

RECIPE FOR LOVE

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Song: Recipe for Love, Track 3
Jive, Phase V
INTRO, A, A, B, INTER, C, B (1-14), ENDING

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Harry Connick, Jr., Recipe for Love
CD: We Are In Love
Released: 8/10/05 Speed: 44 rpm

INTRO

1-4 WAIT;; SD, TCH, SD, TCH; SD, CL, SD, KNEE;

1-2 {Wait} Wait 2 meas in low BFLY fc wall lead ft free;;
1-3- 3-4 {Sd tch sd tch} Sd L, tch R to L, sd R, tch L to R; {Sd cl sd
123- knee} Sd L, cl R, sd L, lift R knee across L leg twd LOD;

5-8 SD, TCH, SD, TCH; SD, CL, SD, KNEE; CIRCLE 4 WITH ARMS;;

1-3- 5-6 {Sd tch sd tch} Sd R, tch L to R, sd L, tch R to L; {Sd cl sd
123- knee} Sd R, cl L, sd R, lift L knee across R leg twd RLOD;
1-3- 7-8 {Circle 4} Circle LF L., R.; L., R to end in SCP LOD using jazz
5-7- hnds shaking hnds palms away from body fingers spread at head
level,;

9-12 ROCK THE BOAT; TWO FWD TRIPLES; ROCK THE BOAT; TWO FWD TRIPLES;

1234 9-10 {Rock the Boat} Push R leg bk straight to step fwd L with knee
1&23&4 bend, cl R to L bend both knees, push R leg bk straight to step
fwd L with knee bend, cl R to L bend both knees; {Two fwd
triples} fwd L/ cl R to L, fwd L, fwd R/ cl L to R, fwd R;

1234 11-12 {Rock the Boat} Push R leg bk straight to step fwd L with knee
1&23&4 bend, cl R to L bend both knees, push R leg bk straight to step
fwd L with knee bend, cl R to L bend both knees; {Two fwd
triples} fwd L/ cl R to L, fwd L, fwd R/ cl L to R, fwd R;

13-16 VINE 2., ROLL 2.; FRONT VINE 4; ROLL 2., FRONT VINE 6.;;

1234 13-14 {Vine 2 Roll 2} Sd L, XRIB of L, Sd & fwd L roll LF, cl R cont
1234 LF roll to fc ptr & wall in BFLY; {Front vine 4} Sd L, XRIF of
L, sd L, XRIB of L;

1234 15-16 {Roll 2 Front Vine 6} Sd & fwd L roll LF, cl R cont LF roll to fc
1234 ptr & wall in BFLY, sd L, XRIF of L; sd L, XRIB of L, sd L,
XRIF of L;

PART A

1-4 JIVE CHASSE LEFT & RIGHT; FALLAWAY THROWAWAY;; AMERICAN SPIN.;;

1&23&4 1-2 {Jive Chasse L & R} Blend to CP Sd L/ cl R, sd L, sd R/ cl L, sd
123&4 R; {Fallaway Throwaway} Rk bk L, recov R, sd L/ cl R, sd L
trning LF to fc LOD bringing W to pick-up pos;

- 1&234 3-4 {**Cont Fallaway Throwaway**} Sd R/ cl L, sd R twd DW as W separates from M. {**American Spin**} Rk apt L, recov R; fwd L/ cl R, fwd L to give W strong L arm for her to push off, triple R/L, R (W rk apt R, recov L; fwd R/ cl L, fwd R to spin RF 360°, triple L/R, L);
- 1&23&4
- 5-8 STOP & GO;; LINK ROCK TO SEMI FALLAWAY ROCK;;**
- 123&4 5-6 {**Stop & Go**} Rk bk L, recov R, fwd L/ cl R, fwd L; rk fwd R, recov L, small bk R/ cl L, bk R (W rk bk R, recov L, in pl R/L, R trning ½ LF under joined hnds to end at M's R sd; M catches W with R hnd on W's L shoulder blade as she rocks bk L, recov R, in pl L/R, L trning ½ RF under joined hnds to fc M);
- 123&4 7-8 {**Link Lock to Semi Fallaway Rock**} Rk apt L, recov R, chasse fwd L/R, L as trn RF to fc wall; sd triple R/ L, R to semi, rock bk L, recov R (W rk apt R, recov L, chasse fwd R/L, R trning RF to end fc ptr; sd triple L/R, L, rk bk R, recov L);
- 1&234

