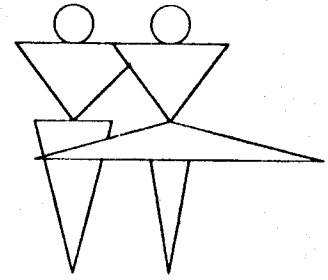


MUSTANG SALLY



Dance by: Rod & Susan Anderson Release Date: July 1995
8923 Melrose, Overland Park, KS 66214
913-492-8241

Record: Atlantic Oldies OS 13026 Artist: Wilson Pickett

Footwork: Opposite throughout (Woman's footwork in parenthesis)

Rhythm/Phase: West Coast - Phase V+2 (Whip w/outside trn, Whip
w/three inside trns) + several unphased figures Suggested speed: 45 RPM

Sequence: Intro-A-B-C-B-A-B-End Time 3:03 at 45 RPM

INTRO

1-4 WAIT; LUNGE SD AND HOLD; LUNGE CHANGE SIDES AND HOLD; WOMAN FWD SWIVEL TO FC;

- 1 Wait one meas in tandem both fc LOD arms down (point fingers twd M palm down) M hold W's hands wt on M's R ft;
- 2 [LUNGE] lunge sd L twd COH take right hnds up and place on W's right shoulder left hnds down in front of M, -,-,- (lunge R twd Wall swiveling LF on R to fc COH left ft pointed twd COH look at M,-,-,-);
- 3 [LUNGE CHANGE SIDES] lunge sd R twd Wall take left hnds up and place on W's left shoulder right hnds down and in front of M,-,-,- (fwd L twd COH swiveling RF on L to fc WALL right ft pointed twd WALL look at M,-,-,-);
- 4 [WOMAN FWD SWIVEL TO FC] rec L,-, in pl R/L, R to LOP feg LOD (fwd R DW,-, fwd L swivel RF to fc M and RLOD/in pl R, L);

PART A

1-16 SUGAR PUSH; -,- WHIP CHANGE HANDS BEHIND THE BACK to STACKED HNDS;; -,- UNDERARM TURN MAN TRANS TO SIDE BY SIDE;; WOMAN'S SUGAR PUSH w/SHUFFLES;; UNDERARM TURN EXIT MAN TRANS; -,- WHIP w/OUTSIDE TURN;; -,- SUGAR PUSH w/HAND CHANGE;; WHEEL SWIVELS;;;;

- 1-1 1/2 [SUGAR PUSH] bk L, R, tch L, fwd L; XRIB/sd L, sd R (fwd R, L, tch R, bk R; bk L/ cl R, fwd L)
- 1 1/2- 3 1/2 [WHIP CHANGE HANDS BEHIND THE BACK] bk L trng RF, fwd R to W's rt sd W into rt arm fc WALL; pt left to sd, trn 1/4 RF fc RLOD sd L take W's rt hnd and put it in M's rt hand behind her back, XRIB trn RF 1/2 to fc LOD retain jnd rt hnds, sd L; XRIB/sd L, sd R jn left hnds over top of rt hnds (fwd R swvl 1/2 RF, bk L; bk R/cl L, fwd R, swivel RF 1/2 bk L LOD, trn 1/2 fwd R LOD; trn 1/2 fc RLOD bk L/cl R, fwd L)
- 3 1/2-5 [UNDERARM TRN MAN TRANS TO SD-BY-SD] bk L trn RF take all hnds high lead W to trn LF, fwd R cont trn; in pl L/R, L fc DRW with rt hnds high and left hnds low, fwd R RLOD trn RF 1/2 under right hnds fc LOD take right hnds down in frnt of W take left hnds to M's left shoulder, cl L (fwd R, fwd L; trn LF 1/2 under jnd hnds in pl R/L, R, L/R, L);
- 6-7 [WOMAN'S SUGAR PUSH w/SHUFFLES] fwd R, L, pt R fwd, bk R; bk L/cl R, cl L/pt R fwd, cl R/pt L fwd, cl L/pt R fwd;

