

Me and My Shadow

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Music: Hi Hat 875

Rhythm/Phase: Two Step/ II+2 (Strolling Vine & Stairs) + 1 (Slow Dbl Twrl Vine)

Footwork: For Man (Woman's footwork in parenthesis, if different)

Sequence: Intro, A, B, A, B (1-15), End

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INTRO

1-4 WAIT 2 ; ; APT, -, PT, -; TOG, -, TCH, -;

1-2 Wait 2 meas in LOP fcg WALL ; ;
SS 3 [Apart Point] Step apart L, - point R at ptrn, - ;
SS 4 [Together & Touch] Forward R to BFLY, - tch L to R, - ;

PART A

1-8 FACE-TO FACE ; BACK-TO-BACK ; 2 TRNG TWO-STEPS ; ; STROLLING VINE ; ; ; ;

QQS 1 [Face-to-Face] Sd L, cl R, sd L trng ½ LF (W RF), - to end with back toward ptrn ;
QQS 2 [Back-to-Back] sd R, cl L, sd R trng ½ RF (W LF) to fc ptrn, - ;
QQS;QQS 3-4 [2 Turning Two-Steps] Sd L, cl R, sd & fwd L trng ½ LF ; sd R, cl L, sd & bk R trng ½ to fc WALL ; ;
SS; QQS 5-6 [Strolling Vine] Sd L, -, XRIB, - ; Sd L, cl R, sd & fwd L trng ½ LF ;
SS; QQS 7-8 Sd R, -, XLIB, - ; Sd R, cl L, sd & fwd R trng ½ RF to fc WALL ; ;

9-16 FACE-TO-FACE ; BACK-TO-BACK ; OPEN VINE 4 ; ; LEFT TRN BOX ; ; ; ;

QQS 9 [Face-to-Face] Sd L, cl R, sd L trng ½ LF (W RF), - to end with back toward ptrn ;
QQS 10 [Back-to-Back] sd R, cl L, sd R trng ½ RF (W LF) to fc ptrn, - ;
SSSS 11-12 [Open Vine 4] Sd L releasing trailing hands and trng ¼ RF (W LF) to Left Open Position, -, bk R trng ¼ LF (W RF) to fc partner and rejoining trailing hands, - ; sd L releasing lead hands and trng ¼ LF (W RF) to Open Position, -, fwd R trng ¼ RF (W LF) to fc partner rejoining lead hands, - ;
QQS X4 13-16 [Left Turning Box] Sd L, cl R, fwd L trn 1/4 LF, - ; sd R, cl L, bk R trn 1/4 LF, - ; sd L, cl R, fwd L trn 1/4 LF, - ; sd R, cl L, bk R trn 1/4 LF, - ;

PART B

1-8 SLOW DBL TWIRL VINE ; WALK, -, PICKUP, - ; STAIRS 8 ; ; FWD TO BJO, -, CHECK, - ; BACK HITCH SCISSOR ; FWD TWO-STEP ; WALK, -, TWO, - ;

SS (QQQQ) 1 [Slow Double Twirl Vine] Sd L, -, XRIBL, - (W Sd & fwd R trng 1/2 RF, sd & bk L trng 1/2 RF, sd & fwd R trng 1/2 RF, sd & bk L trng 1/2 RF) ;
SS 2 [Walk & Pickup] Fwd L, -, fwd R, - (W fwd R, -, fwd L trng ½ LF to CP, -) ;
8Qs 3-4 [Stairs 8] Fwd L, cl R, sd L, cl R, fwd L, cl R, sd L, cl R ;
SS 5 [Fwd to BJO & Check] Fwd L, -, with slight RF upper body turn lead lady to BJO as fwd R, - ;
QQS 6 [Back Hitch Scissor] Bk L, cl R, fwd L, - (W Fwd R trng ½ RF, cl L, fwd R in SCP, -) ;
QQS 7 [Fwd Two-Step] Fwd R, fwd L, fwd R, - (W fwd L, fwd R, fwd L, -) ;
SS 8 [Walk 2] fwd L, -, fwd R, - (W fwd R, -, fwd L, -) ;
9-16 LACE UP ; ; CIRCLE CHASE ; ; ; SLIDING DOOR ; ; WALK, - MAN, - ; PIVOT, -, 2, - ;

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- QQS; QQS 9-10 [Lace Up] With man's left and woman's right hands joined and man passing behind woman moving diagonally across LOD ending in LOP facing LOD fwd L, cl R, fwd L, - (W Passing in front of man under joined hands and moving diagonally across LOD fwd R, cl L, fwd R, -) ; With man's right and woman's left hands joined and man passing behind woman moving diagonally across LOD ending in OP facing LOD fwd R, cl L, fwd R, - (W Passing in front of man under joined hands and moving diagonally across LOD fwd L, cl R, fwd L, -) ;
- QQS X4 11-14 [Circle Chase] Releasing contact with partner start a left face circular pattern fwd L, cl R, fwd L, - (W Start a left face circular pattern fwd R, cl L, fwd R, -) end both fcg COH w/ W directly behind M ; cont circular pattern fwd R, cl L, fwd R, - (W fwd L, cl R, fwd L, -) end both fcg RLOD in LOP ; continuing circular pattern fwd L, cl R, fwd L, - (W continuing circular pattern fwd R, cl L, fwd R, -) end both fcg WALL M behind W ; cont circular pattern fwd R, cl L, fwd R, - (W fwd L, cl R, fwd L, -) end in OP fcg LOD ;
- SS 15 [Walk, -, Maneuver, -] Fwd L, -, sd & fwd R trng ½ RF to CP fcg RLOD, - (W fwd R, -, small fwd L, -) ;
- SS 16 [Pivot 2] Starting RF upper body turn sd & bk L trng ½ RF to fc LOD, -, fwd R, - (W fwd strong R between M's feet trng ½ RF to fc RLOD, -, bk L, -) ;

REPEAT PART A

PART B (1-15)

- 1-8 SLOW DBL TWIRL VINE 2 ; WALK, -, PICKUP, - ; STAIRS 8 ; ; FWD TO BJO, -
CHECK, - ; BACK HITCH SCISSOR ; FWD TWO-STEP ; WALK, -, TWO, - ;
- 9-15 LACE UP ; ; CIRCLE CHASE ; ; ; SLIDING DOOR ; ; WALK, - MAN, - ;

END

- 1 MAN PIVOT ½, -, STOMP, - ;
- SS (-S) 1 [Man Pivot ½ & Stomp] Releasing all contact w/Lady sd & Bk L trng ½ RF to fc LOD, -, lower R sharply to floor, - (W hold placing hands on hips, -, stamp R sharply, -) ;