

You're The One Cha

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Music: STAR 243 A "You're The One That I Want" (flip of "Amame Una Ves Mas)
Rhythm: Cha Cha Phase: IV+2 [Cuddle & Closed Hip Twist]
Footwork: Directions for man, woman opposite except as noted
Sequence: Intro A B Bridge C A B D B End Released: June 2008

INTRODUCTION

- 1-6 **WAIT 2;; CUCARACHA 2X;; FORWARD 2 & CHA;**
FORWARD LUNGE, TURN TO FACE & CHA [HNDSHK];
1-2 Wait 2 meas bk to bk M fcg COH (W fcg WALL) lead feet free;;
3-4 **{Cuca 2X}** Sd L, rec R, cl L/sip R, sip L; sd R, rec L, cl R/sip L, sip R;
5-6 **{Fwd 2 & Cha}** Fwd L, fwd R, fwd L/lk Rib, fwd L; **{Fwd Lun, Trn to Fc & Cha}** Fwd R
twd COH bending knee w/ ckg motion, rec trng LF on L to fc Wall, fwd R/lk Lib of R, fwd
R ending in HNDSHK;
- 7-10 **START a FLIRT CKG to a LEFT FACE LARIAT;; SPOT TURN;**
7-9 **{Flirt ~ LF Lariat}** Fwd L, rec R, sd L/cl R, sd L (W rk bk R, rec L trng LF, cont trn to Var
sd R/cl L, sd R ckg motion); Sd R, rec L, cl R/sip L, sip R (W circle M ccw w/ jnd hnds fwd
L, fwd R, fwd L/cl R, fwd L); Sd L, rec R, cl L/sip R, sip L (W fwd R, fwd L, fwd R/cl L trng
to fc ptr, sd R);
10 **{Spot Trn}** XRif of L twd LOD trn _ LF, rec L to fc ptr & WALL, sd R/cl L, sd R (W XLif of
R twd LOD trn _ RF, rec R to fc ptr, sd L/cl R, sd L) to handshake;

PART A

- 1-5 **HALF BASIC to a FAN;; HOCKEY STICK to FORWARD TRIPLE CHA;;**
1-2 **{Half Bas Fan}** Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R (W fwd L, trng
LF stp sd & bk R making _ trn, bk L/lk Rif of L, bk L leave R extended fwd);
3-5 **{HkyStk to Fwd Trpl Cha}** Fwd L, rec R, sip L/R, L (W cl R, fwd L, fwd R/L, R); bk R, rec
L to a R hnd star, fwd R/lk Lib, fwd R (W fwd L, fwd R trng LF to fc ptr, bk L/lk Rif, bk L)
to a L hnd star; Fwd L/lk Rib of L, fwd L (W bk R/lk Lif of R, bk R) to a R hnd star, fwd R/
lk Lib of R, fwd R (W bk L/lk Rif of L, bk L) maintaining R hnd star;
- 6-9 **ALEMANA;; NEW YORKER 2X;;**
6-7 **{Alemana}** Fwd L, rec R, sd L/cl R, sd L blending to Wall ldg W to trn RF (W bk R, rec L,
sd R/cl L, sd R blending to fc ptr); Bk R, rec L, sd R/cl L, sd R (W fwd L twd DLC trng RF
undr jnd R hnds, fwd R cont RF trn to fc ptr, sd L/cl R, sd L) ending in low BFLY;
8-9 **{New Yorker 2X}** Stp thru L to RLOD w/ straight leg turning to a sd by sd pos, rec R to fc
ptr, sd L/cl R, sd L; stp thru R to LOD w/ straight leg trng to a sd by sd pos, rec L to fc ptr,
sd R/cl L, sd R;

PART B

- 1-4 **ALEMANA to CP;; CUDDLE 2X;;**
1-2 **{Alemana}** Fwd L, rec R, sd L/cl R, sd L (W bk R, rec L, sd R/cl L, sd R);
Bk R, rec L, sd R/cl L, sd R (W fwd L twd DLC trng RF undr jnd ld hnds, fwd R cont RF
trn to fc ptr, sd L/cl R, sd L) ending CP WALL;
3-4 **{Cuddle 2X}** Sd L leading W to trn RF & releasing ld hnds to sweep L arm out to sd, rec R,
cl L/sip R, sip L (W swvl RF on L/sd R & sweep R arm out to sd, rec L, fwd R trng LF/cl L,
sd R); Sd R leading W to trn LF & releasing trlg hnds to sweep R arm out to sd, rec L,
cl R/sip L, sip R (W swvl LF on R/sd L & sweep L arm out to sd, rec R, fwd L trng RF/cl R,
sd L);