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- 8-8 1/2 [UNDERARM TRN EXIT MAN TRANS] drop left hnds fwd R, L lead W to twirl LF under right hnds, fwd R, L; XRIB/sd L, sd R to LOP fcg LOD (fwd R, L start LF trn, trn 1 1/2 LF in pl R/L, R; bk L/cl R, fwd L)
- 8 1/2-10 1/2 [WHIP w/OUTSIDE TRN] bk L trn RF, fwd R to W's rt sd W into rt arm fc WALL; pt left to sd, trn 1/4 RF fc RLOD in CP sd L, XRIB trn RF 1/2 to fc LOD, sd L lead W to twirl RF under lead hnds; in pl R/L, R (fwd R swvl 1/2 RF, bk L; bk R/cl L, fwd R, swivel RF 1/2 bk L LOD, trn 1/2 fwd R LOD; trn 1/2 fc RLOD in pl L/R, L* option W may do another full turn on the tripple instead of the anchor step)
- 10 1/2-12[SUGAR PUSH w/HAND CHANGE] bk L, R; tch L take hnds up to palm-to-palm with M's fingers on the outside and W's fingers over the top, fwd L, XRIB/sd L, sd R (fwd R, L; tch R, bk R, bk L/cl R, fwd L);
- 13-16 [WHEEL SWIVELS] bk L with hnds lead W to swivel slightly LF, bk R lead W to swivel slightly RF, tch L toe to right instep, stp sd L starting a 1/2 couple trn over the next 2 measures; tch R heel to sd, XRIF, tch L toe, tch L heel; XLIF, tch R toe, tch R heel, XRIF; tch L, fwd L, XRIB/sd L, sd R end LOP fcg RLOD (fwd R, L, tch R toe to left instep, tch R heel to sd; XRIF, tch L toe, sd L, tch R heel; XRIF, tch L toe, tch L heel, XLIF; tch R, bk R, bk L/cl R, fwd L);

PART B

1-8 WHIP w/THREE INSIDE TURNS;;; SIDE BREAKS; WHIP & PUSH (TWICE);;;

- 1-3 [WHIP w/THREE INSIDE TRNS] bk L trng RF, fwd R to W's rt sd W into rt arm fc WALL, pt left to sd, trn 1/4 RF fc RLOD in CP sd L; leading the W to trn LF bring lead hnds between heads stp fwd R arnd W, sd & fwd L fc WALL W in right arm bring lead hnds down, fwd R arnd W, sd & fwd L fc COH W in right arm bring lead hnds down; fwd R arnd W, sd & fwd L fc WALL W in right arm bring lead hnds down, fc RLOD XRIB/sd L, sd R end LOP fcg RLOD (fwd R swvl 1/2 RF, bk L, bk R/cl L, fwd R; fwd L twd RLOD, fwd R trn 1/2 LF under lead hnds fc LOD, fwd L, R trn LF 1/2 fc RLOD; fwd L, R trn LF 1/2 fc LOD, bk L/cl R, fwd L);
- 4 [SIDE BREAKS] sd L/sd R, cl L/cl R, sd L/sd R, cl L/cl R;
- 5-8 [WHIP & PUSH TWICE] bk L trng RF, fwd R to W's rt sd W into rt arm fc WALL, pt left to sd, trn 1/4 RF fc RLOD in CP sd L; fwd R, L, XRIB/sd L, sd R (fwd R swvl 1/2 RF, bk L, bk R/cl L, fwd R; bk L, R, L/cl R, fwd L;)
REPEAT meas 5-6 part B

PART C

1-8 CROSS POINT TWICE; TWIN CITIES;;; -,- CROSS POINT 4 TIMES;;; -,- TWIN CITIES;;;

- 1 [CROSS PT TWICE] jn hnds in low BFLY backing LOD XLIB (XRIF), pt R to sd, XRIB (XLIF), pt L to sd;
- 2-4 1/2 [TWIN CITIES] Retain jnd hnds throughout bk L start 1/2 LF trn, cl R fc LOD, in pl L/R, L; lead W to trn RF under lead hnds in pl R/L, R, lead W to trn LF to fc L/R, L; lead W RF under lead hnds R/L, bk R to low BFLY (fwd R, L pass M's left sd,

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trn 1/2 to fc in pl R/L, R; trn 1/2 RF under lead hnds keep trailing hnds low in pl L/R, L, trn LF bk to fc M in pl R/L, R; spot twrl RF one full trn under lead hnds L/R, L)

4 1/2-6 1/2 [CROSS PT 4 TIMES] Repeat Meas 1, part C twice moving RLOD

6 1/2-8 [TWIN CITIES] Repeat Meas 1-4 1/2 part C to end LOP fcg RLOD

9-16 ALTERNATING UNDERARM TURN; -,- SIDE WHIP;; -,- SUGAR TURN & TWIRL;; SUGAR PUSH WITH ROCKS;;