REPEAT PART A

PART B

- 1-4 JIVE WALKS; SWIVEL 4; JIVE WALKS; THROWAWAY;**
- 1&23&4 1-2 {**Jive walks**} Fwd L/R, L, fwd R/L, R; {**Swvl Walk 4**} Fwd L, fwd R, fwd L, fwd R crossing ft in front of each other & swvling in out in out;
- 1234
- 1&23&4 3-4 {**Jive Walks**} Fwd L/R, L, fwd R/L, R; {**Throwaway**} sd L/ cl R, sd L trning LF to fc LOD bringing W to pick-up pos, sd R/ cl L, sd R twd DW as W separates from M;
- 1&23&4
- 5-8 CHICKEN WALKS 2 SLOWS 4 QUICKS;; LEFT TO RIGHT WITH CONTINUOUS CHASSE;;**
- 1-3- 5-6 {**Chicken Walks**} Bk L,, bk R,; bk L, R, L, R (W swvls to step fwd R toe out,, swvls to step fwd L toe out,; cont swvls fwd R, L, R, L);
- 1234
- 123&4 7-8 {**L to R cont chasse ending**} Rk apt L, recov R, stretch L sd lead W under LF trn chasse L/R, L; sd R/ cl L, sd R/ cl L, sd R/ cl L, sd R (W rk apt R, recov L, fwd chasse R/L, R trning ¾ LF under lead hnds; sd L/ cl R, sd L/ cl R, sd L/ cl R, sd L);
- 1&2&3&4
- 9-12 FLICKS TO BREAKS;;;;**
- 12-4 9-10 {**Flicks to Breaks**} Fc LOD rk bk L, recov R blend to BFLY, pt L thru, step fwd L; pt R thru, step fwd R, pt L thru, step fwd L;
- 2-4
- 2-4 11-12 {**Cont Flicks to Breaks**} Kick thru R, step sd R twd RLOD, kick thru L, step sd L twd LOD; kick thru R, step sd R twd RLOD, kick thru L, step sd L twd LOD;
- 2-4
- 13-16 CONT FLICKS TO BREAKS; THROWAWAY; WHIP TRN OVERTRND TO SCP;;**
- 1--&4 13-14 {**Cont Flicks to Breaks**} Cross thru R & hold,, recov on ball of L ft/ chg bk to R; {**Throwaway**} sd L/ cl R, sd L trning LF to fc LOD bringing W to pick-up pos, sd R/ cl L, sd R twd DW as W
- 1&23&4

- 123&4 15-16 separates from M;
 123&4 {Whip Trn to SCP} Rk apt L, recov R, triple L/R, L twd ptr trning strongly RF; XRIB of L trn strongly RF, sd L, cont RF trn triple time R/L, R to SCP LOD (W sd L, XRIF of L, triple time L/R, L to SCP LOD);

INTERLUDE

1 RK BK, RECOV, SD, CLOSE;

- 1234 1 Rk bk L in SCP, recov R to fc ptr, sd L, cl R to BLFY;

PART C

1-4 HOLD FRONT LIMP HOLD; FRONT LIMP SD TAP; TAP FRONT LIMP HOLD; FRONT LIMP SD TCH;

- 23- 1-2 {Limps & Taps} Hold ct 1, sd L, XRIF of L, hold ct 4; sd L, XRIF of L, sd L, tap RIB of L;
 -23- 3-4 {Cont Limps and Taps} Tap RIB of L again, sd R, XLIF of R, hold ct 4; sd R, XLIF of R, sd R, tch L to R;

5-8 SD CL SD TCH BOTH WAYS;; LADY FRONT LIMP,, MAN FRONT LIMP;; LADY FRONT LIMP,, MAN FRONT LIMP;;

