

YOUR MAN

Music: Josh Turner

www.amazon.com/Your Man

Track # 4 Time 3:31

Available from choreographer

Rhythm: Cha Cha Phase: IV+2U (Alternating Underarm Turns)
(Start Stop & Go Into X-Body)

Footwork: Opposite except where (Noted)

Release Date: Dec 16

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Sequence: INTRO AB(1-15) C B(1-11) B(16-18) A C B A(1-7) END



INTRO

BFLY POS WALL LEAD FOOT FREE START AFTER A FUE NOTES

PART A

01-04 CHASE with/ W UNDERARM PASS ; ; NEW YORKER TWICE ; ;

{Chase with/W Underarm Pass} Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R twd M's L sd); Bk R raisg ld hnds, rec L, sd R/cl R, sd R (W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L/cl R, sd L) to BFLY COH; {New Yorker x 2} Thru L to LOP LOD, rec R to fc, sd L/cl R, sd L; Thru R to OP RLOD, rec L to fc, sd R/cl L, sd R to BFLY COH;

05-08 FENCE LINE ; DBL HANDHOLD UNDERARM TURN to STACKED HANDS ;

OPEN BREAK & CHANGE PLACES/W UNDERARM ; TRAVELING DOOR ;

{Fence Line} XLif (W XRif) w/ bent knee, rec R, sd L/cl R, sd L; {DBL Hndhold Underarm Turn to Stacked Hnds} Raisg both hnds up XRib, rec L, sd R/cl L, sd R (W XLif under both hnds trng RF, rec R contg to trn to fc M, sd L/cl R, sd L) to stacked hnds Lft over Rt hnds; {OP Break & Chng Sides/W Underarm} Strong bk L xtndg stacked hands fwd, rec R chng places on r-sd of the lady raising stacked hands, cont RF trn ipl L/R, L (W strong bk R xtndg stacked hands fwd, rec L chng places on r-sd of the man raising stacked hands, cont RF turn ipl R/L, R) to BFLY WALL; {Traveling Door} Rk sd R, rec L, XRif (W XLif)/sd L, XRif (W XLif) to BFLY WALL;

PART B

01-04 FULL TURN CHASE M & W & r-hndshk ; ; FLIRT to FAN ; ;

{Full Trn Chase M & W} [Relg Both Hnds] Fwd L turn ½ RF, fwd R cont turn ½ RF, ipl L/R, L (W bk R, rec L, ipl R/L, R); Bk R, rec L, ipl R/L, R (W fwd L turn ½ RF, fwd R cont turn ½ RF to fc ptr, ipl L/R, L) to r-hndshk WALL; {Flirt to Fan} Fwd L, rec R, sd L/cl R, sd L (W rk bk R, rec L trng LF, contg trn sd R/ cl L, sd R) to VARS WALL; Bk R, rec L, sd R/cl L, sd R (W rk bk L, rec R, sliding in frt of M sd L/cl R, trng to fc RLOD sd & bk L leavg R ft extended fwd) to fan pos [W fcg Rlod/M Wall];

05-07 START STOP & GO INTERRUPT w/ 2 SLOW SWIVELS ; ; INTO CROSS BODY ;

{Start Stop & Go Interrupt w/ 2 Swivels Into Cross Body} Fwd L, rec R, sd L/cl R, sd L lead W trn LF under ld hnds (W cl R, fwd L, fwd R/XLib, fwd R quick LF trng under ld hnds fc LOD); [S,-,S,-] Slow Rk sd R trng body slightly LF, -, slow rk sd L trng body slightly RF (W slow fwd L swvl LF ½, -, slow fwd R swvl RF ½) still in "L" shaped pos M fc WALL & W fc LOD; Sd & bk R comm LF to CP LOD, rec L cont LF trn, sd R/cl L, sd R (W fwd L comm LF turn to CP RLOD, sd R cont LF turn, sd L/cl R, sd L) to BFLY COH;

08-11 AIDA ; SWITCH CROSS ; CRAB WALK ENDING ; WHIP to WALL ;

