

You're the One

Choreographer: Mike & Michelle Seurer 360 8th Street. Fond du Lac, WI 54935

Record: "STAR 243, "You're the One That I Want

Phase: III+2 (Alemana, Triple cha chase) Speed 47

Rhythm: Cha-Cha

Time: 2:55

Footwork: Opposite, Except as noted

Released: Jan 2008

SEQUENCE: INTRO ABC BREAK ABCC B ENDING

INTRODUCTION

1---2 WAIT::
1-2 In BFLY/WALL wait 2 meas;;

PART A

1----4 VINE 2, FC TO FC; VINE 2, BK TO BK:FWD & BK BASIC::
1-2 Sd L, XRib of L, sd R/cl L, sd R trng LF to bk to bk pos; sd R, XLib of R,
sd R/cl L, sd R trng RF to OP/LOD;
3-4 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R;
5----8 CIRCLE CHA:: SHOULDER TO SHOULDER::
5-6 Circ away from ptr LF (W RF) Fwd L, Fwd R, Fwd L/cl R, fwd L; Cont circ LF
(W RF) twd ptr fwd R, fwd L, fwd R/cl L, fwd R to BFLY/WALL;
7-8 Fwd L trng to BFLY/SDCAR, rec R to fc ptr, sd L/cl R, sd L; Fwd R trng to
BFLY/BJO, rec L, sd R/cl L, sd R;

PART B

1----4 ALEMANA::LARIAT::
1-2 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R (W trn RF undr ld
hnds Xlif, fwd R to complete trn to M's R sd, sd L/cl R, sd L);
3-4 In place L,R, L/R,L raise ld hnds release trng hnds (W circ RF IB of M
R,L, R/L,R); In place R,L, R/L,R (W cont RF circ L,R,L/R,L to BFLY/WALL);
5----9 NEW YORKER; CRABWALKS:: NEW YORKER; NEW YORKER IN 4;
5-6 Rk thru L twd RLOD to LOP, rec R to BFLY, sd L/cl R, sd L; XRif, sd L,
XRif/sd L, XRif;
7-9 Sd L, XRif, sd L/XRif, sd L; Rk thru R twd LOD to OP, rec L, to BFLY, sd R/cl L,
sd R; Rk thru L twd RLOD to LOP, rec R to BFLY, sd L, cl R;

PART C

1---4 CHASE TO 3 TRIPLES TWICE::;
1-2 Fwd L trng RF ½, rec & fwd R, (bk R, rec & fwd L) both moving forward fwd
L/XRib, fwd L; Fwd R/XLib, fwd R, fwd L/XRib, fwd L;
3-4 Both turning fwd R trng ½ LF, rec & fwd L, fwd R/XLib, fwd R; fwd L/XRib,
fwd L, Fwd R/XLib, fwd R;
5---8 FINISH CHASE:: SAND STEPS::
5-6 Fwd L, rec R, (fwd R trng ½ LF, rec & fwd L), bk L/cl R, bk L; Bk R, rec L,
fwd R/cl L, fwd R;
7-8 Using swivel action on weighted foot, point toe of L to instep of R, heel of L to
instep of R, XLif of R/sd R, XLif of R; Using same swivel action point toe of R
toe to instep of L, heel of R to instep of L, XRif of L/sd L, XRif of L;

BREAK

1----2 BASIC::
1-2 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R;

ENDING

1---2 1/2 BASIC; POINT TO RLOD;
1-2 Rk fwd L, rec R, sd L/cl R, sd L; Pt R to RLOD and HOLD;