

# YOU'RE THE ONE

Date: 10/10/03

CHOREOGRAPHY: Gary & Barb Dean

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MUSIC: YOU'RE THE ONE - DWIGHT YOAKAM (Album: If There Was A Way)

FOOTWORK: OPPOSITE. Directions for man unless otherwise indicated

ROUNDALB PHASE: II

RHYTHM: WALTZ

SEQUENCE: INTRO A B A INTER1 B A INTER2 A END

## INTRO (OP FCG)

(1-4) **2 MEAS WT;; APT, -, PT, -, PU, SD, CI;**

In OP FCG Wt 2 Meas;; Apt L,-, Pt R twd ptr,-; Tog R (W Tog L trng LF to fc M) to CP LOD, Sd L, CI R;

(5-8) **L TURNING BOX;;;**

Fwd L Trng 1/4 LF, Sd R, CI L; Bk R Trng 1/4 LF, Sd L, CI R; Fwd L Trng 1/4 LF Sd R, CI L; Bk R Trng 1/4 LF to Wall, Sd L, CI R blnd to SCAR DLW;

## A (SCAR-DLW)

(1-4) **3 PROG TWKLS;;; FWD TO BJO, TCH, -;**

xLif (W xRib), Fwd & Sd R Trng LF, CI L blndg to BJO DLC; xRif (W xLib), Fwd & Sd L Trng RF, CI R blndg to SCAR DLW; xLif (W xRib), Fwd & Sd R Trng LF, CI L blndg to BJO DLC; Fwd R in Bjo, Tch L;

(5-8) **3 BK TWKLS;;; DIP BCK & HOLD;**

xLib (W xRif), Bk & Sd R Trng RF, CI L blndg to SCAR DLW; xRib (W xLif), Bk & Sd L Trng LF, CI R blndg to BJO DLC; xLib (W xRif), Bk & Sd R Trng RF, CI L blndg to CP LOD; Bk R, Hold, Hold;

(9-12) **FWD WLTZ; MANUV; 2 R Trng TO PU;**

Fwd L, Fwd R, Fwd L; Fwd R Trng RF, Fwd L Trng RF to RLOD, CI R; Bk L Trng 1/8 RF, Sd R Trng 1/8 RF to COH, CI L, Fwd R Trng 1/8 RF, Sd L Trng 1/8 RF to LOD, CI R;

(13-16) **FWD WLTZ; FWD WLTZ; 2 L Trng TO BFLY WALL;**

Fwd L, Fwd R, Fwd L; Fwd R, Fwd L, Fwd R L; Fwd L Trng 1/4 LF, Sd R Trng 1/4 LF to fc RLOD, CI L, Bk R Trng 1/4 LF, Sd L Trng 1/8 LF to fc Wall, CI R blndg to Bfly;

## B (BFLY)

(1-4) **BFLY BOX;; REV BOX;;**

Fwd L, Sd R, CI L; Bk R, Sd L, CI R; Bk L, Sd R, CI L; Fwd R, Sd L, CI R;

(5-8) **BAL L & R;; SOLO Trng 6 TO BFLY;;**

Sd L, xRib, SIP L; Sd R xLib, SIP R; Sd & Fwd L Trng LF (W Sd & Fwd R Trng RF), Sd & Bk R Contg trn, CI L jn Id hnds to fc RLOD in LOP; Bk R Contg trn, Sd L Contg trn to fc ptr, CI R blndg to Bfly;

(9-12) **WLTZ AWY & TOG;; TWL VIN; PU TO CLSD;**

Sd & Fwd L Trng LF (W Sd & Fwd R Trng RF), Sd R, CI L; Fwd & Sd R Trng RF (W Fwd & Sd L Trng LF), Sd L Contg trn to fc ptr & Wall, CI R; Sd L (W Sd & Fwd R Comm RF trn undr jnd Id hnds), XRib (W Sd & Bk L Contg trn), Sd L (W Sd & Fwd R Contg trn) to fc ptr to CP; Fwd R (W Fwd L Trng LF in frt of M), Sd L, CI R to CP RLOD;

(13-16) **L TURNING BOX;;;**

Fwd L Trng 1/4 LF, Sd R, CI L; Bk R Trng 1/4 LF, Sd L, CI R; Fwd L Trng 1/4 LF Sd R, CI L; Bk R Trng 1/4 LF to Wall, Sd L, CI R blndg to SCAR DLW;

## INTERLUDE 1 (BFLY)

(1-4) **TWISTY BAL L & R;; TWL VIN; THRU FC CI;**

Sd L, xRib (W xLif), SIP L; Sd R xLib (W xRif), SIP R; Sd L (W Sd & Fwd R Comm RF trn undr jnd Id hnds), xRib (W Sd & Bk L Contg trn), Sd L (W Sd & Fwd R Contg trn) to fc ptr; xRif (W xLif) trng twds ptr, Sd L to fc ptr, CI R to BFLY Wall;

(5-8) **LACE UP TO BFLY;;;**

Sd & Fwd L xg bhd W (W Sd & Fwd R xg in frt of M undr jnd Id hnds), Fwd R to LOP LOD, CI L; Fwd R, Fwd L, CI R; Rlse Id hnds & jn trlg hnds Fwd L xg bhd W (W Fwd R xg in frt of M undr jnd trlg hnds), Fwd R, CI L; Fwd R, Fwd L, CI R to OP LOD;

## INTERLUDE 2 (BFLY)

(1-4) **BFLY BOX;; REV BOX;;**

Fwd L, Sd R, CI L; Bk R, Sd L, CI R; Bk L, Sd R, CI L; Fwd R, Sd L, CI R;

(5-8) **BAL L & R;; TWL VIN; PU TO CID;**

Sd L, xRib, SIP L; Sd R xLib, SIP R; Sd L (W Sd & Fwd R Comm RF Trng undr jnd Id hnds), XRib (W Sd & Bk L Contg trn), Sd L (W Sd & Fwd R Contg trn) to fc ptr to CP; Fwd R (W Fwd L Trng LF in frt of M), Sd L, CI R to SCAR DLW;

## ENDING (BFLY)

(1-2) **TWL VIN; THRU APT PT;**

Sd L (W Sd & Fwd R Comm RF Trng undr jnd Id hnds), xRib (W Sd & Bk L Contg trn), Sd L (W Sd & Fwd R Contg trn) to fc ptr; xRif (W xLif) Trng twds ptr, Apt L to LOP-FCG, Pt R twd ptr,-;