9-10 1/2 [ALTERNATING UNDERARM TRN] bk L trn RF, fwd R fc LOD, lead W to trn LF in pl L/R, L; trn LF under lead hnds R/L, R to LOP fc RLOD (fwd R, L, trn 1/2 LF under lead hnds R/L, R; in pl L/R, L)

10 1/2-12 1/2 [SIDE WHIP] bk L trng RF, fwd R to W's rt sd W into rt arm fc WALL; pt left to sd, -,-, rec L; XRIB/sd L, sd R (fwd R swvl 1/2 RF, bk L; bk R/cl L, fwd R, fwd L, R trn LF 1/2; bk L/cl R, fwd L)

12 1/2-13 [SUGAR TURN AND TWIRL] bk L, R lead W to trn RF into her right arm trailing hnds low between ptrns; tch L, fwd L, twrl W under lead hnds XRIB/sd L, sd R (fwd R, L trn RF 1/2 right arm will be wrapped in frnt; pt R fwd, fwd R trn 1/2 RF under lead hnds bk L/cl R, fwd L);

14-16 [SUGAR PUSH WITH ROCKS] bk L, R, take hnds up to palm-to-palm with M's fingers on the outside and W's fingers over the top tch L, sm stp fwd L stop fwd movement keep elbows at sd with starch; shift wt with very slight rocking action bk R, fwd L, bk R, fwd L; bk R, fwd L, XRIB/sd L, sd R (fwd R, L, tch R, bk R; rk fwd L, bk R, fwd L, bk R; fwd L, bk R, bk L/cl R, fwd L);

REPEAT B (FCG LOD)

REPEAT A

REPEAT B

END

1-7 CROSS POINT TWICE; TWIN CITIES;; -,- SUGAR TURN & TWIRL;; SUGAR PUSH WITH ROCKS WRAP & LUNGE;;

1 Repeat Meas 1 part C

2-4 1/2 Repeat Meas 2-4 1/2 part C

4 1/2-5 Repeat Meas 12 1/2-13 part C

6-8 [SUGAR PUSH WITH ROCK AND WRAP] bk L, R, take hnds up to palm-to-palm with M's fingers on the outside and W's fingers over the top tch L, sm stp fwd L stop fwd movement keep elbows at sd with starch; shift wt with very slight rocking action bk R, fwd L, bk R lead W to trn LF into M's right arm,-, lunge sd L bring lead hnds dōwn in frnt look at W and hold (fwd R, L, tch R, bk R; rk fwd L, bk R, fwd L, fwd R trn LF under lead hnds; lower slightly into right knee keep left arm in front of body and hold).

Note: This dance is written with coaster endings on most figures. Anchor endings may be substituted in most cases.

ABC BAB

WAIT
LUNGE SIDE & HOLD

LUNGE SIDE & HOLD
LADY FWD & SWIVEL TO FACE

A	SUGAR PUSH ← WHIP CHANGE HAND BEHIND BACK TO STAKED HANDS --- ← UNDERARM TURN SIDE BY SIDE -----	----- WOMAN'S SUGAR PUSH & SHUFFLE UNDERARM TURN EXIT
	----- WHEEL SWIVELS -----	← WHIP WITH OUTSIDE TURN ← SUGAR PUSH WITH HAND CHANGE ----- -----
B	WHIP WITH 3 INSIDE TURNS --- WHIP & PUSH FACE LOD WHIP & PUSH FACE RLOD	----- SIDE BREAKS ----- -----
C	CROSS & POINT TWICE ----- ← CROSS & POINT 4 TIMES ← TWIN CITIES	TWIN CITIES ----- ----- -----
	ALTERNATING UNDERARM TURN ← SIDE WHIP ← SUGAR TURN & TWIRL -----	----- ----- SUGAR PUSH WITH ROCK 6 -----
END	CROSS & POINT TWICE ----- ← SUGAR TURN & TWIRL -----	TWIN CITIES ----- SUGAR PUSH WITH ROCK 2 ← WRAP & LUNGE

MUSTANG SALLY
(WAIT TANDEM LOD MAN HOLD LADY HANDS MAN'S L LADYS R FREE)