

YOU'RE THE ONE

Choreo: Bob Paull 1075 Via Grande, Cathedral City, CA. 92234 {760} 328-3070

Email: rpaul@dc.rr.com

Music: "You're The One" by Dwight Yoakam Download from walmart

Time: 4:01

Footwork: Opposite, directions to man except as noted (W's in parentheses)

Rhythm: Waltz Roundalab Phase IV

Released: June 2008

Seq: Intro A B A C A B C D End

INTRO

- 1 - 4 WAIT; WAIT; APART POINT; TOGETHER TOUCH;
1-4 wait; wait; apt L, pt R, -; tog R bfly wall, tch L;
5 - 8 BALANCE LEFT; REVERSE TWIRL; TWINKLE THRU; THRU FACE CLOSE;
5-6 sd L, xRib, rec L; sd R, xLib, sd R (W twirl lf);
7-8 fwd L trn to fc ptnr, sd R, cl L to op fcg; thru R twd lod, sd L fc ptnr, cl R bfly wall;

PART A

- 1 - 4 WALTZ AWAY; WRAP UP; FORWARD WALTZ; PICK UP;
1 rel ld hnsd fwd L trn away from ptnr, sd R, cl L;
2 lower jnd hnds fwd R (W wrap lf), fwd L, cl R;
3-4 fwd L, fwd R, cl L; small fwd R, sd L, cl R cp lod; (W fwd L arnd M, sd R, cl L);
5 - 8 TWINKLE OUT; TWINKLE IN; TWINKLE OUT; LADY ROLL TO LEFT OPEN;
5-6 thru L wall, fwd & sd R, cl L; thru R coh, sd L, cl R;
7-8 thru L wall, fwd & sd R, cl L; in place R, L, R; (W fwd L cross in front of M to lop lod)
9 - 12 LADY ROLL TO SKIRT SKATERS; TURN ¼ RF; BACK TRN ¼ RF; LADY ROLL ACROSS;
9 in place L, R, L; (W fwd R cross in front of M to skirt skaters posit)
10-11 fwd R trn ¼ rf to face wall, sd L, cl R; bk L trn ¼ rf to face rlod, sd R, cl L;
12 in place R, L, R; (W fwd L across in front of M, sd R, cl L)
13 - 16 STEP THRU FLARE IN; THRU SIDE BEHIND; TWIRL/VINE; {1ST TIME} PICK UP;
{2ND TIME} THRU FACE CLOSE;
13-14 thru L, -, flare in R; thru R, sd L, xRib;
15 sd L twd lod (W sd R trn rf under ld hnds), xRib (W bk L cont trn rf), sd L lop fcg;
16{1st time}small fwd R, sd L, cl R cp lod; (W fwd L face rlod, sd R, cl L){2nd time fwd R face, sd L, cl R;

PART B

- 1 - 4 DIAMOND TURNS;;;;
1-2 fwd L to bjo dlc, sd R cont lf trn, bk L to fc drc; bk R trng lf, sd L cont trn, fwd R bjo drw;
3-4 fwd L trng lf, sd R cont trn, bk L to bjo dlw; bk R blnd to cp/lod, sd L, fwd R to dlc;
5 - 8 LEFT TURN; HOVER CORTE; BACK WHISK; START IN & OUT RUNS;
5-6 (cp/lod) fwd L trng ½ lf to cp/drw, sd R, cl L; bk R trng lf, sd & fwd L risg, rec bk R to cbjo/dlw;
7 bk L, bk & sd R, xLib rise to tight scp/lod;
8 fwd R trn lf arnd W, bk & sd L to cp, bk R cbjo; (W fwd L, R, L to cbjo);
9-12 FINISH IN & OUT RUNS; FWD FACE CL; HOVER; CROSS HESITATION;
9 bk L trn rf, fwd & sd R trn rf, fwd L to scp; (W fwd R trn rf, fwd & sd L trn rf, fwd R scp);
10-11 fwd R, fc ptnr L, cl R; fwd L, fwd & sd R rising, rec fwd L to scp lod;
12 thru R, begin trn lf on R & tch L (W sd R arnd M trn lf), cont trn on R (W cl L to R cbjo);
13-16 OUTSIDE CHANGE {SCP}; MANUV; OVERSPIN TURN; BOX FINISH;
13-14 bk L, bk R trn lf (W sm fwd L), fwd L to scp (W fwd R); fwd R arnd W fc rlod, sd L, cl R;
15 bk L pvt ¾ rf cp wall, fwd R trn rising (W bk L/brush R), rec bk L fcg wall (W fwd R);
16 bk R, sd L, cl R;

YOU'RE THE ONE

PART C

- 1 - 4 HOVER; PICK UP; OPEN TELEMARK; CURVED FEATHER CK;
1-2 fwd L, fwd & sd R rising, rec fwd L to scp/lod; sm fwd R (w fwd L arnd man), sd L, cl R;
3 fwd L trn lf, cont lf trn sd R, sd & fwd L scp dlw;
(3) (W bk R trn lf, cl L to R w/ heel trn, cont trn lf sd & fwd R to scp);
4 sm fwd R trng rf blnd to cp wall, cont trn rf fwd L, fwd R ck to cbjo drw;
5 - 8 OPEN IMPETUS; WEAVE 3; BACK HOVER SCP; FWD FACE CLOSE;
5 bk L trn rf, cl R to L heel trn rf, sd & fwd L to scp;
(5) (W fwd R beside M, sd & fwd arnd M trn rf brush R to L, cont trn lod fwd R scp);
6 fwd R, fwd L trn lf cp, sd R dc cont lf trn;
7 bk L twd wall, bk on R trn rf, rec L fc lod scp; (W fwd R, trn rf rise on L, rec R scp lod);
8 fwd R, fc L, cl R; blend scp lod

PART D

- 1 - 4 FORWARD WALTZ; CROSS PIVOT SDCAR; TWINKLE BJO; FORWARD TCH;
1-2 fwd L, fwd R, cl L; fwd R arnd W trng rf, sd & fwd L cont rf trn, sd & fwd to sdcars lod;
(2) (W small fwd L trng rf, sd R trng rf, bk L to sdcars);
3-4 fwd L, sd & fwd R trng lf to drc, cl L to bjo drc; fwd R, tch L, -;
5 - 8 IMPETUS; WEAVE 6;; FWD FWD/LK FWD;
5 repeat meas 5 part C;
6 fwd R, fwd L trng lf cp coh, sd & bk R;(W fwd L, sd & bk R trng lf to cp, fwd L twd dlc);
7 bk L twd dlc to cbjo, bk & sd R trng lf to cp, sde & fwd L cbjo ;(W fwd R cbjo, sm fwd L trn lf to cp, sd & bk R to bjo);
8 bjo dlw fwd R, fwd L lk Rib, fwd L;
9 - 12 DEVELOP; OUTSIDE SWIVEL; THRU FACE CLOSE; CANTER;
9 Fwd R w/L ext twd rlod, -, - (W drw R up L leg to knee, ext R fwd);
10 bk L, xRif brush only (W fwd R, swivel rf on R to scp lod), -;
11-12 fwd R, fc L, cl R; sd L, draw R, cl R;
13 - 16 DIP; RECOVER SDCAR; TWINKLE BJO; FWD FACE CLOSE;
13-14 bk L on soft knee, -, -; rec R to sdcars drw, -,-;
15-16 fwd L, sd & fwd R trng lf, cl L to bjo/dlw; fwd R, fc ptr L, cl R to bfly;

END

DIP TWIST W/LEG CRAWL

bk L soft knee twist w/ leg crawl