

IT'S A SIN

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Record: Sydney Thompson 601 (F/What'll I Do)

Phase: 6

Speed:45

Sequence: Intro, A, B, A, B (1-13), End

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INTRO CP fc LOD TRAILING FOOT FREE

1 - 4 WAIT; CHECKED NAT & SLIP; DBLE REV; OPEN TELEMARCK;

1 **Wait;**

2 **(Checked Nat & Slip)** Fwd R LOD slight RF trn, with left sd lead fwd & sd L look LOD, trn LF bk R fc DC CP (Bk L, small bk & sd R trn RF look LOD, trn LF fwd L);

3 **(Dble Rev [12&3])** Fwd L commence LF trn, sd & bk R start LF spin on toe, cont trn tch L fc DC CP (Bk R commence LF trn, cl L heel trn/cont trn sd & bk R, XLIF);

4 **(Open Telemark)** Fwd L commence LF trn, fwd & sd R cont trn (Heel trn), sd & fwd L DW SCP;

PART A

1 - 8 CHASSE BJO; HAIRPIN; OUTSIDE SWIVEL LILT CK; BK CHASSE BJO; PREP TRN;
SAME FOOT LUNGE; REC to HINGE; BK HOVER SCP;

1 **(Chasse BJO 12&3)** Thru R, trn LF sd L LOD/cl R, sd & fwd L DW BJO;

2 **(Hairpin)** Fwd R, sd & fwd L strong RF trn CP prepare to step to BJO, cont trn fwd R RDW BJO left shoulder lead;

3 **(Outside Swivel Lilt Ck)** Bk L DC swiveling RF leaving RIF fc RDW, smallfwd R rise high on R toe trng strongly LF, small fwd L on toe CP fc RDW (Fwd R swiveling RF SCP, fwd L strong step trn LF CP rising high on toe, small bk R on toe);

4 **(Bk Chasse BJO 12&3)** Bk R, trn LF sd L LOD/cl R, sd & fwd L DW BJO;

5 **(Prep Trn)** Fwd R trn 1/4 RF, sd L fc COH, draw R to L no wgt right sd stretch look RLOD (Bk L trn RF, fwd R fc RDW, cl L);

6 **(Same Foot Lunge)** Relax left knee & stretch right sd w/sway twd RLOD reach sd with R no wgt, transfer wgt to R stretch left sd look sharply to LOD, stretch right sd & trn body to right look RLOD (Relax left knee & reach bk with R toe well under body sway twd RLOD, transfer wgt to R w/strong body trn left look left, trn upper body to right look RLOD w/left sd stretch);

7 **(Rec to Hinge)** Rec on L, trn body LF relax left knee, hold (Rec on L, swivel LF fc partner, point R LOD);

8 **(Bk Hover SCP)** Swivel RF on L bring Lady to CP, fwd R with hovering action, sd & fwd L DC SCP (Rec on R CP, fwd & sd L with hovering action brush R, sd & fwd R SCP);

9 - 16 PROM WEAVE BJO;; MANUVER; OPEN IMPETUS; QK OPEN REV; LEFT WHISK;
FALLAWAY TWIST TRN; BK WHISK;

9 - 10 **(Prom Weave BJO)** Thru R, fwd L trng LF, sd R LOD; cont trn bk L DW BJO, bk R LOD CP, sd L DW BJO;

11 **(Manuver)** Fwd R outside partner trn RF, sd L fc RLOD, cl R;

12 **(Open Impetus)** Bk L trn RF, cl R heel trn, sd & fwd L DC SCP (Fwd R trn RF, sd & fwd L around Man, sd & fwd R SCP);

13 **(Qk Open Rev 12&3)** Thru R, fwd L DC/sd & bk R with right shoulder lead, bk L LOD BJO;

14 **(Left Whisk)** Bk R LOD CP, trng LF small sd L fc WALL loose CP, XRIB (XLIB) look RLOD;

15 **(Fallaway Twist Trn [1&23])** Twist trn RF on left heel & right toe for entire measure fc DC BJO (Fwd R commence RF trn around Man/cont trn sd L, XRIB, sd & fwd L BJO);

16 **(Bk Whisk)** Bk L RLOD, bk R, XLIB (XRIB) fc DW SCP;

