd L, fwd R trning LF to fc partner, sd and bk L, -;)

9-13 **CROSS BODY COH;; REV UNDERARM TRN CP; CUCARACHA;
BK TO CORTE & HOLD ~ LADY CARESS THE MAN'S CHEEK;.**

- 9-10** {Cross Body COH} Fwd L, rec R, sd L trning LF [foot trned about 1/4 trn body trned 1/8 trn], -; Bk R continuing the LF trn to fc COH, fwd L, sd and fwd R, -; (Bk R, rec L, fwd R toward Man staying on his right side ending in an L-shaped Position, -; Fwd L commencing to trn LF, fwd R trning 1/2 LF end with right foot bk, sd and bk L, -;)
- 11** {Rev Underarm Trn} XLIF of right, rec R, sd L to CP fcng COH, -; (Swiveling 1/4 LF on ball of left ft step fwd R trning 1/2 LF, rec L trning 1/4 LF to fc ptr, sd R to CP, -;)
- 12** {Cucaracha} Sd R with partial weight, rec L, clo R blending to CP, -;
- 13** {Bk to Corte & Hold ~ Lady Caress Man's Cheek} Bk and sd L using lowering action with supporting leg relaxed, - , Lady caress the Man's cheek, -;.