{Aida} Thru L LOD, sd R to fc rel ld hnds, trng LF bk L/lk Rif, bk L LOD to V BK-TO-BK; {Switch Cross} Sd & bk R trng to fc ptr, rec L to BFLY COH, XRif (W XLif)/sd L, XRif (W XLif); {Crab Walk Ending} Sd L, XRif (W XLif), sd L/cl R, sd L; {Whip} Bk R trng LF & Idg W acrs, rec L contg LF trn (W fwd L trng LF & xg in frt of M, fwd & sd R contg LF trn, sd L/cl R, sd L) sd R/cl L, sd R to BFLY WALL;

12-15 BASIC 1/2 INTO 3 ALTERNATING UNDERARM TURNS W - M & W ; ; ; ;

{Basic ½ Into 3 Alternating Underarm Turns W - M & W} Fwd L, rec R, sd L/cl R, sd L; Raisg jnd ld hnds sm sd & bk R, rec L, sd R/cl L, sd R (W trng RF undr jnd hnds swivel on ball of R ft fwd L trng ½ RF, rec R cont RF trn to bfly, sd L/cl R, sd L) to BFLY; [join trailing hnds] Trng RF undr jnd tl hnds swivel on ball of R ft fwd L trng ½ RF, rec R cont RF trn to Bfly, sd L/cl R, sd L (W raisg trail hnds bk R, rec L, fwd & sd R/cl L, sd R); [join lead hnds] Repeat meas 13 Part B to BFLY WALL;

16-18 BASIC INTO 2 ALTERNATING UNDERARM TURNS W & M BOTH in 4 ; ; ;

{Basic Into 2 Alternating Underarm Turns W & M Both in 4} Fwd L, rec R, sd L/cl R, sd L ; Repeat meas 13 Part B ; [1,2,3,4] [join trailing hnds] Trng RF undr jnd tl hnds swivel on ball of R ft fwd L trng ½ RF, rec R cont RF trn to Bfly, sd L, cl R (W raisg trail hnds bk R, rec L, fwd & sd R, cl L) ;

PART C

01-04 BACK BREAK Into FORWARD TRIPLE CHA to LOD ; ; FORWARD BREAK Into BACK TRIPLE CHA to RLOD ; ;

{Bk Break Into Fwd Triple Cha to LOD} [Relg ld hands] XLib (W XRib) to OP LOD, rec R, w/ bdy trn twd ptr fwd L/lk Rib (W lk Lib), fwd L ; Chg hnds to L/L w/ bdy trn away from ptr fwd R/lk Lib (W lk Rib), fwd R, chg hnds to R/R w/ bdy trn twd ptr fwd L/lk Rib (W lk Lib), fwd L ; {Fwd Break Into Bk Triple Cha to RLOD} [Relg ld hands] XRif (W XLif) to OP LOD, rec L, bk R/lk Lif (W XRif), bk R ; Chg hnds to L/L w/ bdy trn away from ptr bk L/lk Rif (W XLif), bk L, chg hnds to R/R w/ bdy trn twd ptr bk R/lk Lif (W XRif), bk R ;

05-08 HAND to HAND ; SPOT TURN TWICE ; ; HAND to HAND ;

{Hand to Hand} Relg ld hnds XLib (W XRib) trng to OP, rec R to BFLY, sd L/cl R, sd L to BFLY WALL ; {Spot Turn x 2} Relg both hands] XRif (W XLif) trng 1/2 LF, rec L contg to trn to fc ptr, sd R/cl L, sd R ; XLif (W XRif) trng ½ RF, rec R contg to trn to fc ptr, sd L/cl R, sd L to BFLY WALL ; {Hand to Hand } Relg tl hnds XRib (W XLib) trng to LOP, rec L to BFLY, sd R/cl L, sd R ;

ENDING

01 SIDE LUNGE & HOLD ;

{Sd Lunge & Hold} [Q] Sd lunge R (W sd lunge L) xtndg hnds to sd & hold ;