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PART B [cont]

5-8 CLOSED HIP TWIST to FAN;; HOCKEY STICK [BFLY WALL];;

- 5-6 **{CI Hip Twst to Fan}** Giving W a slight L sd Id w/ R sd stretch to opn her out ck fwd L, rec R w/ slight R sd Id to Id W to cl, sm sd L/cl R, sd L w/ slight L sd Id to trn W endg w/ slight R sd stretch (W w/ slight L sd stretch trn RF up to _ bk R, rec L trng LF up to _ , sm sd R/cl L, sm sd R swiveling _ RF on R touching L to R no wt w/ slight L sd stretch); Bk R, rec L, sd R/cl L, sd R (W fwd L, trng LF stp sd & bk R making _ trn to L, bk L/lk Rif, bk L leaving R extended fwd no wt);
- 7-8 **{Hockey Stick}** Fwd L, rec R, sip L/R, L (W cl R, fwd L, fwd R/L, R); bk R, rec L, sd R/ cl L, sd R (W fwd L, fwd R trng LF to fc ptr, sd L/cl R, sd L) ending BFLY WALL;

BRIDGE

1-2 TWISTY VINE 8;;

- 1-2 Comm slgt RF upper body trn sd & bk L, XRif of L, comm slgt LF upper body trn sd & fwd L, XRif of L; Rpt meas. 1;

PART C

1-4 TRAVELING DOOR; VINE 4; TRAVELING DOOR; VINE 4;

- 1-2 Rock sd L, rec R, XLif/sd R, XLif; sd R, XLib. sd R, XLif;
- 3-4 Rock sd R, rec L, XRif/sd L, XRif; sd L, XRib, sd L, XRif;

5-8 CROSS BODY w/ REVERSE TWIRL;; CROSSBODY w/ REVERSE TWIRL;;

- 5-6 In low BFLY fwd L, rec R trng LF, sd & bk L/cl R to L, sd & bk L toe pointing LOD (W bk R, rec L, fwd R/cl L, fwd R); Bk R, rec L trng LF to fc COH, sd R/cl L to R, sd R (W fwd L, fwd R trng LF, cont LF trn undr Id hnds sd & fwd L/cl R to L, sd L completing 1 full LF twirl) to end fcg ptr & COH;
- Note:** W's LF twirl can be omitted & replaced with sd cha.
- 7-8 Repeat meas. 5-6 ending WALL;;

REPEAT PART A

REPEAT PART B

PART D

1-4 CHASE w/ FORWARD TRIPLE CHA;; CHASE w/ FORWARD TRIPLE CHA;;

- 1-2 Fwd L comm RF trn _ to COH, rec fwd R (W bk R, rec fwd L), fwd L/lk Rib of L, fwd L; fwd R/lk Lib of R, fwd R, fwd L/lk Rib of L, fwd L;
- 3-4 Fwd R comm LF trn _ to WALL, rec fwd L (W fwd L comm RF trn _ to WALL, rec fwd R), fwd R/lk Lib of R, fwd R; fwd L/lk Rib of L, fwd L, fwd R/lk Lib of R, fwd R;

5-8 CUCCARACHA 2X w/ LADY'S PEEK-A-BOO;; FINISH CHASE;;

- 5-6 Sd L, rec R, cl L/sip R, sip L (W sd R looking over L shldr, rec L, cl R/sip L, sip R); sd R, rec L, cl R/sip L, sip R (W sd L looking over R shldr, rec R, cl L/sip R, sip L);
- 7-8 Fwd L, rec bk R, bk L/lk Rif of L, bk L (W fwd R comm LF trn _ , rec fwd L, fwd R/lk Lib of R, fwd R); Rk bk R, rec fwd L, fwd R/lk Lib of R, fwd R (W rk fwd L, rec bk R, bk L/lk Rif of L, bk L);

REPEAT PART B

ENDING

1-2 SHOULDER TO SHOULDER; CRAB WALK 3 & LUNGE [LOD]; (option: say "yeah")

- 1 Fwd L outsd of W, rec R to fc, sd L/cl R, sd L;
- 2 XRif of L, sd L, XRif of L, sd L flexing supporting knee leaving R leg extended w/ toe pointing to floor & looking at ptr;