- 123- 5-6 {Sd Cl Sd Tch Both Ways} Sd L, cl R, sd L, tch R; sd R, cl L, sd R, tch L;
 --&3- 7-8 {Alternating Limps} Man holds as (W front limps sd R/ XLIF of R), both hold, he front limps sd L/ XRIF of L (W holds), both hold; Man holds as (W front limps sd R/ XLIF of R), both hold, he front limps sd L/ XRIF of L (W holds), both hold;

9-12 JIVE CHASSE LEFT & RIGHT; CHG PLACES R TO L;; BEHIND THE BACK SHAKE HND;;

- 1&23&4 9-10 {Jive Chasse L & R} Sd L/ cl R, sd L, sd R/ cl L, sd R; {Chg Places R to L} Rk bk L in SCP, recov R, chassé L/R, L trn ¼ LF (W rk bk R, recov L, sd R/ cl L, fwd R trn ¼ RF under joined lead hnds);
 1&234 11-12 {Cont R to L } Chasse R/L, R (W sd & slightly bk L/R, L),
 1&23&4 {Behind the back} Rk apt L, recov R; slgt fwd L/ cl R, fwd L trn ¼ LF chg W's R hnd to your R hnd, slgt sd & bk R/ cl L, sd R cont trn ¼ LF to fc RLOD let go of hnds and rejoin R hnds;

13-16 TRIPLE WHEEL 5 WITH FALLAWAY ROCK;;;;

- 123&4 13-14 {Triple Wheel 5} Rk apt L, recov R, wheel RF sd L/cl R, sd L trning in twd ptr & tch her bk with L hand (W rk apt R, recov L trn ¼ LF, wheel RF R/L, R trning away from ptr); Cont RF wheel R/L, R trning away from ptr, cont RF wheel L/R, L trning twd ptr & tch her bk with L hnd (W cont RF wheel L/R, L trning twd ptr & tch his bk with your L hnd, cont RF wheel R/L, R trning away from ptr);
 1&23&4 15-16 {Cont Triple Wheel} Cont RF wheel R/L, R trning away from

1&234 ptr, cont RF wheel L/R, L trning twd ptr & tch her bk with L hnd (W cont RF wheel L/R, L trning twd ptr & tch his bk with your L hnd, cont RF wheel R/L, R spinning RF on R to fc ptr); Sd triple R/L, R to SCP, {Fallaway Rk} rk bk L, recov R;

REPEAT PART B 1-14

ENDING

1-4 CHICKEN WALK 2 SLOWS 4 QUICKS;; ROOSTER WALK 2 SLOWS 4 QUICKS;;

1-3- 1-2 {Chicken Walks} Bk L,, bk R,; bk L, R, L, R (W swvls to step
1234 fwd R toe out,, swvls to step fwd L toe out,; cont swvls fwd R, L, R, L);

1-3- 3-4 {Rooster Walks} Fwd L,, fwd R,; fwd L, R, L, R with fwd poise
1234 throughout);

5-8 CHICKEN WALK 2 SLOWS 4 QUICKS;; LEFT TO RIGHT TO SEMI,, RK BK, RECOV;

1-3- 5-6 {Chicken Walks} Bk L,, bk R,; bk L, R, L, R (W swvls to step
1234 fwd R toe out,, swvls to step fwd L toe out,; cont swvls fwd R, L, R, L);

123&4 7-8 {L to R Semi} Rk apt L, recov R, chasse L/R, L trning ¼ RF; sd
1&234 chasse R/L, R to SCP (W rk apt R, recov L, fwd R/ cl L, fwd R trn ¾ LF under joined lead hnds; sd chasse L/R, L to SCP),
{Rock Recov} Rk bk L, recov R to fc ptr & wall;

9 SD, CL, HOLD, LUNGE APT;

12-4 9 {Sd Cl Lunge Apt} Sd L, cl R to L to BFLY, pause, lunge apt L in OP fc LOD sway in twd ptr;