PART B

- 1 - 8 CONT HOVER CROSS;;; CLOSED TELEMARK; MANUVER; SPIN & TWIST SCP;;
RUNNING OPEN NAT;
- 1 - 3 **(Cont Hover Cross)** Fwd R start RF trn, cont trn sd L fc RDC, strong RF trn sd R fc DC SCAR; fwd L, cl R fc LOD (Sd L to BJO), bk L BJO; bk R to CP fc LOD, sd L, fwd R DC BJO;
- 4 **(Closed Telemark)** Fwd L commence LF trn, fwd & sd R cont trn (Heel trn), sd & fwd L (Sd & bk R) fc DW BJO;
- 5 **(Manuver)** Fwd R outside partner trn RF, sd L fc RLOD, cl R;
- 6 - 7 **(Spin & Twist SCP 123 1&23)** Bk L pivot RF, fwd R LOD cont pivot, sd L DW as Lady cl R; XRIB commence RF twist trn/cont twist trn, rise on R, sd L DC SCP (Fwd L/R around Man, fwd L trn RF, rise on L fwd R SCP);
- 8 **(Running Open Nat 12&3)** Thru R, trn RF sd & bk L fc RDW/bk R with right sd stretch, bk L with right sd stretch fc RDW BJO;
- 9 - 16 BK to THROWAWAY & EXTEND;; ARIEL SWIVEL; CHAIR & SLIP;
REV FALLAWAY & SLIP; DBLE REV WING; SWIVEL LADY DEVELOPE; LINK SCP;
- 9 - 10 **(Bk to Throwaway & Extend)** Bk R commence LF trn, cont trn bk & sd L, soften left knee leaving right leg extended with hips twd partner strong left sd stretch, extend the sd stretch (Fwd L commence LF trn, cont trn fwd & sd R, swivel LF on R; extend L bk well under body keeping left sd & hips twd partner with strong right stretch & head to left);
- 11 **(Ariel Swivel)** Rise on L, trn upper body RF leave R point RLOD, hold lead Lady to swivel RF SCP (Rise on R, swivel with left leg lifted bk look over left shoulder slowly rotating take the whole meas);
- 12 **(Chair & Slip)** Thru R soft knee, rec bk L, bk R LF pivot CP DC;
- 13 **(Rev Fallaway & Slip 123&)** Fwd L, trn LF sd & bk R, XLIB (XRIB)/bk R pivoting LF to fc DW
- CP;
- 14 **(Dble Rev Wing {12&3})** Fwd L commence LF trn, sd & bk R start LF spin on toe, cont trn tch L fc RDW SCAR (Bk R trn LF, L to R heel trn/fwd R trn LF around man, fwd L SCAR);
- 15 **(Swivel Lady Develope)** Fwd L swivel LF, point R RLOD, hold fc DW (Bk R swivel LF fc RDC, lift left foot twd right knee, extend L up & fwd toe pointing down);
- 16 **(Link SCP)** Fwd R, tch L, fwd R DW SCP;

PART A

- 1 - 16 CHASSE BJO; HAIRPIN; OUTSIDE SWIVEL LILT CK; BK CHASSE BJO; PREP TRN;
SAME FOOT LUNGE; REC to HINGE; BK HOVER SCP; PROM WEAVE BJO;;
MANUVER; OPEN IMPETUS; OK OPEN REV; LEFT WHISK; FALLAWAY TWIST TRN;
BK WHISK;

PART B (1-13)

- 1 - 13 CONT HOVER CROSS;;; CLOSED TELEMARK; MANUVER; SPIN & TWIST SCP;;
RUNNING OPEN NAT; BK toTHROWAWAY & EXTEND;; ARIEL SWIVEL; CHAIR & SLIP;
REV FALLAWAY & SLIP;

END

- 1 - 3 CURVING 3; BK CURVING 3; CONTRA CK & HOLD;
- 1 **(Curving 3)** Fwd L DW, trn LF fwd R, sharp LF trn check fwd L on toes RDC (Trn head right between 2&3);
- 2 **(Bk Curving 3)** Bk R LOD, trn LF bk L DC, bk R fc DW;
- 3 **(Contra Ck & Hold)** Flex right knee small LF trn, fwd L with right shoulder lead looking above Lady's head (Head well to left), hold;